



**CONGRESS HALL 2  
7 OCTOBER (SUNDAY)  
9.00-13.00**

**SIMPOSIUM ON PSYCHOTHERAPY**  
(Congress Hall 2)



**Союз  
психотерапевтов и  
психологов**

**9.00 Opening ceremony. Welcome addresses.**

**Co-Chaired by:**

**Prof. Aleksandr L. Katkov, MD**, Rector of the International Institute of Social Psychotherapy (St. Petersburg), Vice-President of the PPL (Russia)

**Prof. Viktor V. Makarov, MD**, PPL President, President of the National Self-regulating organization "Union of Psychotherapists and Psychologists", WCP Vice-President, AFP Vice-President, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education (Russia)

**Prof. Aleksei B. Danilov, MD**, Executive Director of the Association of Interdisciplinary Medicine, Head of the Department of Nervous Diseases at the Sechenov First Moscow State Medical University under the Russian Ministry of Health (Russia)

*Format: Presentation (10 min.) followed by a discussion*

**Speakers:**

**Spiritual and Ecological Education in Mental Health Care as the Integrative Approach of Psychotherapy**

**Prof. Lyubov D. Bitekhtina**, Doctor of Philosophy, Co-Chair of the Modality "The Religious Focused Psychotherapy" at the All-Russia Professional Psychotherapeutic League (PPL), Academician of the Russian People's Academy of Sciences, Head of the Department of Spiritual and Psychological Safety, Moscow (Russia)

**Prof. Hilarion Gottfried Pettsold**, Co-Founder of the Institute of Integrative Therapy of Fritz Perls, Founder of the European Academy of Psychosocial Health in Hukesvagen, Düsseldorf (Germany)

**Philosophical and Cultural Basis for the Concept of Mental and Psychological Health**

**Prof. Viktoriya V. Kravchenko**, Doctor of Philosophy, Professor of the Moscow National Research Aviation Institute, Moscow (Russia)

**Management of Anthropological Trends as Mental Health Care**

**Prof. Sergei S. Khoruzhiy**, Doctor of Physics and Mathematics, Director of the Autonomous Nonprofit Organization "Institute of Synergetic Anthropology", Professor of the Institute of Philosophy at the Russian Academy of Sciences, Honorary Professor of UNESCO, Honorary Scientific Director of the Modality of the Russian Society of Psychiatrists at the PPL, Moscow (Russia)

**Spiritual Security in Mental Health**

**Prof. Irina E. Sokolovskaya**, Psy.D, Professor of the Department of Primary and Preschool Education at the Federal State University of Humanities and Technology (Orehovo-Zuevo), Full member of PPL, Federal expert in Higher Professional Education of the Russian National Accreditation Agency in the Field of Education, Moscow (Russia)

**Psychology of Health and the Doctrine of Passions**

**Prof. Marina G. Chukhrova**, MD, Professor of the Department of General Psychology and History of Psychology at the Novosibirsk State Pedagogical University, Full member of the PPL, Academician of the Academy of Polar Medicine and Extreme Human Ecology, member of the Ethical Committee of the International Association of Ethnopsychologists and Ethnopsychotherapists, Novosibirsk (Russia)

**Primary Psychological Assistance in the Framework of the Internet Project "Emergency Electronic Psychological Assistance"**

**Prof. Aleksandr L. Katkov**, MD, Rector of the International Institute of Social Psychotherapy (St. Petersburg), Vice-President of the PPL (Russia)

**Dr. Gulmira B. Ayapbergenova**, Psy.D, Director of the Institute of Innovative Psychology and Consulting, Vice-President of the National Union of Psychotherapists and Psychologists (Kazakhstan)

**Education in the Systemic Approach with the Use of Distance Learning Techniques**

**Anna Ya. Varga**, PhD (Psychology), Head of the Academic Board of the Master's Program "Systemic Family Therapy" at the Higher School of Economics, Board Member of the Society of Family Consultants and Psychotherapists, IFTA member, member of the Training Committee of the EFTA-TIC, Moscow (Russia)

**Tatyana V. Rytsareva**, Systemic Family Therapist, Board member of the Community of Emotionally Focused Therapists, Moscow (Russia)

**Psychoanalysis and Psychoanalytic Psychotherapy. From Classics to the Realities of Today. Training as Part of Systemic Changes**

**Tatyana V. Mizinova**, PhD in Social Sciences, President of the Russian Branch of the European Confederation of Psychoanalytic Psychotherapies (ECP), Vice-President and Chairperson of the ECP Ethical Committee (Vienna), member of EAP and PPL, Member of the Supervisory Board and the Ethical Committee of the National Self-Regulating Organization Association "Union of Psychotherapists and Psychologists". Director of the Center for Psychological Support of Modern Psychoanalysis "Persona" (Russia)

**Trends in Modern Psychoanalytic Education**

**Aleksandr N. Kharitonov**, PhD (Psychology), Associate Professor, President of the Russian Psychoanalytic Society, Head of the United Psychoanalytic Community and Full member of the PPL, Presidium member of the Russian Scientific Sexological

Society, Deputy Chairman of the Editorial Board of the journal " Psychology and Psychotechnics ", the journal "Psychoanalytic Herald" (Russia)

#### **Training Consulting Psychologists at a State University**

**Igor E. Zhmurin**, PhD (Psychology), Associate Professor, Head of the Department of Psychological Counseling at the Faculty of Psychology in the Moscow State Regional University, Full member of the PPL (Russia)

#### **Conceptual Model of Professional and Personal Problem- and Activity-Based Training for Consulting Psychologists and Psychotherapists**

**Prof. Viktor V. Kuzovkin**, PhD (Psychology), Associate Professor, Professor of the Department of Psychological Counseling at the Faculty of Psychology in the Lomonosov Moscow State University, Director of the Non-Commercial Partnership "TRIADA Research and Practical Center", Full member and Co-Director of the PPL Modality "Client-Centered Psychotherapy" (Russia)

#### **Kinetic Sand Therapy in Psychological and Psychotherapeutic Practice**

**Oleg Starostin**, PhD (Medicine), President of the Sand Therapy Association, Director of the "Sand therapy" Modality and Full member of the PPL, St. Petersburg (Russia)

#### **Psychotherapy for Patients with Suicidal Behavior**

**Irina K. Chobanu**, PhD (Medicine), Associate Professor of the Department of Psychiatry, Psychotherapy and Psychosomatic Pathology of the Faculty of Advanced Training of Medical Workers at the Medical Institute of the Peoples' Friendship University of Russia (RUDN) , Full member of the PPL, President of the Interregional Association of Professional Kinesiologists, Director of the Private Institution for Supplementary Professional Education "Institute of Kinesiology" (Russia)

#### **Modern Methods of Psychological Diagnosis of the Subconscious Used in Comprehensive Rehabilitation Programs**

**Aleksandr L. Ivanov**, PhD (Psychology), Associate Professor of the Department of Psychotherapy and Sexology at the Federal State Russian Medical Academy of Continuous Professional Education under the Ministry of Health of the Russian Federation (Russia)

#### **Things in the Body: Rapid Study of Phobias and Other Mental Traumas**

**Andrei F. Ermoshin**, PhD (Psychology), Holder of the European Certificate of Psychotherapy, Full member and Director of the Psychocatalysis Modality of the PPL, (Russia)

#### **The Realistic Psychotherapeutic Theater of Professor M. Bournio**

**Inga Kalmykova**, PhD (Medicine), Associate Professor of the Department of Psychotherapy and Sexology at the Russian State Medical Academy of Continuous Professional Education under the Ministry of Health of the Russian Federation, Executive Director and Full member of the PPL, psychotherapist of the European Register of Psychotherapists (Russia)

**Ekaterina V. Popova**, Director of the National Self-Regulating Professional Association "Union of Psychotherapists and Psychologists" (Russia)

#### **Balint Group Work**

**Nikolai N. Klepikov**, Head of the PPL Committee for Balint's Movement, Head of the PPL Committee of International-level Balint's groups, the ECPP Teaching Analyst and Supervisor (Vienna, Austria) (Russia)

**Conceptualization and Self-identification of the Method "Healing Creative Psycholinguistics"**

**Alla I. Semenova**, pediatrician, psychotherapist, immunologist, author of the method "Healing creative psycholinguistics", Doctor in the field of regulation in the biological systems at the International Academy "Information, Communication, Management in Technology, Nature, Society" (Russia)

**Integrative Processes in the Religious, Pedagogical and Psychological Spaces**

**Irina S. Shestakova**, psychologist, psychotherapist of the European Register of Psychotherapists, member of the PPL Central Council, Orel (Russia)

**Integrative Approach in the Work of a Child Psychotherapist of the Outpatient Psychiatric Department of a Clinical Psychoneurological Dispensary**

**Marina V. Novikova**, clinical psychiatrist and psychotherapist of the Dispensary Department No. 2 at the Regional State Smolensk Psychoneurological Clinical Dispensary, Board member of the Institute of Integrative Child Psychotherapy "Genesis" (Russia)

**Psychological and Pedagogical Support of Preschoolers with ASD**

**Kamil B. Suleimanov**, psychologist, Master's degree student of the Kursk State University, staff member of the "Veter Nadezhdy" ("Wind of Hope") Center, Kursk (Russia)

**Case Method in Undergraduate Education for Consulting Psychologists and Psychologists- Psychotherapists**

**Anna V. Povalyayeva**, Master's degree student of the Department of Psychological Counseling of the Faculty of Psychology at the Moscow State Regional University (Russia)

**13.00 Feedback from sessions and wrap-up discussion of the Declaration "Mental Health and Education"**