



**MEETING ROOM 8
7 OCTOBER (SUNDAY)
10.00-13.00**

**Workshop
“SCENARIO OF PERSONAL FUTURE VIA PHOTOGRAPHIC GENOGRAM”
(Meeting room 8)**



Trainer: Prof. Rodolfo de Bernart, former President of the European Association for Psychotherapy, Rector of the Institute of Family Psychotherapy, Florence (Italy)

Trainer: Dr. Galina V. Makarova, PhD (Psychology), co-author of the "Transactional Analysis-Eastern Version" method, PPL Full Member, holder of the EAP and the WCP psychotherapist's certificates (Russia)

Introduction

The "Photographic Genogram" technique was created by Rodolfo de Bernart and his colleagues and is widely used in family systemic psychotherapy and mediation.

The "personal future scenario" is the author's method of psychotherapeutic work in the method of transactional analysis of the eastern version. The joint use of the "photographic genogram" and the "personal future scenario" was effective in psychotherapeutic work with various client requests concerning the individual, his or her family, origin and relationships within these systems.

Work with family scenarios makes it possible to solve several problems affecting all areas of the individual's life in a short time period. Using family photos of three or more generations, we stimulate the emotional and figurative thinking and implicit memory of the client, which allows us to obtain information about early scenario solutions, parental instructions, family prohibitions and permissions. Collecting individual "family quilts", such as family myths and legends, narratives about heroic and tragic events, heroes and antiheroes, the client gets an idea of his or her inheritance and of the personal myth about himself or herself in individual or group work.

The "personal future scenario" method includes a set of tools for writing a new script, changing roles and functions, creating positive family traditions, preserving the overall outline of the family system.

The method is used in clinical work, in the process of counseling and personal therapy for specialists.