



**CONGRESS ON MENTAL HEALTH:
MEETING THE NEEDS OF THE XXI CENTURY**

**International Conference
"Psychotherapeutic Aspects of Mental Health"**

October 8th, 2016,
Azimut Olympic Moscow Hotel, Moscow, Russia

The contemporary history is characterized by the growth of tension around the major epochal challenges - social, biological, ideological, evolutionary, which affect the quality of mental health. In these circumstances, psychotherapy, which went beyond medicine in some countries, beyond psychology in other countries, and today is an independent scientific and practical discipline, acquires special importance. Modern psychotherapy is ready to cooperate with psychiatry, psychology, narcology, neurology and other related disciplines, to respond in the most effective way to the social inquiry in mental health care.

The International Conference "Psychotherapeutic Aspects of Mental Health" is aimed at discussing national models of psychotherapy and its role in achieving high levels of individual and social mental health.

As part of the Conference, it is planned to:

- discuss the conceptual foundations of the system interaction of mental and psychological health categories, as well as to determine the values of this interaction for multi-level psychotherapeutic practice.
- discuss the technological bases of the process of accelerated development of high levels of individual and social mental health in the context of the main psychotherapeutic directions, modalities and organizational forms.
- discuss regulatory issues of professional psychotherapy and self-regulation of professional psychotherapeutic activities.
- discuss the possibility of constructive cooperation of professional psychotherapeutic associations and institutions, with clusters representing systems of psychiatric, addictological, psychological assistance, as well as systems of education, social care and the media.
- prepare practical recommendations for the Declaration on mental health protection.



**ПРОФЕССИОНАЛЬНАЯ
ПСИХОТЕРАПЕВТИЧЕСКАЯ
ЛИГА**



**world council for
psychotherapy**



**ASIAN
FEDERATION FOR
PSYCHOTHERAPY**



**КОНГРЕСС
«ПСИХИЧЕСКОЕ ЗДОРОВЬЕ
ЧЕЛОВЕКА XXI ВЕКА»**

October, 8th (Saturday)

- 9.00** **WHO Special Session:**
"Consultation on draft WHO action plan on dementia" (Volga Hall)
- 11.00** Coffee-break & Networking Activities (Angara hall, 4th floor)
Moscow Mental Health EXPO 2016 showcase
Arts & Crafts Fair "The World of Special Masters"
- 11.30** **Opening Ceremony (Baikal Hall)**
- 11.45** **EDUCATION IN PSYCHOTHERAPY**
Prof. Alfred Pritz, President of the World Council for Psychotherapy, Doctor of Psychopathology and Pedagogy, General Secretary of the European Association for Psychotherapy, Rector of Sigmund Freud University (Austria, Vienna)
- PSYCHOTHERAPEUTIC ASPECTS OF MENTAL HEALTH**
Prof. Victor Makarov, President of the All-Russian Professional Psychotherapeutic League and Self-Regulatory Organization National Association "Union of psychotherapists and psychologists", Vice-President of the World Council for Psychotherapy, Head of the RMAPE Department of Psychotherapy and Sexology, MD, (Moscow, Russia)
- UNIVERSAL AND SPECIFIC TARGETS IN THE STRUCTURE OF MULTIMODAL PSYCHOTHERAPY OF PATIENTS WITH SEVERE, LONG-STANDING AND INCURABLE SOMATIC DISEASES**
Prof. Aleksandr Katkov, Rector of the International Institute for Social Psychotherapy, Vice-President of the PPL, MD (Saint-Petersburg, Russia)
- MULTIDISCIPLINARITY AND CROSS-COOPERATION IN THE FORMATION OF HIGH LEVEL OF MENTAL AND PSYCHOLOGICAL HEALTH**
Prof. Nicole Aknin, Rector of Sigmund Freud University in Paris, Member of the Executive Committee of the International Council for Psychotherapy and the European Association for Psychotherapy, Vice-President of the European Confederation of Psychoanalytic Psychotherapy (Paris, France)
- PSYCHOTHERAPY IN BRAZIL. GENERAL VIEW AND A CASE STUDY**
Prof. Emilia Afrange, President of the Brazilian Association for Psychotherapy (ABRAP), President of the Latin American Federation of Psychotherapy (FLAPSI) (Sao Paulo, Brazil)
- GENE TESTING AND THERAPY FOR PSYCHOLOGICAL DISORDERS**
Dr. Edward Chan, Vice-President of the Asian Federation for Psychotherapy, President of the Malaysian Association of Psychotherapy (Kuala Lumpur, Malaysia)
- EXPERIENCE IN STUDYING THE MENTAL HEALTH OF THE POPULATION UNDER THE INFLUENCE OF POLITICAL REFORMS (from 1985 to 2016).**



Inga Burikova, Senior researcher at the Laboratory of Political Consulting of the Faculty of Political Science at St. Petersburg State University, Candidate of Psychological Sciences (Saint-Petersburg, Russia)

Mariya Konovalova, Senior researcher at the Laboratory of Political Consulting Political Science Faculty of the St. Petersburg State University, Candidate of Psychological Sciences (Saint-Petersburg, Russia)

Prof. Aleksandr Yuriev, Head of the Laboratory for Scientific Political Consulting of the St. Petersburg State University, Doctor of Psychology (Saint-Petersburg, Russia)

ME AND THE SYSTEM (RATIONALE AND GENERAL DESCRIPTION OF THE METHOD "EXISTENTIAL- ANALYTICAL AND FAMILY CONSTELLATIONS"

Prof. Aleksandr Barannikov, Moscow Social-Pedagogical Institute, Chairman of the PPL Section of Existential Psychotherapy, Chairman of the coordinating council of the Association of Existential-Analytical Psychologists and Psychotherapists, MD (Moscow, Russia)

13.30 Lunch & Networking Activities

Moscow Mental Health EXPO 2016 showcase
Arts & Crafts Fair "The World of Special Masters"

14.30 TO THE KEY ELEMENTS OF THE PSYCHOTHERAPEUTIC EDUCATION AND MAINTENANCE OF THE PROFESSIONAL WELL-BEING DURING THE PSYCHOTHERAPEUTIC PRACTICE.

Ekaterina Makarova, MSc., Head of the Committee for the Training Therapy by PPL, Head of the International Department of the PPL, Chair of the Youth Section of the World Council for Psychotherapy, PhD student at the Sigmund Freud University of Vienna.

THE INFLUENCE OF PERCEPTION ON OUR MENTAL HEALTH AND WELL-BEING

Darlyne G. Nemeth, Ph.D., M.P., Co-Secretary General of the World Council for Psychology, member of the Council of Representatives of the American Association of Psychotherapists, Doctor of Philosophy (Baton Rouge, USA)

SOCIAL PSYCHOTHERAPY: USING SOCIAL NETWORKS FOR SPREADING PSYCHOTHERAPEUTIC INFORMATION

Zoran Milivojevic, Doctor of Medicine, Professor of transactional analysis at International Transactional Analysis Academy (Ljubljana, Slovenia), President of Serbian Union of Associations for Psychotherapy (Belgrade, Serbia)

HOLISTIC APPROACH TO THE RECOVERY OF PSYCHOLOGICAL HEALTH, DEVELOPMENT OF CREATIVITY AND PERSONAL COMPETENCES

Gennady Brevde, Dean of the East European Faculty of the International Institute of Consciousness Research and Psychotherapy (Freiburg, Germany), Candidate of Philosophical Sciences (Saint-Petersburg, Russia)

MENTAL HEALTH AND FOREIGN CULTURAL ENVIRONMENT – FEATURES OF PROVIDING PSYCHOTHERAPEUTIC/PSYCHOLOGICAL AID TO RUSSIAN-SPEAKING CLIENTS IN ROMANIA

Irina Budrina, student at the Doctoral School of the Economics University of Bucharest (Romania), partner of the DCMA Consulting company, member of the ECPP - Moscow, member of SIETAR (Society for Intercultural Education, Training and Research), Doctor of International Sociological and Economic Relations. An author of a number of articles in the field of cross-cultural adaptation and cross-cultural communication (Bucharest, Romania)



ALEXITHYMIA AS A RISK FACTOR OF ADDICTIVE BEHAVIOR IN YOUNG PEOPLE IN BELARUS AND RUSSIA

Prof. Sergei Igumnov, National Coordinator of the Representative Office of Belarusian Association of Psychotherapists at the Professional Psychotherapeutic League, member of the Presidium of the Board of Belarusian Association of Psychotherapists, MD (Minsk, Belarus)

PSYCHOTHERAPY FOR MENTAL HEALTH IN ASIA

Prof. Ganesh Shankar, Vice-President of the World Council for Psychotherapy (Asian Department), Vice-President of the Asian Federation of Psychotherapy (AFP), Secretary-General of the Association of Yoga and Psychotherapy of India (YPAI), Doctor of Literature (India)

PSYCHOTHERAPY OF EAST AND WEST: AN INTEGRATED APPROACH TO MENTAL HEALTH

Himanshu Giri, Sigmund Freud University Student (Vienna, Austria)

SUBVERBAL MODEL OF CLIENT-CENTERED THERAPY

Prof. Aleksandr Kocharian, Head of Department of Psychological Counseling and Psychotherapy of Kharkiv National University, Co-chair of the modality "Client-Centered Therapy" at PPL, Director of the Ukrainian Institute of Client-centered and Experimental Psychotherapy, Doctor of Psychology (Kharkiv, Ukraine)

MENTAL HEALTH AND PERSONAL GROWTH AS BASIC CONCEPTS OF PSYCHOTHERAPY AND COUNSELLING PSYCHOLOGY AS SCIENTIFIC AND PRACTICAL FIELDS OF PSYCHOLOGICAL KNOWLEDGE

Prof. Victor Kuzovkin, professor of the Department of Psychological Counseling at the Psychological Faculty of Moscow State Regional University; Director of the non-commercial partnership "Scientific and Practical Center "TRIADA"; Co-chair of the modality "Client-Centered Therapy", Candidate of Psychological Sciences (Moscow, Russia)

PSYCHOTHERAPY'S MISSION IN ADDRESSING AND IMPLEMENTING EARLY PREVENTIVE INTERVENTION PROGRAMS

Prof. Mohammad Khodayarifard, Vice-President of the World Council for Psychotherapy, Professor of the Department of Children's Clinical Psychology and Dean of the Faculty of Psychology and Education at the University of Tehran (Tehran, Iran)

RATIONAL MOBILIZATION OF PERSONAL RESOURCE AND LONGEVITY

Nina Lavrova, Director General of the Center for System Consulting and Training "Synergia" (Saint-Petersburg, Russia)

Vasily Lavrov, Pavlov Institute of Physiology of Russian Academy of Sciences, Doctor of Biological Sciences (Saint-Petersburg, Russia)

Nikanor Lavrov, member of the Kirov Military Medical Academy, Center for Scientific-and-Practical Mediation "Soglasie", Candidate of Medical Sciences (Saint-Petersburg, Russia)

HUMAN NATURE AND ESSENCE AS THE MAIN FACTOR AND PROBLEM OF PSYCHIATRY, PSYCHOTHERAPY, NARCOLOGY



Igor Pavlov, Associate Professor at the Department of Psychotherapy and Sexology of the Russian Medical Academy of Postgraduate Education, Candidate of Medical Sciences (Moscow, Russia)

16.30 Break

16.45 **CHANGES IN THE SYSTEM OF MARITAL RELATIONS AND THE MODERN MULTIMODAL SPOUSE THERAPY**

Irina Panyukova, Associate Professor at the Department of Psychotherapy and Sexology of the Russian Medical Academy of Postgraduate Education, Candidate of Medical Sciences (Moscow, Russia)

SPIRITUALLY-ORIENTED PSYCHOTHERAPY AND MENTAL HEALTH IN THE 21ST CENTURY

Zlata Polozhaya, author of programs for children in the field of mental health care (Moscow, Russia)

TRADITIONAL FORMS OF MAINTAINING MENTAL HEALTH IN THE CONTEMPORARY MAYA DESCENDANTS

Andrei Strelchenko, Professional Psychotherapeutic League, MD (Moscow, Russia)
Prof. Galina Ershova, Director of the Knorozov Mesoamerican Center of the Russian State University of Humanities, Doctor of Historical Sciences (Moscow, Russia)
Galina Borisova, Master's degree student of the Russian State University of Humanities (Moscow, Russia)

ON MENTAL HEALTH EVALUATION CRITERIA

Prof. Aleksandr Tabidze, Corresponding member of RANS, Director of the Research Center "Psychotherapeutic Pedagogy" of the Russian Ministry of Education (Moscow Office), CEO of the Association of Music Psychologists and Psychotherapists, Doctor of Physical and Mathematical Sciences (Moscow, Russia)

SOCIAL PSYCHOTHERAPY AND MASS MEDIA: TOOLS AND MODELS

Vlada Titova, Associate Professor of the Department of Psychosomatics and Psychotherapy at St. Petersburg State Pediatric Medical University, author and host of psychotherapeutic programs on TV 100, Candidate of Medical Sciences (Saint-Petersburg, Russia)

AFFECT IN THE MODERN RUSSIAN MENTALITY, ITS INFLUENCE ON SOCIAL PERCEPTIONS AND BEHAVIOR. SPECIFICALLY: IN THE CONTEXT OF FAMILY RELATIONS AND YOUTH

Aleksandr Kantor, Associate Professor of the International University, Candidate of Historical Sciences (Moscow, Russia)

CONTEMPORARY PSYCHOTHERAPY OF INDIVIDUAL AND GROUP COMMUNICATIONS

Daniil Chugunov, psychologist, holder of the European and World Certificate in Psychotherapy (integrative-and-developing modality of psychotherapy), Candidate of Psychological Sciences (Saint-Petersburg, Russia)

Summing up the Conference. Preparation of proposals for the final document - Declaration of the Congress on Mental Health "Meeting the Needs of the XXI century".

18.00 Coffee break and Networking Activities

18.30 -19.30 Closing & Awards Ceremony (Volga Hall). Final Discussions & Concluding Remarks
Delivery of the Declaration of the Congress on Mental Health: Meeting the Needs of the XXI Century.

