



**CONGRESS ON MENTAL HEALTH:  
MEETING THE NEEDS OF THE XXI CENTURY**

**International Conference  
“MENTAL HEALTH: NATIONAL STRATEGIES”**

**8 October, 2016  
Azimut Hotel Olympic Moscow  
Moscow, Russia**

Modern psychiatry is increasingly committed to open interaction with the society, responding, from its part, to the active integration processes and the obvious humanitarian request underway in the latter. These processes and phenomena are very complex and multifaceted and therefore suggest the adoption of considered organizational decisions of strategic order by the state and society as a whole. The ultimate goal is not just to optimize mental health care but to construct the whole system of public mental health in each country, taking into account the inherent national features and traditions. In our view, it is the organizational objectives, the objectives of mental disorder prevention, social rehabilitation of the mentally ill and the development of scientific and practical interaction of psychiatry and related disciplines that act as a priority on this path. In this regard, a presentation of the national approaches to the system of mental health care protection, recent achievements in biological psychiatry, as well as innovative solutions in the field of prevention and rehabilitation, will be held as part of this Conference.



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# Program

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October 8th, Saturday

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**9.00**      **WHO Special Session (Volga Hall)**  
**"Consultation on draft WHO Action Plan on dementia"**  
**Chaired by: Dr. Shekhar Saxena**, Director of the Department of Mental Health and Substance Abuse of the World Health Organization (WHO), Chair of the World Economic Forum's Global Agenda Council on Mental Health, MD

**11.00**      **Coffee Break & Networking Activities (Olympic Restaurant, Angara Hall)**  
The Moscow Mental Health EXPO 2016 showcase  
The Arts & Crafts Fair "The World of Special Masters"

**11.30**      **Opening Ceremony (Volga Hall)**  
**Welcome speeches:**  
**Prof. Dr. Wolfgang Gaebel**, President of the European Psychiatric Association (EPA) (Germany)

**Prof. Roy Abraham Kallivayalil**, Secretary General of the World Psychiatric Association, President Elect of the World Association of Social Psychiatry, Professor & Head, Department of Psychiatry, Pushpagiri Institute of Medical Sciences, Thiruvalla, India (India)

**Prof. Zurab Kekelidze**, Director General of the Serbsky Federal Medical Research Center of Psychiatry and Narcology, MD (Russia)

**Prof. Vladimir Borodin**, Vice-President of the Union for Mental Health, Professor of the Serbsky Federal Medical Research Center of Psychiatry and Narcology, MD (Russia)

## **Plenary Session**

### **Organization of public mental health service: National approaches**

According to the WHO, the burden of mental disorders continues to grow and have a noticeable impact on the health care systems worldwide. This entails serious consequences for the social, human rights and economy spheres of various countries. At the same time the existing health care systems do not always adequately respond to emerging issues, which often results in a large gap between the need for treatment and the assistance provided. Speakers at the conference will present national approaches to the organization of mental health care services based on the principle of interaction between state and non-governmental structures.

**Format:** Presentation (10 min.), followed by a discussion

### **Co-Chairpersons:**

**Prof. Zurab Kekelidze**, Director General of the Serbsky Federal Medical Research Center of Psychiatry and Narcology, MD (Russia).

**Prof. Petr Morozov**, Board member and Zonal representative of the World Psychiatric Association for Eastern Europe, Vice-President of the Russian Society of Psychiatrists, Ambassador of the European College of Neuropsychopharmacology in Russia, Member of the Council of the European Psychiatric Association, Editor - in - Chief of the P.B.Gannushkin Journal "Psychiatry and psychopharmacotherapy", Editor-in-Chief of the "The Psychiatric Diary ", MD, PhD, DrSci; Department of Psychiatry, Faculty for Advanced Medical Studies, N.I.Pirogov Russian National Medical Research University, Moscow (Russia)

**Speakers:**

**Development of Mental Health and Narcology Services in the Republic of Kazakhstan**  
**Prof. Sagat Altynbekov**, President of the Association of Mental Health Professionals of the Republic of Kazakhstan, Head of the Department on Psychiatry, Psychotherapy and Narcology of the S.D. Asfendiyarov Kazakh National Medical University, Director of the Republican Scientific & Practical Center of Psychiatric, Psychotherapy and Narcology of the Ministry of Healthcare and Social Development of the Republic of Kazakhstan, MD (Republic of Kazakhstan)

**The System of Psychiatric Care in the Kyrgyz Republic: Reality and Prospects**

**Prof. Tatiana Galako**, President of the Kyrgyz Psychiatric Association, Head of the Chair on Psychiatry, Psychotherapy and Narcology of the Kyrgyz State Medical Academy, Associate Professor of the Chair on Medical Psychology, Psychiatry and Psychotherapy of the Kyrgyz-Russian (Slavonic) University, Head of the Expert Council of the Kyrgyzstan Republican Center for Mental Health (Kyrgyz Republic)

**Modern Aspects of Mental Health Development in the Republic of Armenia**

**Dr. Armen Sogoyan**, Honorary Member of the World Psychiatric Association, Secretary of Finance of the WPA, President of the Armenian Psychiatric Association, Head of the RA Agency on Medical & Social Expertise, Research Director of the Center for Psychosocial Regulation, Editor in Chief of the Armenian Mental Health Journal, Vice-President of the Armenian Medical Association, Assistant Professor at the Department on Psychiatry at the Yerevan State Medical University, PhD (Medicine) (Republic of Armenia)

**Mental Health in the Republic of Belarus: Strategy for Development**

**Prof. Oleg Skugarevskii**, CEO of the Belarussian Psychiatric Association, Head of the Chair on Psychiatry and Medical Psychology of the Belarussian State Medical University, MD (Republic of Belarus)

**Mental Health Reform in Georgia**

**Prof. Eka Chkoniya**, President of the Society of Psychiatrists of Georgia, Ambassador of ECNP in Georgia, professor of the Tbilisi State Medical University, Clinical Director of the Center for Mental Health in Tbilisi, MD (Georgia)

**Main Stages of Mental Health Services Development in Azerbaijan over the Past Ten Years**

**Prof. Nadir Ismailov**, President of the Azerbaijan Psychiatric Association, MD (Republic of Azerbaijan)

**Main Characteristics of Mental Health and Trends of Mental Health Services Development in Uzbekistan**

**Prof. Nazira Khodzhaeva**, Vice-President of the Uzbek Society of Psychiatrists, Professor at the Chair of Psychiatry and Narcology of the Tashkent Medical Academy, MD (Republic of Uzbekistan)

**Decentralization of the Mental Health Care System in the Republic of Moldova: Process, Results and Challenges**

**Evgeniia Sinitza**, Head of the Research and Development Department at the National Center for Mental Health of the Republic of Moldova (Republic of Moldova)

**The Organizational System of Narcology in the USA**

**Prof. George Woody**, Department of Psychiatry at the University of Pennsylvania (USA)

14.30

## Plenary Session

### **Biological Psychiatry and Mental Health**

Modern psychiatry is characterized by the rapid development of a variety of biological research: neurophysiological, neurochemical, neuroimmunological, neurogenetic and others. It's already now that the neuroscience data make it possible to clarify many etiological, pathogenetic and even some clinical aspects of mental pathology, and thus contribute to the optimization of the diagnostic and treatment process. To objectify psychiatric diagnosis, intensive research is conducted to find biomarkers of the main forms of mental illness. The conference participants will present the latest achievements in the field of biological psychiatry, also demonstrating the features of its development in each country.

**Format:** Presentation (10 min.), followed by a discussion

#### **Co-Chairpersons:**

**Dr. Armen Sogolian**, Honorary Member of the World Psychiatric Association, Secretary of Finance of the World Psychiatric Association (Republic of Armenia)

**Prof. Tatiana Klyushnik**, Director of the FSBRI "Research Center of Mental Health" (FSBRI NCMH), MD (Russia)

#### **Speakers:**

#### **Mental disorders in General Medicine**

**Prof. Anatoly Smulevich**, Head of the Clinic on Border Mental Pathology and Psychosomatic Disorders of the Scientific Center on Mental Health, Head of the Chair of Psychiatry and Psychosomatics at the Institute of Professional Education, Director of the Research and Educational Clinical Center "Psychosomatic Medicine" of the First Moscow State Medical University named after I.M.Sechenov, the WHO expert on the border mental pathology, Academician of the Russian Academy of Sciences, MD (Russia)

#### **National Psychotropic Drugs: Achievements and Prospects**

**Prof. Sergei Seredenin**, Research Chief at the Scientific Research Institute on Pharmacology named after V.V.Zakusov, Academician of the Russian Academy of Sciences, MD (Russia)

#### **Modeling of Depressive Disorders**

**Anna Morozova**, researcher at the Laboratory of Immunochemistry of the Serbsky Federal Medical Research Center of Psychiatry and Narcology of the Ministry of Health of the Russian Federation (Russia)

#### **Psycho-social Stress, Epigenetics and Mental Health Programming**

**Prof. Vsevolod Rozanov**, the Odessa National University named after I.I.Mechnikov, MD (Ukraine)

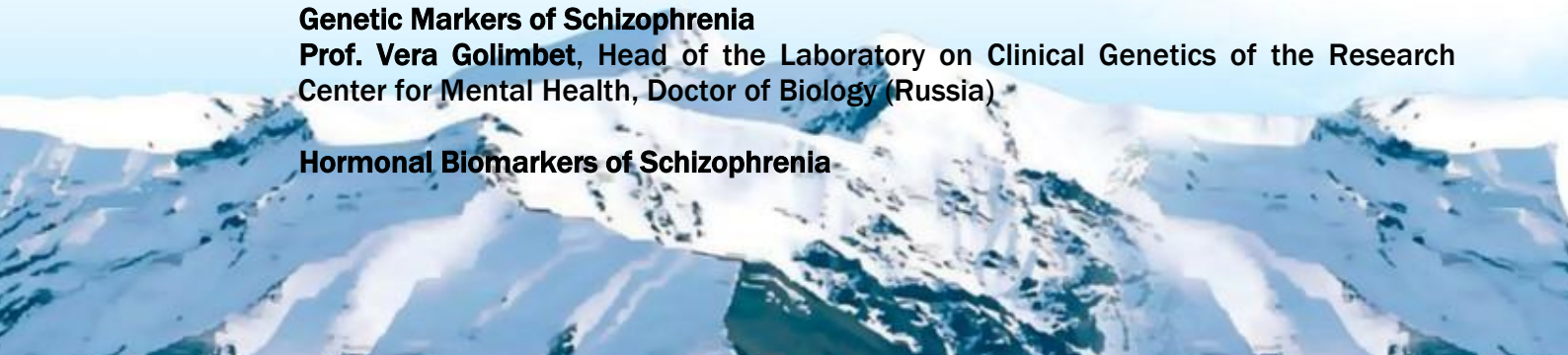
#### **Immune Markers of Schizophrenia**

**Prof. Tatiana Klyushnik**, Director of the Research Center for Mental Health, MD (Russia)

#### **Genetic Markers of Schizophrenia**

**Prof. Vera Golimbet**, Head of the Laboratory on Clinical Genetics of the Research Center for Mental Health, Doctor of Biology (Russia)

#### **Hormonal Biomarkers of Schizophrenia**



**Prof. Liudmila Gorobets**, Head of the Department on psychiatric endocrinology of the Moscow Research Institute of Psychiatry, the branch of the Serbsky Federal Medical Research Center of Psychiatry and Narcology of the Ministry of Health of the Russian Federation, MD (Russia)

**Stabilization of opium drug addiction remission with opiate antagonists reduces the behavior associated with the HIV infection risk**

**Prof. Evgeny Krupitsky**, Chief narcologist of the Leningrad Oblast, Head of the Department on Narcology at the Bekhterev Research Psychoneurological Institute, Chief of the Laboratory on Clinical Psychopharmacology of Addictions at the St. Petersburg State Pavlov Medical University, MD (Russia)

16.30 Break

16.45 **Prevention and Rehabilitation in Mental and Behavioral Disorders**

One of the most urgent problems of modern developed societies is the problem of maintaining the mental health of the working population. In this context, issues of prevention of mental disorders rank among the primary ones in their importance. No less relevant in this context are also the numerous problems of psychosocial rehabilitation, social adaptation and employment of mentally ill people. Solving them is now regarded as the ultimate goal of mental health care in general. The speakers will present a variety of national approaches to addressing the issues of primary prevention of mental disorders and psychosocial rehabilitation of persons suffering from mental disorders.

**Format:** Presentation (10 min.), followed by a discussion

**Co-Chairpersons:**

**Afzal Javed**, Secretary-Coordinator of the WPA sections, ex-President of the World Federation of psychosocial rehabilitation, Doctor of Psychology. (United Kingdom)  
**Vladimir Borodin**, Vice-President of the Union of Mental Health, MD (Russia)

**Speakers:**

**Innovation and Reform Potential of NGOs Working in the Field of Mental Health**

**Tatiana Solokhina**, Head of the Section on socio-demographic and economic problems of psychiatry at the Department on organization of mental health services at the National Center on Mental Health, Executive Director of the regional charitable public organization "Family and Mental Health", MD (Russia)

**About Comparative Evaluation on Stigma and Prevention Measures in Armenia and Belarussia**

**Prof. Armen Melik-Pashayan**, Head of the Chair on Psychiatry of the Yerevan State Medical University named after M.Geratsi, Chairman of the Council on Neurology, Psychiatry and Medical Psychology, the representative of ECNP in Armenia, MD (Republic of Armenia)

**Problems of Implementation of Biopsychosocial Approach in Psychiatry**

**Prof. Aleksandr Shmukler**, Chief Scientist of the Moscow Research Institute of Psychiatry – branch of the Serbsky Federal Medical Research Center of Psychiatry and Narcology of the Ministry of Health of Russia, MD (Russia)

**Anti-drug and alcohol policy of the Russian Federation: strategy and successes**

**Prof. Tatiana Klimenko**, Director of the Research Institute for Narcology - a branch of the Serbsky Federal Medical Research Center of Psychiatry and Narcology of the Ministry of Health of Russia, professor of the Russian Law Academy of the Ministry of

Justice of Russia and the Moscow State Law University named after O.E. Kutafin, MD (Russia)

**Psychosocial Rehabilitation in Russia**

**Oleg Limankin**, Chief of the St. Petersburg Psychiatric Hospital #1 named after Katshenko, assistant professor at the Department of psychotherapy of the North-western State Medical University named after I.I.Mechnikov, Chairman of the Association for Psychosocial Rehabilitation, Vice-President of the Russian Society of Psychiatrists, Honored Worker of Health of the Russian Federation, MD (Russia)

**National and International Interdisciplinary Approaches to the Treatment and Rehabilitation of People with Autism Spectrum Disorders**

**Natalia Simashkova**, Head of the Department of Child Psychiatry of the National Center on Mental Health, MD (Russia)

**18.00**      **Coffee break**

**18.30**      **Closing and Awards Ceremony (Volga Hall)**

Final Discussions & Concluding Remarks

Delivery of the Declaration of the Congress on Mental Health: Meeting the Needs of the XXI Century

