



**MEETING ROOM 5  
7 OCTOBER (SUNDAY)  
10.00-13.00**

**WORKSHOP  
“SPECIFICS OF WORK WITH CLIENTS LIVING THROUGH A CRISIS”  
(Meeting room 5)**



**Trainer: Dr. Marina V. Kolyaeva, Ph.D (Psychology), Rector of the Eurasian Institute of Practical Psychology and Psychotherapy, PPL Full Member and personal therapist of the international level, supervisor and accredited trainer of the international level of the Eurasian Institute of Practical Psychology and Psychotherapy, accredited supervisor of the Institute of Supervisors and Consultants, psychotherapist of crisis states, art therapist, psychodramatist, Gestalt therapist, Astana (Kazakhstan)**

---

## **Introduction**

---

This Workshop is devoted to studying the typology of crises, developing a strategy for escaping from a crisis state, with account of the client's personal characteristics (neurotic defense mechanisms, types of overcoming behavior, etc.). The workshop is based on the specialized program "Psychotherapy of Crises", which has been conducted under the Eurasian Institute of Practical Psychology and Psychotherapy since 2003. At the heart of the program is an integrative approach in dealing with crises and a multimodal approach to working with clients.

After the development of strategies, tactical techniques of supporting the client in his or her overcoming of the crisis will be considered. The application of specific modalities at different stages of the crisis state will be presented and a demonstration session will be held.