



**CONGRESS ON MENTAL HEALTH:  
MEETING THE NEEDS OF THE XXI CENTURY  
SYMPOSIUM  
«MENTAL HEALTH AND ADAPTIVE SPORTS»  
October 8<sup>th</sup>, 2016,  
Azimut Moscow Olympic Hotel, Moscow, Russia**

By their means and methods, adaptive sports as one of the types of adaptive physical culture allow not only to implement biomedical rehabilitation, restoration and improvement physical qualities and abilities of disabled persons, but also, above all, to ensure their social inclusion and integration into society, to overcome the psychological stereotypes and inferiority complexes, to seek to improve the quality of their lives.

**The Symposium "Mental Health and Adaptive Sports"** aims to develop organizational arrangements, as well as to generalize means, methods and technologies of formation, improvement and preservation of mental health of people with mental and behavioral disorders in the course of practicing adaptive sports.

**Main Symposium Objectives:**

- discussion of recreational, socializing and educational potential of adaptive sports in shaping, improving and maintaining mental health.
- generalization, systematization and classification of experience in the use of means and methods of adaptive sports in the field of mental health care for people with mental and behavioral disorders.
- identifying the most important areas of influence on persons with mental and behavioral disorders with the help of adaptive sports



ORGANIZED BY



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CENTURY.**

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October 8<sup>th</sup> (Saturday)

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- 9.00      **WHO Special Session:**  
**"Consultation on draft WHO action plan on dementia" (Volga Hall)**
- 11.00      **Coffee-break & Networking Activities (Angara hall, 4th floor)**  
**Moscow Mental Health EXPO 2016 showcase**  
**Arts & Crafts Fair "The World of Special Masters"**
- 11.30      **Opening ceremony ("Don-Neva" Hall)**  
**Welcome speeches:**  
**Natalia V. Parshikova**, State Secretary - Deputy Minister of Sports of the Russian Federation  
**Sergey P. Evseev**, Director of the Department of Science and Education of the Ministry of Sports of the Russian Federation
- New Technologies of a Psychologist's Work in Sports. All-Russia Sports Federation of Para-athletes with an Intellectual Disability: New Opportunities for People with Mental Disorders**  
**Prof. Evgeniia Naboichenko**, Dean of the Department on Social and Psychological Activities of the Ural State Medical University of the Ministry of Health of the Russian Federation, Psy.D. (Ekaterinburg, Russia)
- Training Process for Para-athletes with an Intellectual Disability Based on the Results of Wechsler Tests**  
**Galina Skorlupkina**, clinical psychologist of the Urban Psycho-Neurological Care Home, expert of the national team of the All-Russia Sports Federation of Para-athletes with an Intellectual Disability (Nizhny Novgorod, Russia)
- Psychological Support for Athletes with Intellectual Disabilities in the Republic of Bashkortostan**  
**Anna Khlopina**, Chief of the Department of Psychological Support for Athletes of the Republican Center on Social and Psychological Assistance to Families, Children, Youth", (Republic of Bashkortostan, Russia)
- Medical and Psychological Support at the All-Russia Sports Federation of Para-athletes with an Intellectual Disability**  
**Natalia Guseva**, psychiatrist, Research and Practical Center "Bonum" of the Ministry of Healthcare of the Russian Federation (Ekaterinburg, Russia)
- Ontology of Mental and Behavioral Disorders**  
**Sergei Kalishevich**, Professor of the Chair of Psychiatry-Narcology of the Northwestern State Medical University named after I.I. Mechnikov of the Ministry of Health of the Russian Federation, MD (St. Petersburg, Russia)



**Anxiety Disorders in Persons with Disabilities in Terms of Psychosomatic Medicine**

**Prof. Aleksandr Kolchev**, professor of the Chair on Physical Rehabilitation of the National State University of Physical Culture, Sports and Health named after P.F.Lesgaft, MD (St. Petersburg, Russia)

**Sanogenic Effect of Supervision in the Preservation of Occupational Health in Helping Professions**

**Marina Gorodnova**, Associate Professor of the Chair on Child Psychiatry, Psychotherapy and Medical Psychology of the Northwestern State Medical University named after I.I. Mechnikov of the Ministry of Health of the Russian Federation, PhD in Medicine (St. Petersburg, Russia)

**Methods of Instrumental Evaluation and Impact on Psychophysiological State of Athletes of the Russian Paralympic Teams**

**Sergey Vorobiev**, Director of the Saint-Petersburg Research Institute on Physical Culture", PhD in Pedagogics (St. Petersburg, Russia)

**Psychosocial Characteristics of Professional Hockey Players in Postcareer Period**

**Prof. Yuliya Rodygina**, Chief of the Chair on Psychology of the National State University of Physical Culture, Sports and Health named after P.F.Lesgaft, Doctor of Medical Sciences, Associate Professor (St. Petersburg, Russia)

**13.00** **Summing up the Symposium. Preparation of proposals for the final document - Declaration of the Congress on Mental Health "Meeting the Needs of the XXI century".**



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