II CONGRESS ON MENTAL HEALTH: MEETING THE NEEDS OF THE XXI CENTURY

MENTAL HEALTH AND EDUCATION

5-7 OCTOBER 2018

MOSCOW | CONGRESS CENTER | WORLD TRADE CENTER

SCIENTIFIC PROGRAM

5 OCTOBER (FRIDAY)

Schedule of Events

9.00  Registration (Congress Center Lobby)
      Welcome coffee & Networking (Seliger & Valday Halls)
      Opening Ceremony of the Moscow Mental Health EXPO 2018 (Seliger & Valday Halls)
      Opening Ceremony of the IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase (Seliger & Valday Halls)

10.00 Opening Ceremony (Congress Hall)
      Welcome and Introduction

10.30 Opening speeches

11.00 Opening Plenary Session (Congress Hall)
      Educational Requirements for Mental Health Professionals

13.00 Lunch & Networking (Seliger & Valday Halls)
      Moscow Mental Health EXPO 2018 Showcase
      IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase

14.00 Parallel Sessions
      • WASP Symposium (Congress Hall 1)
      • Plenary Session “Mental Health Education During the Life Cycle: National and Global Standards” (Congress Hall 2)
      • Plenary Session “Community-based Psychosocial Rehabilitation Services: Educational and Training Approaches” (Congress Hall 3)
      • Panel Discussion “Mass Media Impact on Mental Health” (Press Center)

16.00 Coffee-break & Networking (Seliger & Valday Halls)
      Moscow Mental Health EXPO 2018 Showcase
      IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase

16.30 Parallel Sessions (continued)
      • Plenary Session “Mental Health Education During the Life Cycle: National and Global Standards” (Congress Hall 2)
      • Plenary Session “Community-based Psychosocial Rehabilitation Services: Educational and Training Approaches” (Congress Hall 3)
      • Russian Society of Psychiatrists (RSP) Board Meeting (Congress Hall 1)
• WASP Council Meeting (C Hall)
  ▪ Symposium on Prevention of Substance Abuse Disorders in the Russian Federation (A Hall)
  ▪ Press-conference (Press Center)
  ▪ Workshop «Money in the Profession and Life of the Professionals in the Field of Mental Health and Wellbeing» (B Hall)

• Early Career Mental Health Specialists Program:
  ➢ Suzdal Courses for Young Psychiatrists (Ural Hall)
  ➢ International School for Young Psychotherapists “Future Lab” (Baikal Hall)
  ➢ School for Young Psychologists (Biryusa Hall)

18.00 Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”

19.00 II National Awards Ceremony «Harmony» (Amphitheatre) (by invitation)
Reception (by invitation)

SCIENTIFIC EVENTS AND PROGRAMS

10.00 OPENING CEREMONY (Congress Hall)
Welcome and Introduction

Welcome Address from WHO:
Dr. Svetlana Akselrod, Assistant Director-General of WHO for Noncommunicable Diseases and Mental Health

10.30 Opening speeches
Mental Health in the Context of Global Developments
Dr. Vladimir Poznyak, Coordinator Management of Substance Abuse (MSB), Department of Mental Health and Substance Abuse (MSD) WHO

Universal Health Coverage: Importance and Impact for Mental Health and Education Worldwide
Dr. Nata Menabde, Executive Director, WHO Office at the United Nations

11.00 PLENARY SESSION: EDUCATIONAL REQUIREMENTS FOR MENTAL HEALTH PROFESSIONALS

Co-Chaired by:
Prof. Norman Sartorius, Honorable Chairman of the International Organizing Committee, President of the Association for the Improvement of Mental Health Programmes, Professor, MD, MA, DPM, PhD, FRCPsych (Germany and Switzerland)

Dr. Igor N. Kagramanyan, Chairman of the Russian Organizing Committee, First Deputy Chairman of the Federation Council Committee on Social Policy of the Federal Assembly of the Russian Federation (Russia)

Keynote speeches:
Promotion of Mental Health: The Role of Education
Prof. Norman Sartorius, President of the Association for the Improvement of Mental Health Programmes, Professor, MD, MA, DPM, PhD, FRCPsych (Germany and Switzerland)

Strengthening the Response of Mental Health Professionals to the Needs of People Living in Adversity
Prof. Helen Herrman, MD, President of the World Psychiatric Association (WPA), Professor of Psychiatry at Orygen, National Centre of Excellence in Youth Mental Health, and the Centre for Youth Mental Health at the University of Melbourne; Director of the WHO Collaborating Centre in Mental Health, Melbourne; and a member of the Lancet Commission on Global Mental Health 2015-2018 (Australia)

Social Determinants of Mental Health- Differing Perspectives: Developing and Developed Countries
Prof. Roy Abraham Kallivayallil, MD, President of the World Association of Social Psychiatry (WASP), Secretary General of the World Psychiatric Association, Vice-Principal, Professor & Head, Department of Psychiatry, Pushpagiri Institute of Medical Sciences, Tiruvalla, Kerala (India)

Educational Requirements in Psychosocial Rehabilitation. An Interdisciplinary Approach
Dr. Ricardo Guinea, Past Immediate President of the World Association for Psychosocial Rehabilitation (WAPR), MD, Hospital de Dia Madrid (Spain)

How to Influence the Soul by Psychotherapy
Prof. Alfred Pritz, President of the World Council for Psychotherapy (WCP), Ph.D in Psychopathology and Pedagogics, General Secretary of the European Association for Psychotherapy, Rector and Full Professor of the Sigmund Freud University, Vienna (Austria)

Teaching and Training in Mental Health: Current Perspectives
Dr. Afzal Javed, President-Elect of the World Psychiatric Association (WPA), MBBS, MCPS, D.PSYCH, BOARD CERT.PSYCH, F.R.C.Psych., M.PHIL, FRCP, Consultant Psychiatrist at Coventry & Warwickshire NHS Trust at Nuneaton, UK, Honorary Clinical Associate Teacher at Warwick Medical School, University of Warwick, UK, Chairman of Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan (UK and Pakistan)

Professional Education for Psychiatrists in the Russian Federation
Prof. Nikolai G. Neznanov, President of the Russian Society of Psychiatrists, Director and Professor of the Bekhterev National Medical Research Center for Psychiatry and Neurology under the Ministry of Health of the Russian Federation, President of the World Association for Dynamic Psychiatry (WADP) (Russia)

Mental Health and Wellbeing: Advances at the United Nations Global Agenda and in Government and Civil Society Initiatives, Importance and Impact Worldwide
Dr. Judy Kuriansky, Main Representative to the United Nations of the World Council of Psychotherapy (USA)
13.00 Lunch & Networking (Seliger & Valday Halls)  
Moscow Mental Health EXPO 2018 Showcase  
IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase

14.00-16.00 Parallel Sessions

WASP SYMPOSIUM (Congress Hall 1)

**Chair by:** Prof. Roy Abraham Kallivayalil, President of the World Association of Social Psychiatry (WASP), Secretary General of the World Psychiatric Association (WPA) (India)

**Keynote speeches:**

**Psychiatry as Integration of Epistemic Frames and Discourses. A Challenge for a Community of Practice**  
Prof. Fernando Lolas Stepke, MD, Secretary-General of WASP, Director of the Interdisciplinary Center for Studies in Bioethics and Full Professor at the University of Chile (Psychiatry and Physiology) (Chile)

**Brain and Belonging: Integrating 21st Century Scientific Innovations and Global Social Changes**  
Prof. Eliot Sorel, MD, DLFA, WASP President Advisor, President of the 1st International Perinatal TOTAL Health Congress, Clinical Professor of Global Health, Health Policy & Management and of Psychiatry & Behavioral Sciences, Senior Scholar in the Center of Healthcare Innovations and Policy Research in the School of Medicine at the George Washington University, Washington, DC (USA)

**Psychosocial Rehabilitation: Global perspectives**  
Prof. Marianne C. Kastrup, MD, Ph D, WASP Treasurer, Past Member Executive Committee WPA, Former Head of the National Centre for Transcultural Psychiatry, Copenhagen (Denmark)

**Asylums to Avatars: Psychosocial Rehabilitation in the UK**  
Prof. Tom K J Craig, PhD, FRCPsych, Emeritus Professor of Social Psychiatry at the Institute of Psychiatry, Psychology and Neuroscience, King’s College, London, Immediate Past President WASP (UK)

14.00-18.30 PLENARY SESSION: MENTAL HEALTH EDUCATION DURING THE LIFE CYCLE: NATIONAL AND GLOBAL STANDARDS (Congress Hall 2)

**Co-Chaired by:**  
Dr. Afzal Javed, President-Elect of the World Psychiatric Association (WPA), Consultant Psychiatrist at Coventry & Warwickshire NHS Trust at Nuneaton, UK, Honorary Clinical Associate Teacher at Warwick Medical School, University
of Warwick, UK, Chairman of Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan (UK and Pakistan)

Prof. Zurab I. Kekelidze, MD, Director General of the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation, Professor, Chief Psychiatrist of the Ministry of Health of the Russian Federation (Russia)

Prof. Nikolai G. Neznanov, President of the Russian Society of Psychiatrists, WAPD President (Russia)

Format: Presentations (15 min.) followed by a discussion

Keynote speeches:

Psychological Education: Professional and General Approaches
Prof. Yuriy P. Zinchenko, Psy.D., President of the Russian Psychological Society, Dean of the Department of Psychology at the Lomonosov Moscow State University, Vice-President of the Russian Academy of Education, Chief Specialist in Medical Psychology at the Ministry of Health of the Russian Federation (Russia)

XXI - The Century of Moral Sciences. The Urgent Need for a Committed Attitude
Prof. Joaquim Quintino-Aires, Founder and Director of the Vygotsky Institute, Doctor in Psycholinguistics (Clinical Psychology), Professor of Psychotherapy and Neuropsychology in Lisbon and São Paulo (Portugal)

Challenges for Childhood in the Modern Society: National Strategy for Children Good
Prof. Vitaliy V. Rubtsov, Psy.D., Rector and Professor of the Moscow State University of Psychology and Education, President of the Federation of Psychologists in Education of Russia (Russia)

Mental Health Education for Different Population in India
Prof. Murali Thyloth, MD, WAPR President, Professor and Head of the Department of Psychiatry, MS Ramaiah Medical College and Hospitals, Bangalore (India)

The Future of Mental Health Education. What Key Competencies Are Needed?
Dr. Antonio Maone, MD, WAPR Regional Vice-President for Europe, Director of Psychiatric Rehabilitation Unit, Department of Mental Health, Local Health Unit (ASL) Roma 1, Rome (Italy)

Disasters, PTSD and Trauma through the Life Cycle
Prof. Solomon Rataemane, MD, WAPR Secretary General, Chair of the WPA Section on Conflict Management and Conflict Resolution, Head of the Department of Psychiatry at the Sefako Makgatho Health Sciences University in South Africa, Member of Standing Committee on Health of Academy of Sciences of South Africa (ASSAF), Chairperson of the Ministerial Advisory Committee on Mental Health (South Africa)

Training and Education for Mental Health Promotion In the Workplace
Dr. Richard Wynne, MD, Coordinator of the European Network for Workplace Health Promotion, Director of Work Research Centre (Ireland)

16.00

Coffee-break & Networking (Seliger & Valday Halls)

Moscow Mental Health EXPO 2018 Showcase

IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase

16.30

PLENARY SESSION: MENTAL HEALTH EDUCATION DURING THE LIFE CYCLE: NATIONAL AND GLOBAL STANDARDS (continued)
(Congress Hall 2)

Keynote speeches:
The Changing Face of Autism. How Our Perspective on ASD has Changed in the Last Fifty Years
Zsuzsanna Szilvasy, President of the Autism Europe (Hungary)

Music Therapy Education and Training from a Global Perspective
Dr. Melissa Mercadal-Brotons, PhD in Music Education, President of the World Federation of Music Therapy, Country representative (Spain) at the European Music Therapy Confederation (EMTC), Coordinator of Research and Master Programs, Professor of the Department of Music Education, Director of the Master Program in Music Therapy at Esmuc (Escola Superior de Música de Catalunya), Barcelona (Spain)

Four-part System of Education for Mental Health Specialists
Prof. Viktor V. Makarov, MD, President of the Russian Professional Psychotherapeutic League, President of the National Self-Regulated Association “Union of Psychotherapists and Psychologists”, Vice-president of the World Council for Psychotherapy (WCP) and the Asian Federation of Psychotherapy, Head of the Chair on Psychotherapy and Sexology at the Russian Medical Academy on Continuous Professional Education under the Ministry of Health of the Russian Federation (Russia)

Mental Health and Education: The Needs and Challenges
Prof. Raymond Chan, Ph.D., Professor of Neuropsychology and Applied Cognitive Neuroscience, CAS Key Laboratory of Mental Health, Institute of Psychology, Chinese Academy of Sciences, Department of Psychology, University of Chinese Academy of Sciences, Beijing (China)

How to approach the subject of Death in the Education for Mental Health
Prof. Nicole Akinin, President of ECPP - French Branch (European Confederation of Psychoanalytical Psychotherapy), Founder, President, and Director of the European School for Implement Philosophies and Psychotherapy, Rector of the SFU-Paris (French branch of Sigmund Freud University in Vienna) (France)

Resilience: The Mental Health Requirement of Our Time
Dr. Darlyne G. Nemeth, Ph.D., M.P., M.P.A.P., WCP Co-Secretary General, Director of the Neuropsychology Center of Louisiana (NCLA) (USA)

Mental Health and Gifted Children: Case Studies of the Employer on the Example of Projects in the “Sirius Education Center”
Alexandra S. Glazkova, Vice President of the Company “BIOCAD”

18.30 Wrap-up discussion of the Declaration “Mental Health and Education”

14.00-18.30 PLENARY SESSION: COMMUNITY-BASED PSYCHOSOCIAL REHABILITATION SERVICES: EDUCATIONAL AND TRAINING APPROACHES (Congress Hall 3)

Co-Chaired by:
Dr. Ricardo Guinea, Past Immediate WAPR President, MD, Hospital de Dia Madrid (Spain)

Dr. Oleg V. Limankin, MD, Vice-President of the Russian Society of Psychiatrists, Head Doctor of the St. Petersburg State Medical Institution "The Kashchenko Psychiatric Hospital №1", President of the Russian Association of Psychosocial Rehabilitation Centers (Russia)

Format: Presentations (15 min.) followed by a discussion

Keynote speeches:

Rehabilitation Approaches in Russian and Foreign Psychiatry: Twenty Years’ Experience of Interaction
Dr. Oleg V. Limankin, MD, Vice-President of the Russian Society of Psychiatrists, Head Doctor of the St. Petersburg State Medical Institution "The Kashchenko Psychiatric Hospital №1", President of the Russian Association of Psychosocial Rehabilitation Centers (Russia)

Mental Health Problems - A Global Challenge
Jan A. Monsbakken, Immediate Past President of Rehabilitation International (RI Global) (Norway)

Mental Health: From the Singular to the Community, Going Through Subjective Realities and Others, Real
Dr. Emilia Afrange, President of Latin American Federation of Psychotherapy, Vice President of Brazilian Association of Psychotherapy, psychotherapist, clinical psychologist, teacher, supervisor of the Institute Sedes Sapientiae, São Paulo (Brazil)

Education Support Service for Municipalities and County Municipalities in Rehabilitation
Tone Mørk, Director of the Agency STATPED, Chair of the Commission on Education RI-Global (Norway)

Unique System of Out-Hospital Rehabilitation System "SUMMIT"
Rita Y. Kotik, MSW, Community Director of the Rehabilitation Program "Summit" for Young Adults, Jerusalem (Israel)

New Approaches to Occupational Education: Followed by Employment In the Multicenter
Irina G. Drozdenko, Director of the Multicenter on Social and Labor Integration, Chair of the Board at the the Charitable Foundation “Place under the Sun” (Russia)
Adaptive Sport as a Rehabilitation Tool for People with Intellectual Disabilities

Prof. Jan Burns. Head of Eligibility, International Sports Federation for Persons with Intellectual Disability (INAS), Professor of Clinical Psychology and Head of the School of Psychology, Politics and Sociology at Canterbury Christ Church University (UK)

Adaptive Sports for Persons with Intellectual Disabilities and Psychological Specificities: Present and Prospects for Development

Prof. Sergey P. Evseev, Doctor of Pedagogy, President of the All-Russia Federation of Sports for People with Intellectual Disabilities, Head of the Department on Theory and Methodology of Adaptive Physical Education at the Lesgaft State Academy of Physical Education, St Petersburg, Corresponding member of the Russian Academy of Education (Russia)

16.00

Coffee-break & Networking (Seliger & Valday Halls)

Moscow Mental Health EXPO 2018 Showcase

IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase

16.30

PLENARY SESSION: COMMUNITY-BASED PSYCHOSOCIAL REHABILITATION SERVICES: EDUCATIONAL AND TRAINING APPROACHES (continued)

(Congress Hall 3)

Keynote speeches:

Complex Psychosocial Rehabilitation Model for People with Schizophrenia and their Families

Dr. Tatiana A. Solokhina, MD, Head of the Organizational Department for Psychiatric Services at the State Research Center for Mental Health, CEO at the Russian Charitable organization “Family and Mental Health” (Russia)

Evaluation of Psychoeducation through the Questionnaire "Patient Activity Level" in the adaptation of Y. V. Malygin and B. D. Tsygankov

Prof. Boris D. Tsygankov, MD, Professor, Corresponding Member of the Russian Academy of Sciences, Head of the Department of Psychiatry, Narcology and Psychotherapy at the Yevdokimov Moscow State University of Medicine and Dentistry under the Ministry of Health of the Russian Federation

Prof. Yaroslav V. Malygin, MD, Professor of the Department on Social Work of the Psychological and Social Sciences Faculty at the Pirogov Russian National Research Medical University under the Ministry of Health of the Russian Federation (Russia)

Healing via Theatrical Affinity

Andrey B. Afonin, Chairman of the NGO for People with Mental Disabilities “Equal Opportunities”, Artistic Director and Producer of the Inclusive Theatre “Sphere 2” (Russia)

Complex Approaches for Psychosocial Rehabilitation for People with ASD

Igor L. Shpitsberg, Leader of the Center for Rehabilitation for People with Disabilities “Our Sunny World” (Russia)

Art-Therapy in the System of Psychosocial Rehabilitation

Olga M. Fomynykh, Director of NGO assisting people with mental disabilities “Outsidervil” (Russia)
Community Based Services for People with Mental Disabilities
Anna L. Bitova, Director of the Center for Curative Pedagogics (Russia)

Labor Rehabilitation and Employment of People with Mental Disabilities in Russia
Dr. Arkady L. Shmilovich, MD, Head of the Medical and Rehabilitation Department of the Alekseev Psychiatric Clinical Hospital № 1 (Russia)

Comprehensive Support for People with Mental Disabilities
Andrei Tsarev, Chairman of the Interregional NGO for Support for Children and Adults with Mental and Physical Disabilities "Equal Opportunities" (Russia)

18.30 Wrap-up discussion of the Declaration “Mental Health and Education”

14.00-16.00 PANEL DISCUSSION: MASS MEDIA IMPACT ON MENTAL HEALTH (Press Center)

Moderated by:

Dr. Judy Kuriansky, world renowned radio advice host, clinical psychologist and therapist, popular lecturer, newspaper columnist, and author of books (New York, USA)

Dr. Judy Kuriansky is a pioneer of radio call-in advice, and more recently of Internet advice. An adjunct professor for the Clinical Psychology Program at Columbia University Teachers College and visiting professor of Peking University Health Science Center in Beijing, she is a frequent commentator on international media - including CNN - on various news issues. Dr. Judy is a member of the Advisory Board of several magazines and public service organizations, and works extensively in Asia on health and women’s issues, and is known for her relationship advice, Dr. Judy is also an expert on emergency mental health services, and has worked at Ground Zero and many other disasters worldwide, and lectures about coping with world conflicts, including in the Middle East.

Prof. Peter V. Morozov, Member of the WPA Standing Committee on Planning, Vice-President of the Russian Society of Psychiatrists (Moscow, Russia)

Prof. Peter V. Morozov is the Ambassador of the European College of Neuropsychopharmacology in Russia, Member of the EPA Council, Editor in Chief of the P.B.Gannushkin Journal "Psychiatry and Psychopharmacotherapy", Editor in Chief of "The Psychiatric Diary ", MD, PhD, DrSci., Professor of the Chair of Psychiatry of the Department for Advanced Medical Studies at the Pirogov Russian National Medical Research University.

Introduction:
We live in the information age when the mass media play a key role in creating the individual's views and preferences for a particular social phenomenon. The media do not just reflect the society, they help make the world correspond to
what is written about it. In this sense, the role of the media in shaping an adequate understanding of the society in the field of mental health cannot be emphasized enough. A person’s mental health is one of the most intriguing and complex problems, which never loses its relevance. The imaginary simplicity of his ordinary understanding should not be misleading. Participants will discuss problems that affect the quality of information on mental health issues, as well as approaches to the formation of a favorable information environment.

Panelists:

Colin Mackay, Director of the Brussels Writing Bureau (BWB) (Brussels, Belgium)

Colin Mackay is a veteran of the healthcare sector, having worked within the pharmaceutical industry, in consultancy and in European trade associations for more than 25 years. His business experience spans sales and marketing, communications as well as EU policy and lobbying, while has covered a broad range of therapy, including mental health, female and reproductive health, oncology and immunology. In 2013, Colin decided to set up the Brussels Writing Bureau, a company dedicated to providing high-quality editorial services for companies and associations in Brussels, undertaking ghost writing, meeting reports and content production. He currently works with EU trade associations covering all healthcare major sectors including pharmaceuticals, medical devices, imaging and radiotherapy as well as animal health. In addition to the Bureau, Colin is also an accredited EU journalist, regularly writing and editing articles for Dods EU, publishers of European Parliament Magazine, a fortnightly EU politics magazine covering European Parliament news, opinion and comment. He regularly covers events and hearings in the European Institutions on behalf of the magazine and clients.

Tatiana Lyamzina, presenter, journalist at the Echo of Moscow Radio station (Moscow, Russia)

Tatiana Lyamzina is a presenter, journalist at the Echo of Moscow Radio station the weekly audience of which is about 7 million people. Since 1996, she has been hosting the programs associated with health including “Medinfo”, “Morning Bypass”, “About Style”, and others. Tatiana Lyamzina has passed through BBC MPM training as a radio correspondent and a radio host. She wrote articles for the newspaper “Medicine for You” and for the section "Health" in Cosmopolitan.

Ekaterina Pichugina, Deputy Editor of the Department of Urban policy at the newspaper "Moskovsky Komsomolets" newspaper (Moscow, Russia)

Ekaterina Pichugina is the Deputy Editor of the Department of Urban policy at the newspaper "Moskovsky Komsomolets" that covers topics related to health,
Svetlana A. Zeinalova, psychologist, actress, motivational speaker, author and television host (Moscow, Russia)

Svetlana A. Zeinalova is a psychologist, actress, motivational speaker author and television host at the most watched TV channels in Russia. Since 2011, Svetlana has been hosting the Good Morning TV Program on the I Russian TV Channel that is the main channel in the country with broadcasting for more than 250 million viewers in all regions of Russia and abroad. The Good Morning TV program enjoys the highest rating on I Russian TV Channel broadcasting useful, practical information in various spheres of human life, including health, politics, business, art, sports, education and science.

16.30-18.30 RUSSIAN SOCIETY OF PSYCHIATRISTS BOARD MEETING (Congress Hall 1)

Chaired by: Prof. Nikolai G. Neznanov, MD, President of the Russian Society of Psychiatrists (RSP), Director and Professor of the Bekhterev National Medical Research Center for Psychiatry and Neurology of the Ministry of Health of the Russian Federation, President of the World Association for Dynamic Psychiatry (WADP) (Russia)

WASP COUNCIL MEETING (C Hall)

Chaired by: Prof. Roy Abraham Kallivayalil, President of the World Association of Social Psychiatry (WASP), Secretary General of the World Psychiatric Association, Vice-Principal, Professor & Head, Department of Psychiatry, Pushpagiri Institute of Medical Sciences, Tiruvalla, Kerala (India)

PRESS-CONFERENCE (Press Center)
SYMPOSIUM ON PREVENTION OF SUBSTANCE ABUSE DISORDERS IN THE RUSSIAN FEDERATION (A Hall)

Goal: To contribute to the improvement of the educational environment in the field of prevention, treatment and rehabilitation of substance abuse disorders in the Russian Federation.

Chaired by: Prof. Evegeny A. Bryun, MD, President of the Moscow Scientific and Practical Center for Narcology under the Moscow City Health Department, Chief Narcologist of the Ministry of Health of the Russian Federation, Deputy Chairman of the Council on Drug Abuse Prevention at the Federation Council of the Russian Federation, Head of the Department of Narcology at the Russian Medical Academy of Continuous Professional Education

Speakers:

Drug Treatment and Professional Education in Russia
Prof. Evegeny A. Bryun, MD, President of the Moscow Research and Practical Center for Narcology of the Moscow City Health Department, Chief Narcologist of the Ministry of Health of the Russian Federation, Deputy Chairman of the Council on Drug Abuse Prevention of the Federation Council of the Russian Federation, Head of the Department of Narcology at the Russian Medical Academy of Continuous Professional Education, Professor

Paradigm of Evidence-Based Medicine: Principles of Clinical Research and Problems of Narcology
Prof. Evegeny M. Krupitsky, MD, Deputy Director for Science at the Bekhterev National Medical Research Center under the Ministry of Health of the Russian Federation, Head of the Laboratory of Clinical Pharmacology for Drug Addictions at the Valdman Institute of Pharmacology at the Pavlov St. Petersburg State Medical University, Professor of the Department of Psychiatry at the Pennsylvania University (Russia)

Monitoring of the Narcological Situation in the System of Professional Education
Prof. Evgeniya A. Koshkina, MD, Head of the Clinical Research Department at the Moscow Research and Practical Center for Narcology under the Moscow City Health Department (Russia)

Psychotherapeutic Interventions for the Prevention of Addiction and Alcohol Abuse with Deleterious Effects in Patients
Dr. Tatiana V. Agibalova, MD, Chief Researcher of the Moscow Research and Practical Center for Narcology under the Moscow City Health Department
Olga D. Tuchina, Researcher of the Moscow Research and Practical Center for Narcology of the Moscow City Health Department (Russia)

Prevention of Computer Gaming Addiction
Prof. Oleg Zh.Buzik, MD, Deputy Director for Science of the Moscow Research and Practical Center for Narcology under the Moscow City Health Department, Professor of the Department of Narcology at the Russian Medical Academy of the Continuous Professional Education (Russia)

Training Programs on Addiction Prevention in the Yaroslavl Region
Dr. Alexander V.Volkov, Chief Psychiatrist-Narcologist of the Department of Health and Pharmacology in the Yaroslavl Region, Head Doctor of the Yaroslav Regional Clinical Narcological Hospital (Russia)

The Study on Alcohol Abuse Among Somatic Patients: Preliminary Results
Dr. Alexey V.Nadezhdin, PhD (Medicine), Chief Researcher of the Moscow Research and Practical Center for Narcology under the Moscow City Health Department, Associate Professor of the Department of Narcology at the Russian Medical Academy of the Continuous Professional Education (Russia)

Dr. Alexey E.Petukhov, PhD (Pharmacology), Medical Doctor of the Moscow Research and Practical Center for Narcology under the Moscow City Health Department, Associate Professor of the Arzamastsev Department for Pharmaceutical and Toxicological Chemistry at the Institute of Pharmacy of the Sechenov First Moscow State Medical University under the Ministry of Health of the Russian Federation (Russia)

Education in the System of Drug Addiction Prevention and Promotion of Mental Health Values
Dr. Yury E.Skalin, PhD (Medicine), Chief Narcologist of the Northwestern Federal District, Kaliningrad (Russia)

18.30 Wrap-up discussion of the Declaration “Mental Health and Education”

Workshop
«Money in the Profession and Life of the Professionals in the Field of Mental Health and Wellbeing»
(B Hall)

Trainers:
- Prof. Victor V. Makarov, MD, President of the All-Russian Professional Psychotherapeutic League and Self-Regulatory Organization National Association "Union of Psychotherapists and Psychologists", Vice-President of the World Council for Psychotherapy and the Asian Federation for Psychotherapy, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education, Moscow, Russia.
- Ksenia V. Lych, child psychologist, Moscow, Russia.

The legendary author's workshop has been held since 1990. The requests of the participants change as time passes, and so does the workshop.
We did not choose our profession because of money. We are determined to help people. Once again money catches our attention. Money is often tight, and the things we can exchange it for are getting more and more expensive right in front of our eyes. Money gets cheaper, though becomes increasingly costly for us. We have less and less money on hand. The workshop brings in the awareness about the proper attitudes towards money and skills of earning it, spending it, saving it and multiplying it. The workshop shows different roles of money in childhood, young, adult and elderly age. It gives the participants understanding on
how to build up the entire life of a mental health professional on how to be healthy, successful and happy in this time of turbulent changes! *

* It is important to bring cash, the amount of which is sufficient for your personal growth, a notepad and a pen.

18.30 Wrap-up discussion of the Declaration “Mental Health and Education”
6 OCTOBER (SATURDAY)

Time Schedule

9.00  
**Registration** (Congress Center Lobby)  
**Welcome coffee & Networking** (Seliger & Valday Halls)  
**Moscow Mental Health EXPO 2018 Showcase** (Seliger & Valday Halls)  
**IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase** (Seliger & Valday Halls)

10.00  
**Parallel Conferences**  
- International Conference «Professional Education in Mental Health» (Congress Hall 1)  
- International Conference "Education in the Structure of a Single Treatment and Rehabilitation Process" (Congress Hall 2)  
- International Conference “Prevention of Mental Disorders and Promotion of Mental Health Values Among Children and Adolescents in the Educational Setting” (Congress Hall 3)  
- International Conference "Educational Aspects of Autism within the Concept of the Human Life Cycle" (Press Center)  
- International Conference "Modern Society: Dementia Challenges" (Amphitheatre)  
- Conference "Mental Health as a Phenomenon in Legal Studies, Education, and Law Enforcement Practice" (Amur Hall)

12.00  
**Coffee-break & Networking** (Seliger & Valday Halls)  
**Moscow Mental Health EXPO 2018 Showcase** (Seliger & Valday Halls)  
**IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase**

12.30  
**Parallel Conferences (continued)**

14.00  
**Lunch & Networking** (Seliger & Valday Halls)  
**Moscow Mental Health EXPO 2018 Showcase** (Seliger & Valday Halls)  
**IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase**

15.00  
**Parallel Conferences (continued)**  
- Working Meeting of Presidents of the NPAs of Eastern Europe countries (WPA 10th Zone) (C Hall)  
- Symposium «Resilience and Recovery Post Natural/Human-Caused Disaster” (A Hall)  
- Early Career Mental Health Specialists Program:  
  - Suzdal Courses for Young Psychiatrists (Ural Hall)  
  - International School of Young Psychotherapists “Future Lab” (Baikal Hall)  
  - School for Young Psychologists (Biryusa Hall)

17.30  
Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”

18.00  
**Mental Health Ambassador Program**
SCIENTIFIC EVENTS AND PROGRAMS

International Conference
“PROFESSIONAL EDUCATION IN MENTAL HEALTH”
(Congress Hall 1)

Introduction

Nowadays efficient operation of the mental health system in any country has specific demands for professional education in various fields of medical and non-medical specialties. The importance of graduate and post-graduate education corresponding to the highest standards and the latest achievements of modern sciences is growing every year. It is certainly acknowledged that professional education should be interdisciplinary-based and should ensure maximum compliance with the biopsychosocial model of mental disorders and the human personality. The latter is possible only on the basis of continuous medical education, as well as continuous professional development of non-medical professionals working in the field of mental health, with account of both national and generally accepted international standards for the provision of highly qualified types of care.

Goals and Objectives

The Conference is aimed at developing approaches to improving the quality of professional education in mental health.

➢ Analysis of modern trends in the development of professional education in the field of mental health, with account of the relevance of interdisciplinary and intersectoral interaction between psychiatry, general medicine and related specialties, including non-medical ones.
➢ Discussion of possibilities and problems of the standardization of professional education in mental health.
➢ Discussion of problems and prospects of continuous medical education in combination with the educational process in related specialties, including the non-medical ones.
➢ Presentation of the best regional approaches to the organization and development of the professional education in mental health
Program

10.00 Opening Ceremony

Plenary session:
Professional Education in Mental Health: National and International Approaches

Co-Chaired by:
Prof. Helen Herrman, MD, President of the World Psychiatric Association (WPA), Professor of Psychiatry at Orygen, National Centre of Excellence in Youth Mental Health, and the Centre for Youth Mental Health at the University of Melbourne; Director of the WHO Collaborating Centre in Mental Health, Melbourne; and a member of the Lancet Commission on Global Mental Health 2015-2018 (Australia)

Prof. Zurab I. Kekelidze, MD, Director General of the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation, Chief Psychiatrist of the Ministry of Health of the Russian Federation, Vice-President of the Russian Society of Psychiatrists (Russia)

Dr. Afzal Javed, President-Elect of the World Psychiatric Association (WPA), Consultant Psychiatrist at Coventry & Warwickshire NHS Trust at Nuneaton, UK, Honorary Clinical Associate Teacher at Warwick Medical School, University of Warwick, UK, Chairman of Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan (UK and Pakistan)

Prof. Peter V. Morozov, Member of the WPA Standing Committee on Planning, Vice-President of the Russian Society of Psychiatrists, Ambassador of the European College of Neuropsychopharmacology in Russia, Member of the EPA Council, Professor of the Department for Advanced Medical Studies at the Pirogov Russian National Medical Research University (Russia)

Format: Presentation (15 min.) followed by discussion

Keynote speakers:

ICD-11 in Mental and Behavioural Disorders: Implications for Education and Training
Prof. Wolfgang Gaebel, MD, Professor, Director of the WHO Collaborating Centre on Quality Assurance and Empowerment in Mental Health, President of the European Scientific Association on Schizophrenia and other Psychoses (ESAS) (Germany)

New International Classification of Mental Disorders: Prospects of Introduction in Russia
Valery N. Krasnov, MD, Professor, Director of the State Moscow Research Institute of Psychiatry (Russia)

Professional Education Fundamental Principles in the Education in the Field of Mental Health
Prof. Alfrried Längle, MD, Ph.D, Dr.h.c.mult., President of the International Society for Logotherapy and Existential Analysis, Professor for Psychotherapy, Vienna (Austria)

Professional Education in Psychiatry and Related Specialties in Russia
Prof. Zurab I. Kekelidze, MD, Director General of the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation, Chief Psychiatrist of the Ministry of Health of the Russian Federation, Vice-President of the Russian Society of Psychiatrists (Russia)
Anthropological Psychiatry and Anthropology of Psychiatry in XXI Century
Dr. Josef Zislín, MD, private psychiatric practice, Jerusalem (Israel)

On the Need to Change Educational Programs in Psychiatry
Prof. Alexey E. Bobrov, MD, Professor of the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation, the Pirogov Russian National Research Medical University under the Ministry of Health of the Russian Federation (Russia)

The Unused Potential of Semiotic/Symbolic Research in Psychopathology: A New Key towards the Understanding of Mental Illness
Dr. Norbert Andersch, MD, MRCpsych, South London and Maudsley NHS Trust, King’s Health Partners, London (retired) (UK)

What the Psychiatrist does not Know and What to Teach Us?
Prof. Vladimir D. Mendelevich, MD, Director of the Institute for Mental Health Research, WHO-expert, Board member of the Russian Psychiatric Society, Head of the Department of Medical and General Psychology at the Kazan State Medical University (Russia)

About a New Model of Training for Young Scientists-Psychiatrists
Prof. Peter V. Morozov, Member of the WPA Standing Committee on Planning, Vice-President of the Russian Society of Psychiatrists, Ambassador of the European College of Neuropsychopharmacology in Russia, Member of the EPA Council, Professor of the Department for Advanced Medical Studies at the Pirogov Russian National Medical Research University (Russia)

12.00 Coffee-break & Networking (Seliger & Valday Halls)
Moscow Mental Health EXPO 2018 Showcase (Seliger & Valday halls)
IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase

12.30 Plenary session: Neurosciences in the System of Professional Education in the Field of Mental Health

Format: Presentation (15 min.) followed by discussion

Keynote speakers:

Approaches to the Objectification of the State of the Nervous System in Mental Pathologies
Prof. Tatiana P. Klyushnik, MD, Director of the Federal Mental Health Research Center (Russia)

Luria Neuropsychology and Adequate Interventions for Children, Adolescents and Adults
Prof. Janna M. Glozman, President of the International Society of Applied Neuropsychology (ISAN), Research Director of the Luria Research Center for Developmental Neuropsychology, Professor of the Faculty of Psychology at the Lomonosov Moscow State University (Russia)

Mental Health of the Family: Integration of Clinical, Psychological and Genetic Knowledge for Effective Practices
Prof. Elena V. Gutkevich, MD, Senior Researcher of the Department of Endogenous Disorders at the Tomsk National Research Medical Center of the Russian Academy of Sciences, the National Research Tomsk State University (Russia)

Modern Trends in Biomedical Research in Psychiatry
Dr. Anna Yu. Morozova, PhD (Medicine), Senior Researcher of the Department of Fundamental and Applied Neurobiology at the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)

A Fundamental Approach to the Processing of Data Obtained within the Framework of Psychometric Scales, with the Aim of Improving the Classification and Diagnosis of Mental Disorders
Dr. Vyacheslav G. Mitikhin, PhD (Physics, Mathematics), Leading Researcher of the Federal Mental Health Research Center (Russia)

14.00 Lunch & Networking (Seliger & Valday Halls)
Moscow Mental Health EXPO 2018 Showcase (Seliger & Valday Halls)
IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase

15.00 Plenary session: Innovative Models of Professional Education in Medical and Non-Medical Disciplines in the Field of Mental Health

Format: Presentation (10 min.) followed by discussion

Keynote speakers:

Inclusion as a Value Basis in the Training of Psychologists for a Modern School
Dr. Svetlana V. Alekhina, PhD (Psychology), Director of the Institute of Problems of Integrated (Inclusive) Education, Pro-Rector for Inclusive Education at the Moscow State University of Psychology and Education (Russia)

Actual Problems of the Psychological Competence of Medical Workers
Dr. Tatiana S. Buzina, PhD (Psychology), Chief Clinical Psychologist of the Ministry of Health of the Russian Federation in the Central Federal District, Head of the Department of General Psychology and Deputy Dean of the Faculty of Clinical Psychology at the Evdokimov Moscow State University of Medicine and Dentistry (Russia)
Valery N. Buzin, Director of the Department of Public Health and Communications at the Ministry of Health of the Russian Federation (Russia)

Education for Specialists in the Field of Psychology of Reproductive Health
Prof. Galina G. Filippova,Psy.D., Rector of the Institute of Perinatal and Reproductive Psychology (Russia)

The Institution of Personal Therapy in Contemporary Russian Professional Community
Ekaterina V. Makarova, Ph.D., candidate at the Sigmund Freud University (Vienna, Austria), MSc., psychoanalyst, Head of the Central Council Committee for Personal Therapy and Chairman of the International Section at the All-Russia Professional Psychotherapeutic League, Chairman of the Youth Section of the World Council for Psychotherapy (WCP) (Russia)
Teaching Addiction in a Multidisciplinary Context: the Fordo Swiss Model of Certificate of Advance Studies
Dr. Gabriel Thorens, MD, Geneva University Hospital, Geneve (Switzerland)

Interdisciplinary Learning Environment as a Necessary Basis for Continuous Professional Education in the Field of Mental Health
Prof. Marina Yu. Gorodnova, MD, Associate Professor and Professor of the Department of Child Psychiatry, Psychotherapy and Medical Psychology at the Mechnikov North-Western State Medical University under the Ministry of Health of the Russian Federation (Russia)

Modern Approaches to Integration in Professional Psychotherapy and the Resulting Models of Training of Psychotherapists
Prof. Alexander L. Katkov, MD, Professor, Rector of the International Institute of Social Psychotherapy, Vice-President of the Russian Professional Psychotherapeutic League (PPL), Head of the Department for Psychotherapy, Psychiatry, Clinical Psychology and Counseling at the National Scientific and Practical Center for Medical and Social Problems of Drug Abuse, official consultant and expert of UN ODC, Full member of ACUNS (Russia)

Mental Health of a Doctor and a Patient. Interdisciplinary Approach. Educational Programs.
Prof. Alexey B. Danilov, MD, Professor and CEO of the Association of Interdisciplinary Medicine, Head of the Institute of Interdisciplinary Medicine, Head of the Department of Nervous Diseases at the Sechenov First Moscow State Medical University under the Ministry of Health of the Russian Federation (Russia)

Brand-New Information Techniques and Integrated Spiritually Oriented Approach for Restoration and Support of Mental Health of the Individual, Family and Society in the Era of Postmodernism. The Concept of Education
Dr. Natalia V. Spokoinaya, Director of the International Institute of Systemic Constellations (IIS-Berlin), WCP and EAP Therapist, Master Trainer of the World Association of Business Constellators INFOSYON, German Society of Systemic Constellators (DGfS), Lecturer and Member of the Professional Psychotherapeutic League of Russia, Berlin (Germany)

Medical and Psychological Models of Psychotherapy: Common and Differences
Prof. Mikhail M. Reshetnikov, Psy.D., PhD (Medicine), Rector of the East-European Institute of Psychoanalysis, Honorary Professor of the Sigmund Freud Vienna University (Russia)

17.30 Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”
Introduction

Psychiatric aid is becoming of an increasingly complex nature. Simple control of psychopathological symptoms, mainly with the help of drug therapy cannot now be considered as fully satisfying the increased demands of psychiatric care consumers and the society. It is not only treatment of certain mental disorders in its classical sense that is demanded from psychiatry and psychiatrists, but also restoration of the individual's cognitive and emotional-volitional characteristics and abilities that were damaged or lost in the process of mental illness, his or her social adaptation and, if possible, full integration into society. Much attention is paid to the quality of life of people with mental disorders at all stages of the psychiatric aid they are provided with.

Psychosocial rehabilitation is one of the most dynamically developing areas of psychiatry. Most experts believe that rehabilitation principles should be applied at the stage of active treatment of a mental disorder. This is a single treatment and rehabilitation process for people suffering from mental disorders. The concept of a single treatment and rehabilitation process proceeds from the principles of interdisciplinary and intersectoral cooperation.

Goals and Objectives

Goal: To carry out a comprehensive analysis of education issues built on the concept of the unity of treatment and rehabilitation in mental health

Objectives:

➢ To analyze the concept of a single treatment and rehabilitation process in the field of mental health care.
➢ To discuss the content of professional education in the structure of a single treatment and rehabilitation process.
➢ To discuss the specifics of education for non-specialists in the structure of a single treatment and rehabilitation process.
10.00 Opening Ceremony

Plenary session “Professional Education in the Structure of a Single Treatment and Rehabilitation Process”

Co-Chaired by:
Prof. Murari Thyloth, MD, WAPR President, Professor and Head of the Department of Psychiatry, MS Ramaiah Medical College and Hospitals, Bangalore (India)
Prof. Yuri P. Zinchenko, Psy.D., President of the Russian Psychological Society, Dean of the Department of Psychology at the Lomonosov Moscow State University, Vice-President of the Russian Academy of Education, Chief Specialist in Medical Psychology at the Ministry of Health of the Russian Federation (Russia)
Dr. Ricardo Gualne, MD, Past Immediate President of the World Association for Psychosocial Rehabilitation, Hospital de Dia Madrid (WAPR) (Spain)
Dr. Oleg V. Limankin, MD, Vice-President of the Russian Society of Psychiatrists, Head Doctor of the St. Petersburg State Medical Institution "The Kashchenko Psychiatric Hospital №1", President of the Russian Association of Psychosocial Rehabilitation Centers (Russia)

Format: Presentation (15 min.) followed by discussion

Keynote speakers:

Long-term Course of Schizophrenia
Prof. Dr. Hans-Jürgen Möller, Dr. Dr. hc mult., Professor of the Department of Psychiatry at the Ludwig-Maximilians-University, München (Germany)

Problems of a Defect in Schizophrenia
Prof. Anatoly B. Smulevich, MD, Academician of the Russian Academy of Sciences, Head of the Clinic on Border Mental Pathology and Psychosomatic Disorders at the National Research Center for Mental Health, Head of the Department of Psychiatry and Psychosomatics at the Institute of Professional Education, Director of the Research and Educational Clinical Center for Psychosomatic Medicine at the Sechenov First Moscow State Medical University under the Ministry of Health of the Russian Federation, WHO expert on the border mental pathology (Russia)

Substantiation of Differential Approaches to the Development of Psychoeducational Programs for Schizophrenic Patients, Considering the Influence of Pathoplastic Factors on the Pathway on the Disease Trajectory
Prof. Alexandr G. Sofronov, MD, Corresponding Member of the Russian Academy of Sciences, Professor, Head Doctor of the Skvortsov-Stepanov St.Petersburg State City Psychiatric Hospital № 3, Head of the Department of Psychiatry at the Mechnikov Northwestern State Medical University, Chief Psychiatrist and Chief Narcologist of St. Petersburg (Russia)

The Use of Virtual Reality in the Treatment of Psychosis
Prof. Tom K J Craig, PhD, FRCPsych, Emeritus Professor of Social Psychiatry at the Institute of Psychiatry, Psychology and Neuroscience, King’s College, London, Immediate Past President WASP (UK)
The System of Advanced Training of Psychiatrists in the “Moscow Doctor” Program
Prof. Georgy P. Kostyuk, MD, Head Doctor of the Alekseev State Psychiatric Clinical Hospital № 1 under the Moscow City Health Department, Chief Psychiatrist of the Moscow City Health Department, Member of the Civic Chamber of the Russian Federation (Russia)

The Need for Standardized and Accredited Neurotransmitters Tests to Identify Early Development of Mental Disorders and Offer Patients Tailored Early Therapeutic Interventions
Dr. Edward Chan, FMAPsy., FMCBTA., FECARE., PMMSCM, D.Phil.(Psy), M.Sc.(Learning), Master (Nutritional Medicine), B.Sc.(Psy) (Hons), President of the Malaysian Association of Psychotherapy, Principal Consultant Psychologist of the International Psychology Centre (Malaysia)
Olessia Gorkovenko, PhD candidate (M Ed), Johannesburg (South Africa and Russia)

The Borderline Personality Disorders in General Medical Practice
Prof. Yury A. Alexandrovsky, MD. Corresponding Member of the Russian Academy of Sciences, Head of the Department of Borderline Psychiatry at the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)

Burnout and Secondary Traumatization
Prof. Solomon Tshimong Rataemane, MD, Professor, Secretary General of the World Association for Psychosocial Rehabilitation (WAPR), Head of the Department of Psychiatry at the Sefako Makgatho Health Sciences University, Chair of the WPA Section on Conflict Management and Conflict Resolution, Chair of the International Relations Division at the South African Society of Psychiatrists, Chairperson of the Ministerial Advisory Committee on Mental Health in South Africa (South Africa)

Training of Primary Care Physicians in Early Detection and Motivational Counseling of People with Drug Dependence
Prof. Andrey L. Igonin, MD, Head of the Department of Forensic Psychiatric Problems of Drug Addiction and Alcoholism at the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)
Prof. Tatiana V. Klimenko, MD, Director of the Research Institute of Narcology-the Branch of the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)

12.00 Coffee-break & Networking (Seliger & Valday Halls)
Moscow Mental Health EXPO 2018 Showcase (Seliger & Valday Halls)
IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase
12.30 Plenary session “Neurorehabilitation in the System of Medical Care and Professional Education”

Format: Presentation (15 min.) followed by discussion

Keynote speakers:

Innovations of the Modern Rehabilitation System: the Experience of the Pilot Project "Development of a Medical Rehabilitation System in the Russian Federation"
Prof. Yuri P. Zinchenko, Psy.D., President of the Russian Psychological Society, Dean of the Department of Psychology at the Lomonosov Moscow State University, Vice-President of the Russian Academy of Education, Chief Specialist in Medical Psychology at the Ministry of Health of the Russian Federation (Russia)

Prof. Mariya S. Kovyazina, Psy.D., Professor of the Department of Psychology at the Lomonosov Moscow State University, Senior Researcher of the Research Center of Neurology, Corresponding Member of the Russian Academy of Education (Russia)

Dr. Natalia A. Varako, PhD (Psychology), Senior Researcher of the Department of Psychology at the Lomonosov Moscow State University, Senior Researcher of the Research Center of Neurology (Russia)

Rehabilitation Integrated System for the Disabled People: Legal Bases
Dr. Elena V. Morozova, PhD (Psychology), Head of the Center for Social, Professional and Psychological Expert Diagnostics at the Federal State Bureau of Medical and Social Expertise under the Ministry of Labor and Social Protection of the Russian Federation (Russia)

Education for Specialists in the Field of Rehabilitation Neurotechnologies
Dr. Olga R. Dobrushina, PhD (Medicine), Director General of the International Institute of Psychosomatic Health, neurologist of the Federal Research Center of Neurology under the Russian Academy of Medical Sciences (Russia)

Neuropsychological Diagnostics in the Process of Neurorehabilitation
Prof. Yury V. Mikadze, Psy.D., Professor of the Department of Psychology at the Lomonosov Moscow State University, Professor of the Psychological and Social Department at the Pirogov Russian National Research Medical University (Russia)

Neuropsychological Predictors of the Success of Training in Neurorehabilitation
Guzel A. Aziatskaya, Department of Neurorehabilitation and Physiotherapy at the Federal State Scientific Center of Neurology under the Russian Academy of Medical Sciences

Roman Kh. Lyukmanov, Junior Researcher, Neurologist of the Federal Research Center of Neurology under the Russian Academy of Medical Sciences (Russia)

The British Model of Neuropsychological Rehabilitation: Case Study
Olga A. Glinik, medical psychologist
Dr. Yulia V. Zueva, PhD (Psychology), the Rehabilitation Center “Three Sisters” (Russia)

Psychological Correction of Patients with Spinal Trauma
Evgeniya V. Tschetinina, medical psychologists of the Rehabilitation Center “Three Sisters” (Russia)

14.00 Lunch & Networking (Seliger & Valday Halls)
Moscow Mental Health EXPO 2018 Showcase (Seliger & Valday Halls)
IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase

15.00 Plenary session: Interdisciplinary Approaches to Education in the Field of Psychosocial Rehabilitation

Format: Presentation (15 min.) followed by discussion

Keynote speakers:
Training for Hope: Redefining Graduate Clinical Counselling Training by Incorporating the Bio-Psycho-Social Model and the Recovery Concept in the Curriculum

Prof. Henry J. Venter, Ph.D., Professor of the National University of San Diego, California (USA)

Dr. Catharina Venter, PhD (SW), LCSW, Adjunct Faculty of the National University of San Diego, California (USA)

Model of Psychosocial Rehabilitation in Conditions of NGO: Fundamentals, Principles, Evaluation of Effectiveness

Dr. Valeriy A. Yastrebova, Ph.D. (Medicine), Research Fellow of the Psychiatric Services Department of the Federal Research Center for Mental Health, Project Coordinator of the Center for Socio-Psychological and Informational Support "The Family and Mental Health" (Russia)

The System of Rehabilitation for Patients with Severe Mental Disorders under the Inpatient and Outpatient Psychiatric Care

Dr. Olga V. Rychkova, Psy.D., Leading Researcher of the Laboratory of Clinical Psychology and Psychotherapy at the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)

Alexandr V. Palin, Head of the Medical and Rehabilitation Department at the Gannushkin Psychiatric Hospital (Russia)

Reforming the Rehabilitation Services and Building the Interdisciplinary Team in the Psychoneurological Care Home № 22 (Moscow): a Case Study

Marliya E. Sisnyeva, psychologist and lawyer, member of the Interdepartmental Working Group on the Reform of Psychoneurological Care Homes under the Ministry of Labor and Social Protection of the Russian Federation (Russia)

Psychosocial Functioning and Rehabilitation for Families of Persons with Mental Disorders

Dr. Valentina F. Lebedeva, MD, Head Doctor of the Clinic at the Tomsk Research Institute for Mental Health at the Tomsk National Research Medical Center under the Russian Academy of Sciences

Prof. Elena V. Gutkevich, MD, Professor and Senior Researcher of the Department of Endogenous Disorders at the Tomsk National Research Medical Center under the Russian Academy of Sciences, the National Research Tomsk State University

Dr. Alla A. Ivanova, PhD (Psychology), clinical psychologist of the Tomsk Research Institute for Mental Health at the Tomsk National Research Medical Center under the Russian Academy of Sciences, Associate Professor of the Department of Behavioral Medicine and Management at the Siberian State Medical University

Galina A. Vilke, social worker of the Tomsk Research Institute for Mental Health at the Tomsk National Research Medical Center under the Russian Academy of Sciences (Russia)

Psychoeducation in the System of Clinical and Psychological Rehabilitation

Dr. Elena I. Rasskazova, PhD (Psychology), Associate Professor of the Psychology Faculty at the Lomonosov State Moscow University (Russia)

Psychoeducation in Clinical Psychotherapy

Dr. Lyudmila V. Makhnovskaya, PhD (Medicine), Assistant of the Department of Psychotherapy and Sexology at the Russian State Medical Academy of Continuous
Difficulties in Teaching Children with Cochlear Implants
Dr. Mariya E. Baulina, PhD (Psychology), Moscow Institute of Psychoanalysis (Russia)

Psychotherapy In Somatic Medicine. Psychotherapy of Pain. Educational Modules for Medical Doctors
Dr. Zlata B. Polozhaya, PhD (Medicine), Head of the Department of Psychotherapy at the Institute of Interdisciplinary Medicine, Head of the Department of Innovative Medical Technologies at the Institute of Interdisciplinary Medicine, Full member of the OPPL, Deputy Chairman of the Academic Council for Psychotherapy at the National Association for Development of Psychotherapeutic and Psychological Science and Practice (Russia)

17.30
Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”
Introduction

The mental health of children and adolescents is a crucial indicator of the wellbeing of the state, the nation’s spiritual and moral development, and its future social and economic status. The children’s and adolescents’ health agenda is becoming especially important due to the swift pace of life, enormous information loads, and the current global economic and political crisis.

Since the moment of birth, children should be able to enjoy the environment required for fulfilling their potential at each stage of their development. This entails awakening a child's interest in learning about the surrounding world. In this regard, education stands out as a determining factor required for the development, wellbeing and mental health of the growing generation.

The need for raising awareness about mental health issues and training can only be tackled at an inter-disciplinary level, with inter-agency and inter-sector coordination, involving both professionals and non-professionals, volunteers and NGOs. This level of collaboration and work at the interfaces will inevitably put the need for training and skills development at top of the list of the re-organization of mental health services for children and adolescents.

Goals and Objectives

Goals:
➢ Tackling stigma and improving attitudes to mental illness;
➢ Developing comprehensive approaches to improving knowledge and skills of mental health disorders in professional groups;
➢ Promoting mental health values among children and adolescents.

Objectives:
▪ To set up a platform for sharing experiences in developing educational policy in the field of mental health care for children and adolescents;
▪ To present the evidence base of the best relevant academic and practical achievements in the fields of prevention of mental disorders and promotion of mental health values among children and adolescents;
▪ To develop guidelines for improved training in child and adolescent mental health services.

Organized by: Co-sponsored by:

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10.00 Opening Ceremony
Welcome Addresses:
Tatiana Yu. Sinyugina, Deputy Minister of Education of the Russian Federation
Prof. Nikolay V. Govorin, Deputy Chairman of the Committee on Health of the State Duma of the Russian Federation, Chairman of the Expert Council on Demographic Policy at the State Duma of the Russian Federation, MD, Professor, Honored Doctor of the Russian Federation

Plenary Session: Public Policy on Child and Adolescent Mental Disorders Prevention and Promotion of Mental Health Values in the Educational Setting

Chaired by:
Prof. Nikolay V. Govorin, Deputy Chairman of the Committee on Health of the State Duma of the Russian Federation, Chairman of the Expert Council on Demographic Policy at the State Duma of the Russian Federation, MD, Professor, Honored Doctor of the Russian Federation

Dr. Gordana Milavić, MD., F.R.C.Psych., Consultant Child and Adolescent Psychiatrist of the Maudsley Hospital, London, member of the Psychiatry Council of the Royal Society of Medicine in the UK (Serbia & UK)

Prof. Vitaliy V. Rubtsov, Psy.D., Rector of the Moscow State University of Psychology and Education (MSUPE), President of the Federation of Psychologists in Education of Russia (Russia)

Format: Presentation (15 min.) followed by discussion

Keynote speeches:

Psychology of Education for the Children Good
Prof. Vitaliy V. Rubtsov, Psy.D., Rector of the Moscow State University of Psychology and Education, President of the Federation of Psychologists in Education of Russia (Russia)

State Regulation of the Education System in the Field of Child and Adolescent Mental Health in Russia
Larissa P. Falkovskaya, Deputy Director of the Department of Public Policy on Children Rights Protection under the Ministry of Education of the Russian Federation

Child, Adolescent and Young Adult Mental Health in the Modern Society
Prof. Alla B. Kholmogorova, Psy.D., Head of the Clinical Psychology and Psychotherapy Laboratory at the Moscow State Research Institute of Psychiatry-branch of the Serbsky Federal Medical Research Center for Psychiatry and Narco1ogy under the Ministry of Health of the Russian Federation, Dean of the Advisory and Clinical Psychology Department at the Moscow State University of Psychology and Education (Russia)

Education for Development of Mental Health Saving Functions in Childhood
Prof. Joaquim Quintino-Aires, Founder and Director of the Vygotsky Institute, PhD, Professor of Psychotherapy and Neuropsychology (Portugal)

Mental Health Prevention in Primary Schools
Dr. Gordana Milavić, MD., F.R.C.Psych., Consultant Child and Adolescent Psychiatrist of the Maudsley Hospital, London, member of the Psychiatry Council of the Royal Society of Medicine in the UK (Serbia & UK)

Relationships Among Parents and Children: Training Approach
Prof. Mohammad Khodayarifard, Professor of Child Clinical Psychology of the Faculty of Psychology and Education at the University of Tehran, Vice president of the World Council for Psychotherapy (WCP) (Iran)

Digital Childhood: Cultural and Historical Perspectives
Prof. Galina U. Soldatova, Psy.D., Professor of the Department on Personality Psychology at the Lomonosov Moscow State University, Corresponding member of Russian Academy of Education, Director of the Foundation on Internet Development (Russia)

Opera at School -a View from behind the Scenes
Yury I. Semyenov, Deputy Minister of Education of the Republic of Sakha (Yakutia) (Russia)

12.00 Coffee Break & Networking
The Moscow Mental Health EXPO 2018 showcase
The IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs showcase

12.30 Plenary Session: Mental Health Disorders in Children and Adolescents: Educational Approaches for Prevention and Treatment

Format: Presentation with (15 min.) followed by discussion

Keynote speeches:

The Tasks of the Psychotherapists with Preterms
Dr. Emilia Afrange, President of Latin American Federation of Psychotherapy, Vice President of Brazilian Association of Psychotherapy, Institutional Relations Director of Mamãe NGO, Representative in FENPB-Forum of Brazilian Entities of Psychology, Affiliated member of the Institute of Psychoanalysis Durval Marcondes in the SBPSP (Brazil)

Bullying and Psychiatric Disorders
Prof. Bennett L. Leventhal, MD, Professor of Psychiatry, Deputy Director of Child and Adolescent Psychiatry and Deputy Director of the STAR Center for Autism Spectrum and Neurodevelopmental Disorders at the University of California, San Francisco, the Irving B. Harris Professor Emeritus of Child and Adolescent Psychiatry at the University of Chicago, Adjunct Professor of Psychiatry at Yonsei University in South Korea (USA)

Inclusive Education and Developmental Disorders
Prof. Milica Pejovic Milovančević, MD, PhD, Associate Professor of Psychiatry of the School of Medicine at the University of Belgrade, Head of Clinic for Children and Adolescents and Head of the Clinical Department for Child and Adolescent Psychiatry
at the Institute of Mental Health, Board member of European Society for Child and Adolescent Psychiatry (ESCAP), General Secretary of the Serbian Association for Child and Adolescent Psychiatry and Allied Professionals (DEAPS) (Serbia)

**Obsessive Compulsive Disorders and Body Dysmorphic Disorders**

**Dr. Bruce Clark**, BSc (Hons) MB ChB (Edin) MRCPsych, Consultant Child and Adolescent Psychiatrist and Clinical Director for the Child and Adolescent Mental Health Clinical Academic Group at the South London and Maudsley Hospital Foundation Trust, Honorary Researcher at the Institute of Psychiatry, Psychology and Neuroscience (UK)

**Modern Approaches to the Identification of Risk Factors for Endogenous Psychosis In Childhood and Adolescence**

**Prof. Vasily G. Kaleda**, MD, Deputy Director of the National Center for Mental Health under the Russia Academy of Medical Sciences (Russia)
**Dr. Mariya A. Omelchenko**, PhD (Medicine) of the National Center for Mental Health under the Russia Academy of Medical Sciences (Russia)

**Creation of Zones of Proximal Development in the Teaching of Basic Concepts of Astronomy to Mentally Handicapped Children**

**Dr. Alexander Cooper**, BA, MD, CCFP Clinical Professor of the Faculty of Medicine at the Laval University, Quebec City (Canada)
**Prof. Sylvie Barma**, Full Professor of Science Education of the Faculty of Education at the Laval University, Quebec City (Canada)

14.00 **Lunch & Networking**

The Moscow Mental Health EXPO 2018 showcase
The IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs showcase

15.00 **Plenary Session: Educational Methods for the Promotion the Mental Health Values among Children and Adolescents**

*Format:* Presentation (10 min.) followed by discussion

**Keynote speeches:**

**Social Adaptation of Children and Adolescents with Mental Disorders: Approaches towards Individual Education**

**Prof. Natalia A. Mazaeva**, MD, Chair of the Clinical Department for Adolescent Psychiatry at the National Center for Mental Health under the Russia Academy of Medical Sciences (Russia)
**Dr. Alla G. Golovina**, MD, Leading Researcher of the National Center for Mental Health under the Russia Academy of Medical Sciences (Russia)
**Dr. Olga P. Shmakova**, PhD (Medicine), psychiatrist of the District Office for Children Care of the Alekseev Psychiatric Clinical Hospital № 1 under the Moscow Health Department (Russia)

**Families and Adolescent Mental Health**

**Dr. Marina A. Bebchuk**, PhD (Medicine), Chief Doctor at the Sukharev Federal Center for Child and Adolescent Mental Health (Russia)

**Mental Health Services for Students Who are In Third Level Education**
Dr. Richard Wynne, Director of the Work Research Centre, Coordinator of the European Network for Mental Health Promotion (Ireland)

Prevention of Addictions in Children and Adolescents
Prof. Natalia A. Sirot, MD, Head of the Department for Clinical Psychology at the Evdokimov Moscow State Medical University under the Ministry of Health of the Russian Federation (Russia)

Re-building Dimensions on a Violent Mind: The Inner Struggle Human Reality
Prof. Alceu Casseb, MD. PhD., Professor of Medical Psychology and Patient Physician Relationship at the Premature Outpatient Clinic of the Federal University of São Paulo (UNIFESP) and the State University of Campinas (UNICAMP) (Brazil)

Bullying Prevention at School
Dr. Svetlana V. Volikova, PhD (Psychology), Leading Researcher of the Laboratory on Psychological Consulting and Psychotherapy at the Moscow Research Institute of Psychiatry-branch of the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)

Mental Health and Early Intervention for Children Living in the Environment of Social and Emotional Deprivation
Prof. Rifkat Zh. Mukhamedrahimov, Psy.D, Head of the Department of Mental Health and Early Support for Children and Parents at the Saint-Petersburg State University (Russia)

School Theatre Impact on Children and Adolescents Development and Socialization
Prof. Alexander Busse, Professor of the Université Laval, Quebec City (Canada)

Prevention of Adolescent Suicidal Behavior in the Education System of the Russian Federation
Dr. Olga I. Efimova, PhD (Psychology), Associate Professor, Senior Researcher of the Federal State Research Center on Protection of Children’s Rights under the Ministry of Education of the Russian Federation (Russia)

Prevention of Self-Mutilation in Adolescents
Dr. Natalia A. Polskaya, Psy.D, PhD (Philosophy), Professor of the Chair of Clinical Psychology and Psychotherapy at the Moscow State University of Psychology and Education (Russia)

Psychological Risk Factors for Adolescent Suicidal Behavior in Educational Settings: Results of the Screening Assessment
Dr. Olesya V. Vikhristyuk, PhD (Psychology), Head of the Emergency Psychological Assistance Center at the Moscow State University of Psychology and Education (Russia)

Dr. Gennady S. Bannikov, PhD (Medicine), Head of the Laboratory “Scientific and Methodological Support of Emergency Psychological Assistance” at the Moscow State University of Psychology and Education, Senior Researcher of the Department on Suicidology at the Serbsky Federal Medical Research Center for Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)

Study of Psychological Consequences of Sexual Violence in Children and Adolescents as a Basis for Preventive Activities
Prof. Elena G. Dozortseva, Psy.D, Head of the Laboratory on Child and Adolescent Psychology at the Serbsky National Medical Research Center on Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)

Elena V. Nutskova, Researcher of the Serbsky National Medical Research Center on Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)

Educator in Mental Health Education: What is Needed?
Dr. Natalia V. Bryukhantseva, PhD (Philosophy), Head of the Educational Society of Russia-Tomsk office
Larisa V. Aleeva, Director of the Nursery school № 13, Tomsk (Russia)

17.30 Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”
Introduction

The full life of each child requires the creation of a whole range of conditions necessary for the comprehensive realization his or her development potential at every stage of life. Education has traditionally played a central role in this context. It does not only contribute to the personal and professional growth of each individual, acting as a crucial means for transferring knowledge and practical skills necessary for the formation of certain psychological features and abilities that help to adapt to the dynamic nature of the modern world, but it also globally determines the individual's vital significance, prosperity and success in the present and future. For children with mental development disorders, including autism spectrum disorders, education is even more important, since in this case, in addition to its main task, it carries out therapeutic and psycho-orthopedic and rehabilitation functions. The clinical and individual psychological specificity of various mental development disorders determines the specifics of the educational strategy and tactics in relation to each child, as well as a number of accompanying problems that require consistent solution throughout the human life cycle.

Goals and Objectives

Goal: To carry out a comprehensive analysis of educational aspects of autism within the concept of human life cycle

Objectives:

- To discuss the diagnosis and treatment of ASD in the context of professional education
- To present the best regional practices in the field of social inclusion of people with ASD
- To prepare recommendations for improving the quality of education and training for specialists and non-specialists including family members and caring people delivering services for people with ASD
- To prepare recommendations for improving the quality of public awareness of autism problems.
10.00 Opening Ceremony
   Welcome Address:
   Tatiana Yu. Sinyugina, Deputy Minister of Education of the Russian Federation

   Opening Speech:
   Supporting Special Educational Needs in Autism Spectrum Disorder
   Prof. Joaquin Fuentes, MD, Head of Child and Adolescent Psychiatry, Policínica Gipuzkoa, Donostia, San Sebastián, Counselor of its Executive Committee of the International Association of Child & Adolescent Psychiatry (Spain)

10.30 Plenary session: Well-Being of People with ASD Throughout the Human Life Cycle: The Role of Education and Training

   Format: Presentation (15 minutes) followed by discussion

   Co-Chaired by:
   Zsuzsanna Szilvasy, President of the Autism Europe (Hungary)
   Dr. Artur V. Khaustov, PhD (Pedagogical Sciences), Director of the Federal Resource Center for the Integrated Support for Children with ASD under the Moscow State University of Psychology and Education, Editor-in-Chief of the journal "Autism and Developmental Disorders" (Russia)
   Igor L. Shpitsberg, Head of the Non-Governmental Center for Rehabilitation of the Disabled Since Childhood "Our Sunny World", Board member of the Autism Europe (Russia)

   Format: Presentation (15 min.) followed by discussion

   Keynote Speakers:

   Exact numbers? Why the number of ASD diagnosis are increasing rapidly and how it will influence the educational and other services?
   Zsuzsanna Szilvasy, President of the Autism Europe (Hungary)

   Development of the Care System for Children with ASD in the Russian Federation
   Dr. Artur V. Khaustov, PhD (Pedagogical Sciences), Director of the Federal Resource Center for the Integrated Support for Children with ASD under the Moscow State University of Psychology and Education, Editor-in-Chief of the journal "Autism and Developmental Disorders" (Russia)

   From Early Childhood Education to Interdisciplinary Family-Focused Early Childhood Intervention in Hungary- Intersectoral Cooperation with Focus on Autism Spectrum Disorder
   Barbara Czcelzel, Ministerial Commissioner responsible for early intervention services in Hungary, Director of the Early Intervention Center, Budapest (Hungary)

   The Concept of Continuous Support for People with ASD
   Igor Shpitsberg, Head of the Non-Governmental Center for Rehabilitation of the Disabled Since Childhood "Our Sunny World", Board member of the Autism Europe, (Russia)
Continuous Support for People with ASD in the Khanty-Mansiysk Autonomous Okrug-Yugra
Yana V. Kachalskaya, Chief Specialist-Psychiatrist of the Khanty-Mansiysk Autonomous Okrug-Yugra, Head Doctor of the Khanty-Mansiysk Autonomous Okrug-Yugra Clinical Neuropsychiatric Hospital (Russia)

Early Neurocognitive Development of Children with Family Risk of Autism
Dr. Sergey Yu. Kiselyev, PhD (Psychology), Head of the Department on Clinical Psychology and Psychophysiology, Head of the Laboratory of Brain and Neurocognitive Development of the Faculty of Psychology at the Ural Federal University (Russia)

12.00 Coffee Break and Networking
The Moscow Mental Health EXPO 2018 showcase
The IV All-Russia Festival of Rehabilitation Programs for People with Special Mental Health Needs Showcase

12.30 Plenary session: ASD Detection and Treatment in the Context of Professional Education

Format: Presentation (15 minutes) followed by a discussion

Keynote Speakers:

Multidisciplinary Approaches to Assisting People with ASD in Childhood and Adolescence
Dr. Natalia V. Simashkova, MD, Head of the Child Psychiatry Clinic at the of the Federal State Research Center for Mental Health, Chief Specialist on Child Health of the Ministry of Health of the Russian Federation in the Central Federal District of the Russian Federation, member of the interdepartmental Working group on complex medical, social, psychological and pedagogical assistance to people with ASD at the Ministry of Health of Russia (Russia)

Prof. Tatiana P. Klyushnik, MD, Director of the Federal State Research Center for Mental Health (Russia)

Alexey A. Koval-Zaitsev, Senior Lecturer of the Neuro- and Pathopsychology Department of the Faculty of Clinical and Special Psychology at the Moscow City Psychological and Pedagogical University, Researcher of the Department of Medical Psychology of the Federal State Research Center for Mental Health (Russia)

Toddler Screening for Autism Spectrum Disorder
Dr. Natasha N. Ludwig, Ph.D., Pediatric Neuropsychology Fellow Kennedy Krieger Institute Johns Hopkins University School of Medicine (USA)

Study of Autism Biomarkers
Prof. Tatiana A. Stroganova, Doctor of Biology, Head of the Center for Neurocognitive Studies, Professor of the Department of Differential Psychology and Psychophysiology at the Faculty of Clinical and Special Psychology of the Moscow State University of Psychology and Education (Russia)

Psychological Systematics of Autism Spectrum Disorders and Specific Areas of Care
Dr. Natalia Ya. Semago, PhD (Psychology), Senior Researcher of the Institute for Inclusive Education at the Moscow State University of Psychology and Education, Leading Researcher of the Laboratory for Psychological Problems of Children with
Adaptation Problems at the Moscow State University of Psychology and Education (Russia)

**Differential Approaches to ASD Detection in Childhood**

**Dr. Elena A. Chereneva**, PhD (Pedagogical Sciences), Associate Professor of the Federal State-Funded Educational Institution of Higher Professional Education "V. Astafiev Krasnoyarsk State Pedagogical University", Director of the International Autism Institute (Russia)

**Music Therapy for People with ASD**

**Aksana Kavaliova-Moussi**, MMT, BMT, BA, Credentialed Music Therapist (MTA), Neurologic Music Therapist-Fellow, member of the Education and Training Committee of the World Federation of Music Therapy (WFMT) (Canada)

14.00 Lunch & Networking

*The Moscow Mental Health EXPO 2018 showcase*

*The IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs showcase*

15.00 Plenary session: Psychosocial Rehabilitation and Social Inclusion for People with ASD Throughout the Human Life Cycle

*Format: Presentation (10 minutes) followed by a discussion*

**Keynote Speakers:**

**Social Inclusion Practices for Children with ASD**

**Elizaveta B. Fokina**, Director-General of the State Historical, Architectural, Art and Landscape Museum-Reserve "Tsaritsyno" under the City of Moscow (Russia)

**Early Care for Children with Risk of ASD**

**Larisa V. Samarina**, Director of the St. Petersburg Institute for Early Intervention, Chairman of the Expert Council at the Association of Professional Community and NGOs Uniting Parents for the Early Care Development (Russia)

**Preschool Education for Children with ASD**

**Dr. Sergey Morozov**, PhD (Biological Sciences), Chairman of the Regional Charity Organization "Society for Helping Autistic Children "For the Good", Leading Researcher of the Federal Institute for the Development of Education, Member of the Interdepartmental Working group on assistance to persons with ASD acting under auspices of the Vice Premier of the Russian Federation (Russia)

**Corrective Work with Autistic Children Based on Applied Behavior Analysis: Theory and Practice**

Yulia M. Erts-Naftulieva, MA, BCBA, Certified Behavioral Analyst at the Non-Governmental Center for Rehabilitation of the Disabled "Our Sunny World" (Russia)

**DIR Concept in Work with Children with ASD**

**Elena S. Gomozova**, special needs expert, expert and teacher DIR/Floortime, certified specialist in alternative communication (PECS, MAKATON), Director of the Correction and Development Center "Rechetsvetik" (Russia)
Education System for Children with Autism in an Inclusive School: Successes and Risks

Dr. Tatiana Yu. Khotyleva, PhD (Pedagogical Sciences), Leading Researcher of the Research and Methodical Laboratory "Problems of Learning Difficulties and ADHD" at the State Educational Institution of the City of Moscow "Gymnasium No. 1540" (Russia)

Sofia A. Rozenblyum, Head of the Psychological and Pedagogical Support Service, Coordinator of Inclusive Education at the State Educational Institution of the City of Moscow "Gymnasium No. 1540" (Russia)

Forms of Preschool Education in an Inclusive Environment

Elena I. Tsyrulnikova, Head of the Department "Our Home" at the State Funded Educational Institution of the City of Moscow "School No. 1206 with In-depth Study of English" (Russia)

Vocational Training for Adults with ASD

Olga O. Volkova, Deputy Director of the State Funded Professional Educational Institution of the City of Moscow "Technological Vocational School No. 21", Head of the Center for Social Adaptation and Vocational Training for Young Adults with ASD, Project Coordinator of the Regional Charity Organization "Center for Curative Pedagogy" (Russia)

Speech Status in Diagnosis and after Intervention: Screening Results

Dr. Olga Azova, PhD (Psychology), Director of the "Logomed Prognoz" Medical Center (Russia)

17.30 Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”
**Introduction**

According to WHO, although age is the only most important risk factor for developing dementia, it is not a natural or inevitable consequence of aging. The research conducted in a number of countries shows a significant gap between the need for the prevention and treatment of dementia, patient care and the satisfaction of these needs. Thus, the prevention of dementia, as well as its detection at an early stage, when a set of preventive measures can prolong the period of active lifestyle and independent life, are not used effectively enough in countries with a high prevalence of the disease. This is due, inter alia, to the lack of programs aimed at informing the public about the problem; to the insufficient use of methods for the early diagnosis of dementia, available to primary healthcare specialists, social workers and volunteers. Low awareness of dementia and understanding of its characteristics leads to stigmatization and impedes the provision of appropriate aid, while there is evidence that protective factors regarding the development of dementia can reduce the risk of cognitive impairment.

**Goals and Objectives**

**Goal:** To improve the quality of the information and educational environment in the fields of dementia prevention and treatment, and of rehabilitation and care for people with dementia based on the best international experience.

**Objectives:**
- To discuss modern approaches to the prevention of dementia in regional practices
- To prepare recommendations for improving the quality of therapeutic, rehabilitation services for people with dementia
- To prepare recommendations for development of a system of interdisciplinary and intersectoral links between the healthcare and the social protection systems, as well as non-profit organizations, volunteers, family members and society as a whole in order to ensure the quality of life and health of the elderly.
10.00 Opening Ceremony

Plenary Session: Dementia and Education: Medical, Social, Economic and Legal Approaches

Co-Chaired by:
Prof. Olga N. Tkacheva, MD, Director of the Russian Gerontologic Research and Clinical Center at the Pirogov Russian Federal State Medical University under the Ministry of Health of the Russian Federation, Chief Geriatrician of the Ministry of Health of the Russian Federation, President of the All-Russia Association of Gerontologists and Geriatricians (Russia)

Prof. Mario Barbagallo, MD, PhD, Chairman of the Clinical Section of the International Association of Gerontology and Geriatrics-European Region (IAGG-ER), Professor of Geriatrics and Director of the Geriatric Unit at the University Hospital of Palermo, Director of the Post-graduate program in Geriatrics at the University of Palermo (Italy)

Format: Presentation (15 min.) followed by discussion

Keynote speeches:
Geriatric System Development: Preliminary Results and Prospects
Prof. Olga N. Tkacheva, MD, Director of the Russian Gerontologic Research and Clinical Center at the Pirogov Russian Federal State Medical University under the Ministry of Health of the Russian Federation, Chief Geriatrician of the Ministry of Health of the Russian Federation, President of the All-Russian Association of Gerontologists and Geriatricians (Russia)

Society, Education and Dementia
Prof. Kirill I. Protshaev, MD, Director of the Autonomous Nonprofit Organization "Scientific Research Medical Center "Gerontology", Professor of the Department of Therapy, Geriatrics and Anti-Aging Medicine at the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency (Russia)

Dementia in the Modern Society: New Challenges and Potential Solutions
Prof. Svetlana I. Gavrilova, MD, Head of the Geriatric Psychiatry Department at the Federal State Research Center for Mental Health under the Russian Academy of Medical Sciences (Russia)

Planning and Implementing Dementia Care Policies: Malta's Experience
Dr. Marvin Formosa, PhD, Senior Lecturer and Head of the Department of Gerontology at the Faculty for Social Wellbeing of the University of Malta, Chairperson of the National Commission for Active Ageing, Director of the University of the Third Age, Director of the International Institute on Ageing, United Nations - Malta (INIA) (Malta)

Towards a National Strategy in Psychogeriatric in Romania
Dr. Gabriel - Ioan Prada, MD, PhD, Chair of Geriatrics and Gerontology "Ana Aslan" of the National Institute of Gerontology and Geriatrics Faculty of Medicine "Carol Davila" at the University of Medicine and Pharmacy, Bucharest (Romania)
General Practitioner and His Office as a Headquarter of Dementia Timely Diagnostics: the Pilot Study in Southern Moravia Region
Prof. Hana Matejovska Kubesova, MD, PhD, Head of the Department of Internal Medicine, Geriatrics and General Practice at the Teaching Hospital Brno, Professor of Internal Medicine–Geriatrics at the Masaryk University, Medical Faculty, Brno (Czech Republic)
Dr. Marie Hermanova, PhD, General Manager at the Curatio Education (Czech Republic)
Jiri Herman, Financial Director at the Curatio Education (Czech Republic)

Training Students on Dementia in Geriatrics
Dr. Svetlana V. Bulgakova, MD, Chair of the Department of Geriatrics and Ageing Endocrinology at the Samara State Medical University (Russia)

The Cognitive Basis for Social Adaptation and Development in Elderly and Senior Age
Prof. Elena A. Sergienko, Psy.D, Chief Researcher of the Federal State Institute of Psychology under the Russian Academy of Sciences (Russia)

12.00 Coffee Break & Networking
The Moscow Mental Health EXPO 2018 showcase
The IV All-Russia Festival of Rehabilitation Programs for People with Special Mental Health Needs showcase

12.30 Plenary Session: Prevention of Dementia and Detection at an Early Stage: Modern Strategies

Format: Presentation (15 min.) followed by discussion

Co-Chaired by:
- Prof. Andrey Ilnitsky, MD, Chairman of the Belarus Republican Gerontological Public Association, Head of the Department of Therapy, Geriatrics and Anti-Aging Medicine at the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency, Moscow (Russia), IAGG Council member (Republic of Belarus)

Dr. Marvin Formosa, PhD, Senior Lecturer and Head of the Department of Gerontology at the Faculty for Social Wellbeing at the University of Malta, Chairperson of the National Commission for Active Ageing, Director of the University of the Third Age, Director of the International Institute on Ageing, United Nations - Malta (INIA) (Malta)

Keynote speeches:

Organization of the Medical Care for People with Cognitive Disorders in Russia
Dr. Elen A. Mkhitaryan, PhD (Medicine), Head of the Laboratory on Neurogeriatrics and Cognitive Impairment at the Russian Gerontologic Research and Clinical Center at the Pirogov Russian Federal State Medical University under the Ministry of Health of the Russian Federation (Russia)

Dietary Approaches and Supplements in the Prevention of Cognitive Decline and Alzheimer's Disease
Prof. Mario Barbagallo, MD, PhD, Chairman of the Clinical Section of the International Association of Gerontology and Geriatrics-European Region (IAGG-ER), Professor of Geriatrics and Director of the Geriatric Unit at the University Hospital of Palermo, Director Post-graduate program in Geriatrics at the University of Palermo (Italy)
Life Activity: How to Increase Resources
Prof. Vladimir Kh. Khavinson, MD, Director of the Saint-Petersburg Institute of Bioregulation and Gerontology, Vice-President of the Gerontological Society under the Russian Academy of Sciences, Corresponding Member of the Russian Academy of Sciences (Russia)

Brain Ageing: Nutrition for Keeping Cognitive Functions
Prof. Ulduz Hashimova, MD., Ph.D (Anthropology), Doctor of Science (Genetics), Professor of Physiology, Director of the Institute of Physiology of the Azerbaijan National Academy of Sciences, Co-founder and Head of the Azerbaijan Society of Gerontologists, Head of the Azerbaijan Society of Physiologists, Vice-President of the Euroasian Association of Gerontology, Geriatrics and Anti-Ageing Medicine, Honorary member of the Georgian Ivane Beritashvili Society of Physiologists, member of the Azerbaijan National "Bioethics, Science, and Technological Ethics" Committee under UNESCO, Holder of Diploma and Medal of Azerbaijan "BILIK" (Knowledge) Society, Fellow of the European-Mediterranean Academy of Arts and Sciences, Member of the Special Science Communication (SHARE) Committee of the Association of Academies and Societies of Sciences in Asia (AASSA) (Azerbaijan)

Persistence of Memory and Cognitive Functions: Research in Central Russia
Prof. Elena D. Golovanova, MD, Head of the Department of General Medical Practice with the Course of Polyclinic Therapy at the Smolensk State Medical University under the Ministry of Science and Higher Education of the Russian Federation (Russia)

Geriatric Offices and Their Effectiveness in Early Detection of Dementia
Dr. Olga V. Tatarinova, MD, Chief Specialist-Geriatrician of the Ministry of Health of the Republic of Sakha (Yakutia), Head of the Yakutia Regional Branch of the Gerontological Society at the Russian Academy of Sciences, Deputy Head Doctor of the Republican Hospital No 2 – the Center of Emergency Medical Care at the Yakutsk Research Center of Complex Medical Problems under the Russian Academy of Medical Sciences (Russia)

14.00 Lunch & Networking
The Moscow Mental Health EXPO 2018 showcase
The IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs showcase

15.00 Plenary Session: Geriatric Services for People with Ageing Disorders and Dementia

Format: Presentation (15 min.) followed by discussion

Co-Chaired by:
Prof. Hana Matejovska Kubesova, MD, PhD, Head of Department of Internal Medicine, Geriatrics and General Practice, Teaching Hospital Brno, Professor of Internal Medicine–Geriatrics at the Masaryk University, Medical Faculty, Brno (Czech Republic)
Prof. Kirill I. Protshaev, MD, Director of the Autonomous Nonprofit Organization "Scientific Research Medical Center "Gerontology", Professor of the Department of Therapy, Geriatrics and Anti-Aging Medicine at the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency (Russia)

Keynote speeches:
Social and Medical Rehabilitation for People with Dementia in Care Homes for Elderly
Prof. Andrey Ilnitsky, MD, Chairman of the Belarus Republican Gerontological Public Association, Head of the Department of Therapy, Geriatrics and Anti-Aging Medicine of the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency, Moscow (Russia), IAGG Council member (Republic of Belarus)

Music Therapy as an Integrated Method of Psycho-Emotional and Cognitive Support in Multidisciplinary ALS Care
Alisa Apreleva-Kolomeitseva, MT-BC, NMT, PHD Researcher at Anglia Ruskin University, Cambridge, UK, President of Association of Music Therapy (Russia and US)

Inclusive Classes with Elements of Adaptive Sports for the Elderly
Dr. Elena B. Ladygina, PhD (Pedagogical Sciences), Associate Professor, Head of the Faculty on Special Training at the Institute of Adaptive Sports in the Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg
Prof. Olga E. Evseeva, PhD (Pedagogical Sciences), Director of the Institute of Adaptive Sports at the Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg
Boris A. Ladygin, Head of the Center for Scientific and Recreational Technologies "100 PLUS" (Russia)

Training for Social Workers in Basis Gerontology: What They Need to Know
Prof. Svetlana G. Gorelik, MD, Professor of the General Surgery Chair with the Course of Topographic Anatomy and Operative Surgery at the Belgorod State National Research University (Russia)

Training and Support for People with Dementia and their Families
Maria V. Gantman, PhD (Medicine), President of the Nonprofit organization “Help for Patients with Alzheimer’s Disease and Their Families”, Researcher at the Department for the Study of Alzheimer's Disease and Associated Disorders at the Federal State Research Center for Mental Health under the Russian Academy of Medical Sciences (Russia)

Education Strategy for Integration of Social and Medical Services in the Care System for People with Dementia
Prof. Evdokia I. Kholostova, Doctor of History and Philosophy, Academician, Director of the Institute on Postgraduate Professional Education at the Department of Labor and Social Protection under the city of Moscow, Vice-President of the Interregional Nonprofit Organization “Association of Social Workers” (Russia)

Prevention of Dementia in Mass Media
Prof. Margarita V.Koroleva, MD, Professor of the Department of Therapy, Geriatrics and Anti-Aging Medicine at the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency (Russia)

Family School for the Prevention of Cognitive Impairment
Elena V. Olinovskaya, Head of the Rehabilitation Department at the Komi Republican Psychiatric Hospital, Republic of Komi, Syktyvkar (Russia)

17.30 Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”
Introduction

Mental health ensures the optimal completion of all life cycle stages by an individual and is characterized by structural and functional development, followed by the preservation of the basic mental functions. Law and legislation take into account the main provisions and achievements of psychiatry and related mental health sciences when solving the theoretical and practical problems they face. At the same time, psychiatry as a science and field of practical activity does not stagnate, it is actively developing, which may require adequate changes to the current legislation.

Nowadays many countries are undergoing a rethinking of the basic approaches to rendering various types of care to persons suffering from mental illnesses. New models of medical, social, educational and services are being introduced, which inevitably influences the legislation on healthcare, social security, labor and education.

Goals and Objectives

Goal: To develop scientifically grounded recommendations for the development of legal institutions and legal norms of various sectoral affiliations with account of modern trends in the field of mental health

Objectives:

➢ Analysis of current trends in the development of the legal doctrine in mental health;
➢ Analysis of the state of mental health as a legal fact and its impact on the dynamics of legal relations;
➢ Discussion of the learners’ mental health needs and problems;
➢ Development of proposals to improve the legislation in the field of mental health and its application practice.

Organized by:

PROGRAM

10.00 Opening Ceremony

Welcome to the Conference:
Victor V. Blazheev, PhD in Law, Professor, Honored Lawyer of Russian Federation, Rector of the Kutafin Moscow State Law University, Moscow
Yury V. Voronin, Chief Financial Commissioner, PhD in Economics, Honored Lawyer of Russian Federation
Vladimir N. Sinyukov, Doctor of Law, Professor, Honored Science Worker of Russian Federation, Vice-Rector for Science of the Kutafin Moscow State Law University, Moscow

Plenary session: Legal Framework for Mental Health in the Educational Environment

Format: Presentation (10 minutes) followed by discussion

Speakers:

The Right to Health Care: Constitutional and Legal Parameters
Valentina V. Komarova, Doctor of Law, Professor, Head of the Department of Constitutional and Municipal Law at the Kutafin Moscow State Law University, Moscow

The Legal Regime of Mental Health as an Integral Part of the Public Health Regime
Sergey M. Kovalevsky, PhD in Law, Associate Professor of the National Research Institute of the Higher School of Economics, St. Petersburg
Natalla S. Kovalevskaya, PhD in Law, Associate Professor of the Department of Commercial Law at the St. Petersburg State University, St. Petersburg

Problems of Legal Capacity of Persons Suffering from Mental Disorders
Elena E. Bogdanova, Doctor of Law, Associate Professor, Head of the Department of Civil Law at the Kutafin Moscow State Law University, Moscow

Limitation of Legal Capacity as a Legal Instrument for the Protection of Persons with Mental Disorders
Natalia K. Kharitonova, MD, Professor, Head of the Department of Forensic Psychiatric Examinations in Civil Proceedings at the Serbsky National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, Moscow
Olga A. Rusakovskaya, PhD (Medicine), Senior Researcher of the Department of Forensic Psychiatric Examinations in Civil Proceedings at the Serbsky National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, Moscow

Legal Protection of Mental Health in the Modern Educational Environment
Alexander A. Mokhov, Doctor of Law, Professor, Head of the Research and Educational Center of the Medical and Pharmaceutical Law at the Kutafin Moscow State Law University, Moscow

Alexander E. Balashov, PhD in Law, Deputy Head of the Unit of Inspections at the Department of Supervision and Control for Organizations Engaged in Educational Activities under the Federal Service for Supervision in the Field of Education and Science, Moscow

Psychological and Psychiatric Care and the Educational Process: Problems of Legal Regulation and Law Enforcement
**Natalia V. Putilo, PhD in Law, Head of the Department of Social Legislation at the Institute of Legislation and Comparative Law under the Government of the Russian Federation, Moscow**

**Legal Basis of Mental Health in Workplace Settings in the European Union and the Russian Federation**

**Evgeny O. Pazyna, PhD in Law, Associate Professor of the Department of International Law at the Saratov State Law Academy, Saratov**

**Legal Marriage and Family Relations: Problems of Citizens Suffering from Mental Disorders**

**Anatoliy N. Lyevushkin, Doctor of Law, Professor of the Department of Business and Corporate Law at the Kutafin Moscow State Law University, Moscow**

**Complementarity Between Clinical and Legal Regulators of Psychiatric Care**

**Olga V. Poplavskaya, PhD (Medicine), Associate Professor of the Department of Psychiatry, Narcology and Psychotherapy at the Volgograd State Medical University under the Ministry of Health of the Russian Federation, Volgograd**

**Nazim Ya. Orudzhev, MD, Professor, Head of the Department of Psychiatry, Narcology and Psychotherapy at the Volgograd State Medical University under the Ministry of Health of the Russian Federation, Volgograd**

**Legal Regulation of Medical and Social Rehabilitation of Drug Addicts**

**Boris P. Tselinsky, PhD in Law, Head of the Unit of Legal Bases of Narcology of the Department of Prevention at the National Research Center of Narcology-Branchof the Serbsky National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, Moscow**

**Larisa N. Rybakova, PhD (Philosophy), Senior Researcher of the Unit of Legal Bases of Narcology of the Department of Prevention at the National Research Center of Narcology-Branchof the Serbsky National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, Moscow**

**Q&A Session**

**12.00 Coffee Break & Networking**

The Moscow Mental Health EXPO 2018 showcase

The IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs showcase

**12.30 Plenary Session: Mental Health and Criminology**

*Format: Presentation (10 minutes) followed by discussion*

**Speakers:**

**Criminal Behavior: Mental and Psychological Predisposition**

**Igor M. Matskevich, Doctor of Law, Professor, Head of the Department of Criminology and Criminal Law at the Kutafin Moscow State Law University, Professor of the Lomonosov Moscow State University, Honored Scientist of Russia, President of the Union of Criminalists and Criminologists, President of the International Foundation for Legal Initiatives, Moscow**
Diagnostics of Signs of Mental Accentuations in School Students under Social Networks
Elena I. Galyashina, Doctor of Law, Doctor of Philology, Professor of the Department of Forensic Examinations at the Kutafin Moscow State Law University, Moscow

Knowledge of Mental Health in the Study of the Offender’s Identity
Elena A. Antonyan, Doctor of Law, Associate Professor, Professor of the Department of Criminology and Criminal Law at the Kutafin Moscow State Law University, Moscow

The Influence of Psychogenetics on the Doctrine of Crime and the Criminal
Georgiy B. Romanovsky, Doctor of Law, Professor, Head of the Department of Criminal Law at the Penza State University, Penza

Investigation of Criminal Activity of Persons with Mental Disorders: Forensic Support
Nadezhda V. Kruchinina, Doctor of Law, Professor of the Department of Criminology at the Kutafin Moscow State Law University, Moscow

Criminal Liability for Violation of the Human Right to Mental Health
Mariya I. Galyukova, PhD in Law, Associate Professor of the Department of Criminal Law at the Russian State University of Justice – the Ural Branch, Judge of the Central District Court of Chelyabinsk, Chelyabinsk

The Identity of the Convicted Sex Offender
Alexey V. Kokurin, PhD in Law, Associate Professor of the Department of Criminology and Criminal Law at the Kutafin Moscow State Law University, Moscow

Improving the Legal Framework for the Prevention of Paedophilic Behavior
Georgy E. Vvedensky, MD, Professor, Head of the Laboratory of Forensic Sexology of the Department of Forensic Psychiatric Examinations in Criminal Proceedings at the Serbsky Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, Moscow

Criminal Justice Impact on Persons Suffering from Mental Disorders
Arseny A. Bimbinov, PhD in Law, Senior Lecturer of the Department of Criminal Law at the Kutafin Moscow State Law University, Moscow

Q&A Session

14.00 Lunch & Networking
The Moscow Mental Health EXPO 2018 showcase
The IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs showcase

15.00 Plenary Session: Legal Regulation of Mental Health

Format: Presentation (10 minutes) followed by discussion

Keynote speakers:

Fighting Stress in the Workplace: International Legal Approaches and Problems of Russian Law
Nikita L. Lyutov, Doctor of Law, Associate Professor, Head of the Department of Labor Law and Social Security Law at the Kutafin Moscow State Law University, Moscow

The Right of Persons with Intellectual Disabilities to Physical Education and Sports
Denis I. Rogachev, PhD in Law, Associate Professor, Head of the Department of Sports Law at the Kutafin Moscow State Law University, Moscow

Education in the Structure of Medical and Diagnostic Process: Problems of Legal Regulation and the Right to Mental Health in Modern Society
Larisa I. Zakharova, PhD in Law, Associate Professor of the Department of International Law at the Kutafin Moscow State Law University, Moscow

Life Cycle of Drugs for the Treatment of Mental Disorders: Legal Regulation Problems
Alexander N. Yavorsky, Doctor of Law, Professor, Chief Researcher of the Laboratory of Experimental Biomedicine of the Pushchino State Institute of Natural Sciences under the Ministry of Science and Higher Education of the Russian Federation

The Right of an Individual for an External Look
Armine S. Mograbyan, PhD in Law, Associate Professor of the Department of Financial and Business Law at the Volgograd Institute of Management, a Branch of the Russian Presidential Academy of National Economy and Public Administration under the President of the Russian Federation, Volgograd

Legal Regulation of Protection of the Mentally Disabled as the Regulation of the Outsourcing of Lost Functions: History and Modernity
Alexander M. Kovalevsky, Master’s Degree in Law, Member of the Association of Medical Law of St. Petersburg, the World Association of Medical Law

Prevention of Professional Burnout in the System of Professional Training of Lawyers
Larisa A. Skabelina, PhD in Law, Associate Professor of the Department of Advocacy and Notary at the Kutafin Moscow State Law University, Moscow

Surrogate Motherhood and Mental Health of the Child
Svetlana A. Muratova, PhD in Law, Associate Professor of the Department of Civic Law at the Kutafin Moscow State Law University, Moscow

Application of Psychostimulants in Sports for Therapeutic Use: Problems Related to Health Protection and Legislative Regulation
Timur E. Melnik, Researcher of the Department of Social Legislation at the Institute of Legislation and Comparative Law under the Government of the Russian Federation

Legal Education Program to Support the Psychological Well-Being of Mental Health Specialists
Nina M. Lavrova, Director General of the Center of System Consulting and Education "Synergia", St. Petersburg

Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”
Working Meeting of Presidents of the NPAs of Eastern Europe countries (WPA 10th Zone)  
(C Hall)

Introduction

The program of the meeting includes a discussion of ongoing research projects in the field of transcultural psychiatry that are being carried out in the regions.

Chaired by:
Oleg Skugarevsky, MD, Ph.D., official representative of the 10th Zone of the World Psychiatric Association, President of the Belarussian Psychiatric Association.

SIMPOSIUM
“RESILIENCE AND RECOVERY POST NATURAL/HUMAN-CAUSED DISASTER”  
(A Hall)

Introduction

Maintaining the mental health of individuals within a society facing the consequences of environmental change induced by natural or human causes (or a combination of both) has been a challenge throughout the centuries. It now has become increasingly acute with an ever-increasing population facing the consequences of a warming planet. Having the knowledge of what to expect in specific environments and a strategy to minimize the effects of change greatly increase the ability to survive and cope with environmental change. Living on a dynamic planet with specific zones more prone to catastrophic change such as volcanoes, major active faults and earthquakes, are regions where catastrophic change can be expected. The interval between events, however, may have been years or even hundreds of years in the past allowing complacency to replace preparedness and survival strategies. Today, however, planet Earth is warming as evident by increased average global atmospheric temperature and oceanic warming. Increased atmospheric temperature allows the atmosphere to hold a greater amount of moisture, which fuels increased storm severity and the possibility of flooding. Other changes, such as shifting climatic belts, may cause increased precipitation in some areas and drought in others. This may have detrimental effects on agriculture and food production. In underdeveloped area of the world this may lead to human conflict and further degrade the environment.

Within a warming planet, significant and far reaching consequences may be and are resulting from the warming of the Poles. Vast quantities of water are locked up in the Greenland and Antarctic ice capes. As these ice capes melt and recede, the potential for significant sea level rise can be expected endangering major coastal cities of the world. One third of the world’s population lives within 100 km of the coast line. It is estimated that by 2100 sea level will rise 0.5 meter. With rising sea levels tidal action will also advance landward. If major storms occur at the time of high tide, destruction will be intensified. Cities such as New Orleans, United States; Shanghai, China; St. Petersburg, Russia; and many others are vulnerable to the detrimental effects of sea level rise. Another danger of a defrosting Arctic is the release of greenhouse gases locked up in Arctic permafrost soils, a vast storehouse of greenhouse gases. It has been found that within bubbles rising from Siberian lakes are methane gas (a powerful greenhouse gas) emanating from the defrosting...
permafrost. This addition of methane gas to the atmosphere further enhances global warming.

The biosphere, the zone in which we live, consists of land, water, and the atmosphere. All three realms are interconnected. When one realm is altered, changes occur in the others. The biosphere is a complex system that must be maintained in a homeostatic manner if we are to survive. Maintaining the biosphere requires an educated understanding of both the physical science and psychological science of dealing with our world and our people.

**Chaired by: Dr. Darlyne G. Nemeth, Ph.D., M.P., M.P.A.P., WCP’s Co-Secretary General, Director NCLA (USA)**

Dr. Nemeth has served on the APA Council of Representatives and has been a WCP representative to the UN. In March, 2003, Dr. Nemeth was the lead author on Helping Your Angry Child, published by New Harbinger and has co-edited the following books: Living in an Environmentally Traumatized World: Healing Ourselves and Our Planet, published by ABC-CLIO/Praeger, and the 2015 anthology, Ecopsychology Advances from the Intersection of Psychology and Environmental Protection, also published by ABC-CLIO/Praeger. Dr. Nemeth’s latest PROSE Awarded book entitled, Innovative Approaches to Individual and Community Resilience: From Theory to Practice, was published by Elsevier Academic Press in July 2017.

**Program Speakers:**

**The Science of Disasters**  
**Dr. Donald F. Nemeth,** PhD, «Envirosphere Consulting”, Houston, Texas (USA)

**The Psychology of Disaster Recovery**  
**Dr. Darlyne G. Nemeth,** Ph.D., M.P., M.P.A.P., WCP’s Co-Secretary General, Director NCLA (USA)

**The Educational/Behavioral Interventions**  
**Dr. Judy Kuriansky,** PhD, Main representative of the International Association of Applied Psychology and the World Council of Psychotherapy to the United Nations (USA)

17.30 **Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”**
7 OCTOBER (SUNDAY)

Time Schedule

8.00 Business Breakfast for members of the International & the Local Organizing Committees and the Scientific Committee/Discussion of the Declaration “Mental Health and Education” (Restaurant “Evropisky”)

9.00 Welcome coffee & Networking (Seliger & Valday Halls)

Study visits:
The Rehabilitation Non-Governmental Center for People with ASD “Our Sunny World”
The Alekseev State Psychiatric Clinical Hospital № 1 under the Moscow City Health Department

Symposium on Psychotherapy (Congress Hall 2)

10.00 Parallel Sessions
  ▪ Early Career Mental Health Specialists Program:
    Suzdal Courses for Young Psychiatrists (Ural Hall)
    International School of Young Psychotherapists “Future Lab” (Baikal hall)
    School for Young Psychologists (Biryusa Hall)

  ▪ Symposium “Art Therapy in Treatment and Rehabilitation Practice and Outsider Art: Facets of Harmony” (Congress Hall 1)

  ▪ Symposium on Psychotherapy (Congress Hall 2) (continued)

  ▪ Symposium «Psychosocial Rehabilitation in Russia” (reports will be delivered by winners of the IV All-Russian Festival of Rehabilitation Programs) (Congress Hall 3)

  ▪ Symposium "Psychological Support for Children at Risk” (Press-Center)

  ▪ Symposium "Education and Music Therapy: Standards and Practices" (Amphitheatre)

  ▪ Round Table «Residency and Postgraduate Studies in Psychiatry in Russia: Present State and Prospects” (A Hall)

  ▪ Symposium «Adaptive Sports for People with Special Mental Health Needs” (B Hall)

  ▪ Symposium «Chess for Education and Development” (Irtysh Hall)
- Master-class: «Guidelines for Psychotherapists and Psychologists in Work with the Media» (Pechora Hall)

- Workshop “Introductory Course on Personal Therapy for Mental Health Specialists” (Baikal Hall)

- Symposium «Innovations In Education for Children and Youth with Disabilities» (Meeting room 1)

- Master-class “Constructive Emotional Intelligence. Pedagogical Technology and Spiritual Aspect” (Meeting room 2)

- Master-class “Overcoming Distorted Forms of the Individual’s Self-Realization: From Fear to Striving” (Meeting room 3)

- Workshop “Significance and Methods of Psychological Work with Alexithymia as Preventive Measures for Mental Health” (Meeting room 4)

- Workshop “Specifics of Work with Clients Living Through a Crisis” (Meeting room 5)

- Master-class “Archetypal Astrodrama Theatre of Lidia Surina” (Meeting room 6)

- Master-class «The Science of Living Systems. New Natural Therapies as Preservation of Mental Health Care and Spiritual Wellbeing” (Meeting room 7)

- Workshop “Scenario of Personal Future via the Photographic Genogram” (Meeting room 8)

13.00 Closing Lunch & Networking

14.00-16.00 Closing and Awards Ceremony (Congress hall)
Delivery of the Declaration “Mental Health and Education”.
**SCIENTIFIC EVENTS AND PROGRAMS**

**SYMPOSIUM**

“ART THERAPY IN TREATMENT AND REHABILITATION PRACTICE AND OUTSIDER ART: FACETS OF HARMONY”

(Congress Hall 1)

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### Introduction

In the world culture, the art of outsiders and art therapy practices have manifested themselves in various forms since the emergence of civilization. The specifically applied purpose of art therapy and the official definition of creative work of self-taught artists appeared only in the middle of the twentieth century thanks to A. Hill and G. Dubuffet. According to Prof. A. Migunov, it was not until the end of the century that these concepts were successfully separated in Russia: by then, creative work of artists with psychiatric experience had become recognized outside the walls of medical institutions, and art therapy had received an official position in the treatment and rehabilitation work with patients.

### Goals and Objectives

**Goal:** To discuss the model of continuous support for people with psychiatric experience by means of art therapy, from inpatient rehabilitation to inclusive sociocultural projects outside medical institutions

**Program**

10.00 Opening Ceremony

10.15 **Plenary session: Art Therapy in Treatment and Rehabilitation Practice**

**Chaired by:** Prof. Aleksandr I. Kopytin, MD, Head of the Program of Supplementary Professional Education "Art Therapy in Education, Medicine and Business", Professor of the Department of Psychology at the St. Petersburg Academy of Postdiploma Teacher Education, Associate Professor of the Department of Psychotherapy at the Mechnikov North-West State Medical University, Chairman of the Russian Art-Therapy Association, St. Petersburg (Russia)

**Speakers:**

*Artistic Basis of Art Therapy for Development of the Creative Personal Identity*
Prof. Aleksandr I. Kopytin, MD, Head of the Program of Supplementary Professional Education "Art Therapy in Education, Medicine and Business", Professor of the Department of Psychology at the St. Petersburg Academy of Postgraduate Education for Teachers, Associate Professor of the Department of Psychotherapy at the Mechnikov North-West State Medical University, Chairman of the Russian Art-Therapeutic Association, St. Petersburg (Russia)

Interactive Exhibitions of Art Works by People with Mental Disabilities as a Means for Destigmatization
Nikolai M. Kuznetsov, psychiatrist of the State Novgorod Clinical Specialized Center for Psychiatry, curator of the art project "Drugoe Izmerenie" ("Another Dimension"), Veliky Novgorod (Russia)

Art Therapy in Work with Addictions
Natalya V. Romashkina, addiction psychiatrist, psychotherapist and psychologist of the Center for Personalized Medicine, Moscow (Russia)

Impact of Art-Psychotherapy on the Quality of Life of Patients with Borderline Mental Disorders
Aleksei A. Lebedev, psychiatrist, psychotherapist of the Psychotherapeutic Department of the War Veterans Hospital, Volgograd (Russia)

Awareness of the Illness: Gaining Strength for Recovery in the Dialogue with Visual Images
Lidiya N. Beregulina, neuropathologist, psychotherapist and art therapist of the St. Nicholas the Wonderworker Psychiatric Hospital, St. Petersburg (Russia)

11.30 Plenary session: Outsider Art

Speakers:

The Amplitude of Art Games: Autotherapy - Art
Vladimir V. Gavrilov, psychiatrist, psychotherapist, assistant of the Department of Psychiatry at the Yaroslavl State Medical University, Vice-Chairman of the International Society for Psychopathology of Expression and Art Therapy (SIPE-AT), curator and founder of the collection "INYE" ("THE DIFFERENT"), Head of the "Izoterra" Socio-Rehabilitation Studio, Yaroslavl (Russia)

Outsider Art: Balancing Between Savantism and Pathology
Aleksandra V. Tikhanyuk-Migunova, Research associate of the Kaliningrad Museum of Fine Arts, Director of the Kaliningrad Regional NGO "The Center for the Outsider Art", Kaliningrad (Russia)

Trauma as a Creativity Impulse
Andrei A. Bobrikhin, PhD (Philosophy), Associate Professor of the Department of Philosophy, Cultural and Art Studies at the Russian State Professional and Pedagogical University, Head of the Department of the Naive Art at the Municipal Ekaterinburg Museum of Fine Arts, Ekaterinburg (Russia)

Discourse of Outsider Art in the Historical Perspective
Anna A. Suvorova, PhD in Art, Associate Professor of the Department of History of Philosophy at the Perm State University, the State Perm Museum of Contemporary Art, Perm (Russia)
Plastic and Semantic Aspects of Interpreting Marginal Creativity

Andrei S. Epishin, PhD in Art, Associate Professor, Head of the Department of Art Studies at the Kosygin Institute of Arts under the Kosygin Russian State University, Moscow (Russia)

Inclusion and Outsider Art In the Museum: the Experience of the State Hermitage Museum

Ilya D. Ermolaev, Head of the Department of Inter-Museum Communications, Leading research associate of the State Hermitage Museum Directorate, St. Petersburg (Russia)

13.00 Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”

SIMPOSIDIUM ON PSYCHOTHERAPY
(Congress Hall 2)

9.00 Opening ceremony. Welcome addresses.

Co-Chaired by:

Prof. Aleksandr L. Katkov, MD, Rector of the International Institute of Social Psychotherapy (St. Petersburg), Vice-President of the PPL (Russia)

Prof. Viktor V. Makarov, MD, PPL President, President of the National Self-regulating organization "Union of Psychotherapists and Psychologists", WCP Vice-President, AFP Vice-President, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education (Russia)

Prof. Aleksei B. Danilov, MD, Executive Director of the Association of Interdisciplinary Medicine, Head of the Department of Nervous Diseases at the Sechenov First Moscow State Medical University under the Russian Ministry of Health (Russia)

Format: Presentation (10 min.) followed by a discussion

Speakers:

Spiritual and Ecological Education In Mental Health Care as the Integrative Approach of Psychotherapy

Prof. Lyubov D. Blitekhtina, Doctor of Philosophy, Co-Chair of the Modality "The Religious Focused Psychotherapy" at the All-Russia Professional Psychotherapeutic League (PPL), Academician of the Russian People's Academy of Sciences, Head of the Department of Spiritual and Psychological Safety, Moscow (Russia)

Prof. Hilarion Gottfried Pettsold, Co-Founder of the Institute of Integrative Therapy of Fritz Perls, Founder of the European Academy of Psychosocial Health in Hyukesvagen, Düsseldorf (Germany)
Philosophical and Cultural Basis for the Concept of Mental and Psychological Health
Prof. Viktoriya V. Kravchenko, Doctor of Philosophy, Professor of the Moscow National Research Aviation Institute, Moscow (Russia)

Management of Anthropological Trends as Mental Health Care
Prof. Sergei S. Khoruzhiy, Doctor of Physics and Mathematics, Director of the Autonomous Nonprofit Organization "Institute of Synergetic Anthropology", Professor of the Institute of Philosophy at the Russian Academy of Sciences, Honorary Professor of UNESCO, Honorary Scientific Director of the Modality of the Russian Society of Psychiatrists at the PPL, Moscow (Russia)

Spiritual Security in Mental Health
Prof. Irina E. Sokolovskaya, Psy.D, Professor of the Department of Primary and Preschool Education at the Federal State University of Humanities and Technology (Orekhovo-Zuevo), Full member of PPL, Federal expert in Higher Professional Education of the Russian National Accreditation Agency in the Field of Education, Moscow (Russia)

Psychology of Health and the Doctrine of Passions
Prof. Marina G. Chukhrova, MD, Professor of the Department of General Psychology and History of Psychology at the Novosibirsk State Pedagogical University, Full member of the PPL, Academician of the Academy of Polar Medicine and Extreme Human Ecology, member of the Ethical Committee of the International Association of Ethnopsychologists and Ethnopsychotherapists, Novosibirsk (Russia)

Primary Psychological Assistance in the Framework of the Internet Project "Emergency Electronic Psychological Assistance"
Prof. Aleksandr L. Katkov, MD, Rector of the International Institute of Social Psychotherapy (St. Petersburg), Vice-President of the PPL (Russia)
Dr. Gulmira B. Ayapbergenova, Psy.D, Director of the Institute of Innovative Psychology and Consulting, Vice-President of the National Union of Psychotherapists and Psychologists (Kazakhstan)

Education in the Systemic Approach with the Use of Distance Learning Techniques
Anna Ya. Varga, PhD (Psychology), Head of the Academic Board of the Master's Program "Systemic Family Therapy" at the Higher School of Economics, Board Member of the Society of Family Consultants and Psychotherapists, IFTA member, member of the Training Committee of the EFTA-TIC, Moscow (Russia)
Tatyana V. Rytsareva, Systemic Family Therapist, Board member of the Community of Emotionally Focused Therapists, Moscow (Russia)

Psychoanalysis and Psychoanalytic Psychotherapy. From Classics to the Realities of Today. Training as Part of Systemic Changes
Tatyana V. Mizinova, PhD in Social Sciences, President of the Russian Branch of the European Confederation of Psychoanalytic Psychotherapies (ECPP), Vice-President and Chairperson of the ECPP Ethical Committee (Vienna), member of EAP and PPL, Member of the Supervisory Board and the Ethical Committee of the National Self-Regulating Organization Association "Union of Psychotherapists and Psychologists". Director of the Center for Psychological Support of Modern Psychoanalysis "Persona" (Russia)

Trends in Modern Psychoanalytic Education
Aleksandr N. Kharitonov, PhD (Psychology), Associate Professor, President of the Russian Psychoanalytic Society, Head of the United Psychoanalytic Community and
Full member of the PPL, Presidium member of the Russian Scientific Sexological Society, Deputy Chairman of the Editorial Board of the journal "Psychology and Psychotechnics", the journal "Psychoanalytic Herald" (Russia)

Training Consulting Psychologists at a State University
Igor E. Zhmurin, PhD (Psychology), Associate Professor, Head of the Department of Psychological Counseling at the Faculty of Psychology in the Moscow State Regional University, Full member of the PPL (Russia)

Conceptual Model of Professional and Personal Problem- and Activity-Based Training for Consulting Psychologists and Psychotherapists
Prof. Viktor V. Kuzovkin, PhD (Psychology), Associate Professor, Professor of the Department of Psychological Counseling at the Faculty of Psychology in the Lomonosov Moscow State University, Director of the Non-Commercial Partnership "TRIADA Research and Practical Center", Full member and Co-Director of the PPL Modality "Client-Centered Psychotherapy" (Russia)

Kinetic Sand Therapy in Psychological and Psychotherapeutic Practice
Oleg Starostin, PhD (Medicine), President of the Sand Therapy Association, Director of the "Sand therapy" Modality and Full member of the PPL, St. Petersburg (Russia)

Psychotherapy for Patients with Suicidal Behavior
Irina K. Chobanu, PhD (Medicine), Associate Professor of the Department of Psychiatry, Psychotherapy and Psychosomatic Pathology of the Faculty of Advanced Training of Medical Workers at the Medical Institute of the Peoples' Friendship University of Russia (RUDN), Full member of the PPL, President of the Interregional Association of Professional Kinesiologists, Director of the Private Institution for Supplementary Professional Education "Institute of Kinesiology" (Russia)

Modern Methods of Psychological Diagnosis of the Subconscious Used in Comprehensive Rehabilitation Programs
Aleksandr L. Ivanov, PhD (Psychology), Associate Professor of the Department of Psychotherapy and Sexology at the Federal State Russian Medical Academy of Continuous Professional Education under the Ministry of Health of the Russian Federation (Russia)

Things in the Body: Rapid Study of Phobias and Other Mental Traumas
Andrei F. Ermoshin, PhD (Psychology), Holder of the European Certificate of Psychotherapy, Full member and Director of the Psychocatalysis Modality of the PPL, (Russia)

The Realistic Psychotherapeutic Theater of Professor M. Bouno
Inga Kalmykova, PhD (Medicine), Associate Professor of the Department of Psychotherapy and Sexology at the Russian State Medical Academy of Continuous Professional Education under the Ministry of Health of the Russian Federation, Executive Director and Full member of the PPL, psychotherapist of the European Register of Psychotherapists (Russia)
Ekaterina V. Popova, Director of the National Self-Regulating Professional Association "Union of Psychotherapists and Psychologists" (Russia)

Balint Group Work
Nikolai N. Klepikov, Head of the PPL Committee for Balint's Movement, Head of the PPL Committee of International-level Balint's groups, the ECPP Teaching Analyst and Supervisor (Vienna, Austria) (Russia)

**Conceptualization and Self-identification of the Method "Healing Creative Psycholinguistics"**

Alla I. Semenova, pediatrician, psychotherapist, immunologist, author of the method "Healing creative psycholinguistics", Doctor in the field of regulation in the biological systems at the International Academy "Information, Communication, Management in Technology, Nature, Society" (Russia)

Integrative Processes in the Religious, Pedagogical and Psychological Spaces

Irina S. Shestakova, psychologist, psychotherapist of the European Register of Psychotherapists, member of the PPL Central Council, Orel (Russia)

Integrative Approach in the Work of a Child Psychotherapist of the Outpatient Psychiatric Department of a Clinical Psychoneurological Dispensary

Marina V. Novikova, clinical psychiatrist and psychotherapist of the Dispensary Department No. 2 at the Regional State Smolensk Psychoneurological Clinical Dispensary, Board member of the Institute of Integrative Child Psychotherapy "Genesis" (Russia)

Psychological and Pedagogical Support of Preschoolers with ASD

Kamil B. Suleimanov, psychologist, Master's degree student of the Kursk State University, staff member of the "Veter Nadezhdy" ("Wind of Hope") Center, Kursk (Russia)

Case Method in Undergraduate Education for Consulting Psychologists and Psychologists-Psychotherapists

Anna V. Povalyayeva, Master's degree student of the Department of Psychological Counseling of the Faculty of Psychology at the Moscow State Regional University (Russia)

13.00 Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”

**SYMPOSIUM**

“PSYCHOSOCIAL REHABILITATION IN RUSSIA”

Based on the materials of the IV All-Russian Festival of Rehabilitation Programs for People with Mental Disabilities "The Different Ones?"”

(Congress Hall 3)
Introduction

The Festival of Rehabilitation Programs for People with Mental Disabilities "The Different Ones?" is an annual project of the Union for Mental Health of Russia. The Festival is aimed at improving the health and wellbeing of people with mental health special needs through the development of high quality non-state rehabilitation services, as well as of community-based psychiatric care and social protection in the Russian Federation.

Program

Chaired by: Natalia V. Treushnikova, President of the Union for Mental Health of Russia

Psychological Assistance to Children with Special Mental Health Needs and Their Families

Prof. Marlyam R. Arpenteyva. Psy.D, Associate Professor, Corresponding Member of the Russian Academy of Natural Sciences, Professor of the Department of Developmental Psychology and Education at the Tsioolkovsky Kaluga State University, Leading Research of the Department of Theory and Methods of Physical Education at the Yugorsk State University (Kaluga, Central Federal District)

Creative Practices in Rehabilitation for People with Special Mental Health Needs

Natalia A. Tatarintseva. Vice-President for Rehabilitation Work of the Altai Regional NGO for Social Support "Synergy" (Altai Krai, Barnaul, Siberian Federal District)

Disabled Children with Orphanhood Experience Adopted by Families

Alena V. Logutova. Executive Director of the St. Petersburg Regional NGO "The St. Petersburg Parents" and the Charity Foundation "Deti Zhdut" ("Children are Waiting") (St. Petersburg, Northwestern Federal District)

To a Full Life Through Rehabilitation and Handicraft Workshops

Elena Yu. Zlatogure. Director of the Regional NGO for Promoting Social Rehabilitation of Persons with Disabilities "Yablochko" ("The Apple") (Moscow, Central Federal District),

Inclusive Sports Events

Ekaterina V. Frolenkova. Director General of the Autonomous NGO “Center for Promoting Social Adaptation and Employment of Disabled Children "Protyani Ruku Drugu" ("Stretch your Hand to a Friend") (Moscow Region, Podolsk, Central Federal District)

Literary and Poetic Club "Gornitsa"

Lyudmila A. Belyaeva. Deputy Director for Social Work of the State Cherepovets Psychoneurological Care Home (Vologda Region, Cherepovets)

Socialization and Rehabilitation of Children with Psychoneurological Pathologies

Larisa A. Goryacheva. Head Doctor of the State Healthcare Institution "The Specialized Vladimir Infant Orphanage" (Vladimir, Central Federal District)

Rehabilitation under the Family Clubs of Sobriety

Andrei I. Magai. Deputy Head on Research of the Interregional NGO for Support of Family Sobriety Clubs (Moscow, Central Federal District)

Social and Cultural Volunteer Projects as a Rehabilitation Resource

Roman V. Unukainen, President of the Karelia Regional NGO "Preodolenie" ("The Overcoming") (Republic of Karelia, Kondopoga, Northwestern Federal District)
The Role of the Family in Improving the Wellbeing of Mentally Ill in the Community
Vladimir A. Tolmachev, Chairman of the NGO “The New Opportunities” (Nizhny Novgorod, Volga Region Federal District)

Rehabilitation System in the Tula State Regional Clinical Psychiatric Hospital No. 1
Olesya A. Kurbatova, Head of the Day Inpatient Unit of the Tula State Regional Clinical Psychiatric Hospital No. 1 (Tula Region, Leninsky District, Petelino, Central Federal District)

Model of Social and Labor Adaptation of People with Intellectual Disabilities in the "Raphail" Center
Valentina N. Zagryadskaya, Director General of the Association of Specialists for Support of Curative Pedagogy and Social Therapy "Raphail" (Moscow, Central Federal District)

Rehabilitation Program "Another Dimension"
Nikolai M. Kuznetsov, Head of the Medical and Rehabilitation Department of the State Regional Novgorod Clinical Specialized Center for Psychiatry (Veliky Novgorod, Northwestern Federal District)

Labor Rehabilitation in the Context of Work Therapy Workshops
Tatyana S. Pavlova, Head of the Work Therapy Workshops of the State Regional Clinical Psychoneurological Dispensary in the Tver Region (Tver, Central Federal District)

Psychosocial Rehabilitation
Irina A. Chupakhina, clinical psychologist of the State Psychoneurological Care Home No. 33 (Moscow Region, Noginsk District, Kudinovo village, Central Federal District)

Rehabilitation Program for Children and Adolescents with Special Mental Health Needs "IZNANKA" ("The FLIP SIDE")
Aleksandr V. Donskov, PhD (Medicine), Deputy Director on Rehabilitation of the NGO-Center for Integral Human Development "Epokha Vodoleya" ("The Age of Aquarius") (Orenburg, Volga Federal District)

Environment Therapy
Alia A. Ermakova, Deputy Director for Education
Lyudmila V. Kashnkova, the elementary school teacher of the Regional State Norilsk Boarding School (Krasnoyarsk region, Norilsk, Siberian Federal District)

Program for the Rehabilitation of Patients with Paranoid Schizophrenia
Lyubov V. Bekenyova, Associate Professor, psychiatrist of the Yakut State Psychoneurological Dispensary (Sakha (Yakutia) Republic, Yakutsk, Far Eastern Federal District)

Kindergarten for Children with Special Educational Needs
Anna V. Khotenova, psychologist of the NGO for Preschool Education "Happy Childhood" (Arkhangelsk, Northwestern Federal District)

Social and Labor Rehabilitation for Young Disabled: Training Apartment
Svetlana Yu. Zelinskaya, President of the Ivanovo Regional NGO for Young Disabled People and their Parents "Grani" ("Facets") (Ivanovo, Central Federal District)

Comprehensive Support for Children and Adolescents with Mental Disabilities
Vera I. Sergeeva, Director of the Moscow Region State Rehabilitation Center for Children and Adolescents with Disabilities "Springlet" (Moscow Region, Reutov, Central Federal District)

The Psychoeducational Group for Patients with Organic Mental Disorder
Irina V. Koshkina, Head of the Medical and Rehabilitation Department No. 1 of the St. Petersburg State Psychoneurological Dispensary No. 9 (St. Petersburg, Northwestern Federal District)
Rehabilitation Project "Druzhilkin"
Olesya A. Vodinova, cultural organizer of the State Regional Kirovsk Psychoneurological Care Home (Murmansk Region, Kirovsk, Northwestern Federal District)

Education Program "Environmental Therapy for Children Aged from 5 to 7 y. o. with Logoneurosis"
Oksana B. Gontar, Acting Director of the Federal State Avrorin Polar-Alpine Botanical Garden-Institute of the Kola Scientific Center of the Russian Academy of Sciences (Murmansk Region, Apatity)

Environment Therapy Case Study
Svetlana M. Patrakeeva, Deputy Director for Medicine of the Moseyko Psychoneurological Care Home (Vologda Region, Vologda District, Moseyko, Northwestern Federal District)

Model Center for Professional Guidance and Adaptation for People with Severe Psychophysical Impairments
Svetlana G. Kharlamova, Deputy Director of the Medvedkovo College at the Ushinsky State Institute of Secondary Vocational Education (Moscow, Central Federal District)

Assistance to Families with Mental Disabilities
Daria D. Danilkina, psychologist of the project "Assistance to Families in Difficult Life Situations" at the Charity Foundation "Volunteers Helping Orphans" (Moscow, Central Federal District)

NGO "BRIDGE" Assistance to Persons with Mental Disabilities
Oksana A. Guzenko, President of the NGO "Bridge" (Arkhangelsk, Northwestern Federal District)

Program of Useful Daytime Activities for People with ASD and Other Mental Disabilities on the Basis of the Social Inclusion Workshop "Sunduk" ("Chest")
Nina P. Petrovskaya, Project Manager of the Social Inclusion Workshop "Sunduk" ("Chest") (Moscow, Central Federal District)

Social Rehabilitation of Disabled People in Apartments of External Residence
Irina A. Petrantsova, Deputy Director of the Vologda Region Psychoneurological Care Home No. 1 (Vologda, Northwestern Federal District)

Family Club "Our Origins"
Alla E. Yudina, specialist of the Municipal Institution for Work with Young Adults "Youth Club" (Moscow Region, Orekhovo-Zuevo, Central Federal District)

13.00 Wrap-up Discussion of the Declaration "Mental Health and Education"
Symposium
"Psychological Support for Children at Risk"
(Press-Center)

Organized by:       Partners:

Goal: To analyze academic, methodological and practical problems and achievements in the field of psychological support for children at various risks.

The attention will be focused on modern challenges and new requirements to professionals working with minors and the youth with deviant, illegal, addictive behavior, child victims of criminal assault and bullying, children from socially vulnerable groups (migrants, including illegal ones, the homeless, etc.), orphans and those without parental care, children with health limitations (including those with mental disorders), children from families with impaired functionality.

Participants:

- specialists of the education system (education psychologists of schools and psychological centers, heads of educational organizations of various profiles),
- psychologists working with children in the healthcare system, child psychiatrists and narcologists,
- employees of the Investigative Committee, the Ministry of Internal Affairs, the Ministry of Justice of Russia, courts working with juvenile offenders and victims,
- specialists of commissions for the affairs of minors and protection of their rights, of institutions for culture, sports, leisure, the sphere of family and youth policy, and
- NGOs.

Chaired by:

Prof. Nikolai V. Dvoryanchikov, Professor of the Department of Clinical and Forensic Psychology, Dean of the Faculty of Legal Psychology at the Federal State Moscow University of Psychology and Education (Russia)

Speakers:

Stigmatization and Mental Health: Reflections from the Perspective of the Psychology of Health
Prof. Inna Bovina, Psy.D, Associate Professor, Doctor of Psychology, Professor of the Department of Clinical and Forensic Psychology of the Faculty of Legal Psychology at the Federal State Moscow University of Psychology and Education (Russia)
Prof. Nikolai V. Dvoryanchikov, Professor of the Department of Clinical and Forensic Psychology, Dean of the Faculty of Legal Psychology at the Federal State Moscow University of Psychology and Education (Russia)

**Child Victims of Pedophile Crimes. Factors Contributing to Child Victimization**

Margret Satterthwaite, criminologist in the field of crimes against sexual integrity and those related to human trafficking, human rights activist, manager of a project of assistance to people affected by sexual violence and sexual exploitation (UK)

Perception of Emotional and Behavioral Problems of Teenagers by Teachers and Parents. The Connection with the Violation of Social Perception, Emotional Burnout and Stress

Prof. Vera G. Bulygina, Psy.D, Associate Professor, Professor of the Department of Clinical and Forensic Psychology, Dean of the Faculty of Legal Psychology at the Federal State Moscow University of Psychology and Education, Head of the Laboratory of Mental Hygiene and Psychoprophylaxis at the Serbsky State National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation (Russia)

10.30 **Panel Discussion: Psychological Support of Children at Risk**

**Moderator:** Dr. Rimma V. Chirkina, Ph.D (Psychology), Associate Professor, Head of the Department of Legal Psychology and Law of the Faculty of Legal Psychology at the Federal State Moscow University of Psychology and Education (Russia)

**Panelists:**

Prof. Elena G. Dozortseva, Psy.D, Head of the Laboratory for Psychology of Childhood and Adolescence at the Serbsky State National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, Professor of the Department of Legal Psychology and Law of the Faculty of Legal Psychology at the Federal State Moscow University of Psychology and Education (Russia)

Dr. Olga Sokolova, MD, Head of the Center for Child Social Psychiatry (Düsseldorf, Germany), Head of the International Educational Project "Selbsterfahrung" / "Self-discovery" (Germany)

Dr. Lyudmila M. Karnozova, PhD (Psychology), Associate Professor of the Higher School of Economics, Panel Member of the Public Center "Judicial and Legal Reform", member of the All-Russia Association for Restorative Mediation (Russia)

Evgeniya V. Minaeva, Head of the Department for Procedural Control over the Investigation of Certain Types of Crimes at the Investigative Committee of the Russian Federation, Major General of Justice (Russia)

Dr. Svetlana Franz, MD, doctor of the Heckscher-Clinic for Child and Adolescent Psychiatry, Psychosomatic and Psychotherapy, Munich (Germany)

Prof. Mikhail G. Debolskiy, PhD (Psychology), Professor of the Department of Legal Psychology and Law of the Faculty of Legal Psychology at the Federal State Moscow University of Psychology and Education (Russia), Colonel of Internal Service, Founder of the Psychological Service of the Federal Penal Correction Service of Russia (Russia)

11.30 **Teleconference: Problems of Mental Health and Psychological Support of Children at Risk in the Training of Specialists**

**Panelists:**
The Pathways to Self-Discovery and Mastering of Correction Skills. Therapy Methods for Adolescents with Problems of Criminal Behavior and Substance Abuse
Dr. Harvey Milkman, MD, Professor of the Metropolitan State University of Denver (USA)

Short-term Step-by-Step Model for Solving Behavioral Problems in Children
Ben Furman, CEO-Psychotherapist, Brief Therapy Institute Helsinki (Finland)

Training of Psychotherapists for Work with Children
Prof. Dr. Hans-Werner Gessmann, Director of the PIB (Psychotherapeutic Institute Bergerhausen) Executive Education (Germany)

Modern Social Risks and Technologies for Work with Adolescents and Young Adults In Internet
Sergej Aruin, Head of the Public Organization of the Integration Union "Acceptance-Trust-Perspective", Düsseldorf (Germany)

13.00 Wrap-up Discussion of the Declaration “Mental Health and Education”
INTRODUCTION

Music therapy is a dynamically developing academic discipline at the intersection of medicine, music, psychology, psychotherapy and pedagogy, which has wide application in medical and preventive activities. In many countries, it is an independent specialty, provided with a developed system of professional standards. The standardization of education in music therapy is a field that requires systematic approaches standing on evidence-based methods in the treatment of specific diseases, adapted to the national general system of professional education in a country.

GOALS AND OBJECTIVES

Goal: To promote the quality of music therapy services based on professional educational standards.

Objectives:

• To analyze the best experience of international and national standards of education in music therapy
• To exchange experience in the field of academic and practical achievements of music therapy
• To prepare practical recommendations for improving the quality of services in the field of music therapy based on educational professional standards.

Co-Chaired by:

Prof. Melissa Mercadal-Brotons, President of the World Federation of Music Therapy (WFMT), Country representative (Spain) at the European Music Therapy Confederation (EMTC); Coordinator of Research and Master Programs, Professor of the Department of Music Education, Director of the Master Program in Music Therapy at the Esmuc (Escola Superior de Música de Catalunya), Barcelona (Spain)

Prof. Sergey M. Babin, MD, Head of the Department of Psychotherapy and Sexology at the Mechnikov North-West State Medical University, President of the Russian Psychotherapeutic Association, Board Member of the Russian Psychiatric Society, Head of the Russian-speaking group of the International Society of Psychological and Social Approaches to Psychosis (ISPS RU), Full Member of the East European Association of Existential Therapy (EEAET) (Russia)
Alisa Apreleva-Kolomeitseva, MT-BC, a board-certified music therapist, neurologic music therapist, PhD researcher at the Cambridge Institute for Music Therapy Research (UK), member of the WFMT Public Relations Committee (Russia and USA)

Program

10.00 Opening Ceremony

Welcome Address by Prof. Melissa Mercadal-Brotons, President of the World Federation of Music Therapy (WFMT) (Spain)

Speakers:

Music Therapy: National Specifics of Educational Programs
Aksana Kavaliova-Moussi, MMT, BMT, BA, Canadian credentialed music therapist (MTA) and Neurologic Music Therapist-Fellow, Member of the WFMT Education and Training Committee, Board Member and Co-Chair of the Online Conference for Music Therapy (Canada)

Music Therapy Training within the Higher Education in Psychotherapy in Russia
Prof. Sergey M. Babln, MD, Head of the Department of Psychotherapy and Sexology at the Mechnikov North-West State Medical University, President of the Russian Psychotherapeutic Association, Board Member of the Russian Psychiatric Society, Head of the Russian-speaking group of the International Society of Psychological and Social Approaches to Psychosis (ISPS RU), Full Member of the East European Association of Existential Therapy (EEAET) (Russia)

Building a Modular System of Music Therapists Education in Russia
Alisa Apreleva-Kolomeitseva, MT-BC, a board-certified music therapist, neurologic music therapist, PhD researcher at the Cambridge Institute for Music Therapy Research (UK), member of the WFMT Public Relations Committee (Russia and US)

Educational Programs in Music Therapy in the Russian Academy of Medico-Social Rehabilitation
Prof. Inna E. Lukianova, MD, Vice-Rector of the Russian Academy of Medico-Social Rehabilitation (Russia)

Prof. Alla V. Toropova, Psy.D, Doctor of Pedagogy, Professor of the Department of Methodology and Technology of Music Education and the Department of Psychology of Personality Development at the Moscow Pedagogical State University, Head of the Research and Educational Center "Psychology of Art in Education" at the Institute of Fine Arts under the Moscow Pedagogical State University, President of the Russian NGO for Music Education (Russia)

Health-Saving Technologies in Music Lessons at High Schools
Dr. Margarita I. Petukhova-Levitskaya, PhD (Pedagogy), Head of the Institute of Advanced Training of Teachers at the Tula Institute of Advanced Training of Medical Doctors (Russia)

Interdisciplinary Approaches in Research Programs of Musical Art
Prof. Alexander A. Kobyakov, Dean of the Tchaikovsky Moscow State Conservatory, Head of the Research and Creative Center for Interdisciplinary Research of Musical Creativity (Russia)

Development of the Music Therapist
Introduction

The Federal Law 273 of December 29, 2017 "On Education in the Russian Federation" notes that "Higher education is aimed at ensuring the training of highly qualified personnel in all major areas of socially useful activities in accordance with the needs of the society and state, at satisfying the needs of the individual in intellectual, cultural and moral development, in the deepening and expansion of education, scientific and pedagogical qualification" (Article 69, Part 1). According to this law, graduate and postgraduate studies are considered as integral final stages of the unified educational process in the structure of higher professional education in medicine and psychiatry, starting from the university stage.

Today active discussions on improving the quality of medical education and services are underway in the medical community and Russian society as a whole. The requirements for psychiatry in this regard are very high even on the general background. The issues of training highly qualified personnel, who are well-versed in such fields of knowledge as biological psychiatry and neurosciences, standardized operational diagnostics of psychiatric disorders, psychopharmacology and psychotherapy, psychosomatic medicine and psychosocial rehabilitation, are put at the forefront. Organizationally, there are multidirectional trends: the identification of certain areas of psychiatry as independent specialties (psychotherapy, forensic psychiatry), on the one hand, and their increasing unification around the basic discipline, i.e. psychiatry, on the other hand. The question of extending the terms of post-diploma professional education in the field of psychiatry arose long ago.
In addition to the natural need to address these objective problems, modern medical education in Russia sees a growing interest in the subjective factor, shown by those who study and those who teach. The need to improve the level of training and motivation for activities is now quite relevant for both.

The above-mentioned problems explain the necessity of their detailed discussion by professionals of the highest level, such as faculty members, administration workers of specialized treatment and prevention institutions, representing different regions of Russia.

GOALS AND OBJECTIVES

Goal: To discuss the maximum range of issues related to the training of highly qualified personnel in psychiatry at the stages of residency and postgraduate studies, with account of modern requirements for the quality of specialized care for people with mental disorders.

DISCUSSION QUESTIONS:

• Preliminary selection of candidates for enrollment in residency and postgraduate studies.

• Extension of the time for preparation and modification of residency and postgraduate programs, with account of modern achievements of science and practice.

• Psychiatry, general medicine and related specialties in the structure of training under residency and postgraduate programs.

• The problem of deinstitutionalization in psychiatry, community-based psychiatry and the importance of psychosocial rehabilitation in mental health.

• Ethical, legal and organizational aspects of training under residency and postgraduate programs.

• Development of new standards for assessing the level of training under residency and postgraduate programs throughout the entire educational process.

• Subjective factor – from the position of a resident/postgraduate student and a professor – and its role in the modern educational process.

Co-Chaired by:

Natallia V. Treushnikova, President of the Union for Mental Health of Russia

Prof. Vladimir I. Borodin, MD, Vice-President of the Union for Mental Health of Russia, Professor of the Methodological Department, Member of the Problem Council for Clinical and Social Psychiatry of the Serbsky Federal State National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, psychiatrist of the highest category

Program:

10.00 Opening Ceremony

Keynote Reports:

Reforms In the Organization of Psychiatric Care and In the Education for Psychiatrists In Russia
Dr. Svetlana V. Danilova, PhD (Medicine), Head of the Educational Department at the the Serbsky Federal State National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation

The System of Professional Training of Psychiatrists in Russia
Prof. Vladimir I. Borodin, MD, Vice-President of the Union for Mental Health of Russia, Professor of the Methodological Department, Member of the Problem Council for Clinical and Social Psychiatry of the Serbsky Federal State National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, psychiatrist of the highest category

Postgraduate Training of Psychiatrists in Russia: Problems and Prospects
Dr. Alexey V. Pavlichenko, PhD (Medicine), Associate Professor of the Department of Psychiatry and Medical Psychology at the Russian National Research Medical University, Chairman of the Council of Young Scientists under the Russian Psychiatric Society
Dr. Ivan A. Martynikhin, PhD (Medicine), Associate Professor of the Department of Psychiatry and Narcology at the Pavlov First St.Petersburg State Medical University under the Ministry of Health of the Russian Federation, Chief Editor of the web-site of the Russian Society of Psychiatrists

Analysis of Dissertations in the Specialty of Psychiatry
Prof. Dmitry F. Khritinin, MD, Corresponding Member of the Russian Academy of Sciences, Professor of the Department of Psychiatry and Narcology at the Sechenov First State Medical University under the Ministry of Health of the Russian Federation, Chief Editor of five professional journals, Laureate of the State Awards of the Government of the Russian Federation and the Russian Academy of Medical Sciences

11.30 Discussion with the participants of:

- Heads of departments of psychiatry, narcology, psychotherapy of specialized higher educational institutions of the Russian Federation
- Faculty members
- VAK (Higher Attestation Commission) members
- Representatives of university administrations

13.00 Wrap-up Discussion of the Declaration “Mental Health and Education”
Introduction

Adaptive sports have a huge rehabilitative and socializing potential, they produce a beneficial effect on all human organs and systems, on the formation and improvement of a person's intelligence, mental and personal qualities. It is not without a reason that not only specialists in physical education and sports, but also those in education, social protection and healthcare of the population pay more and more attention to adaptive sports.

The legislator who adopted the Federal Law No. 419 of December 1, 2014 "On Amending Certain Legislative Acts of the Russian Federation on Social Protection of Persons with Disabilities in Connection with the Ratification of the Convention on the Rights of Persons with Disabilities", which supplemented the Federal Law No. 181 of November 24, 1995 "On the Social Protection of Disabled Persons in the Russian Federation" and who included a special section, "Physical Education and Health Activities, Sports" in the main areas of rehabilitation and habilitation of disabled persons as of January 1, 2016 did not stay aside, either. This is how adaptive physical education and adaptive sports received the official status of the area of rehabilitation and habilitation for disabled adults and children. As of January 1, 2016, the services of medical and social examination, include recommendations on adaptive physical training and adaptive sports in the individual rehabilitation (habilitation) program for disabled adults and disabled children.

However, as shown by the research conducted in 2017 at the Lesgaft National State University of Physical Education, Sports and Health in St. Petersburg, in 65 regions of the Russian Federation, it is necessary to significantly increase the information and promotional work on the possibilities of means and methods of adaptive physical education and adaptive sports in the rehabilitation of people with disabilities and in improving the quality of their lives, especially in the fields of education, social protection, and healthcare. It is very important to overcome a stable psychological stereotype in views on adaptive sports as a means of improving exclusively physical conditions of a person with a disability or with health deviations.

GOALS AND OBJECTIVES

Goal: To promote adaptive sports for improvement of the quality of life of people with mental disabilities

Objectives:
- To discuss the current state and prospects of the development of adaptive sports for people with mental disabilities
- To prepare recommendations on improving the quality of services in the field of adaptive sports for people with mental disabilities
• To prepare recommendations on improving training for specialists in adaptive sports.

Co-Chaired by:
Dr. Tatyana G. Fomichenko, Doctor in Pedagogy, Director of the Department of Science and Education at the Ministry of Sport of the Russian Federation

Prof. Sergei P. Evseev, Doctor in Pedagogy, Head of the Department of Theory and Methods of Adaptive Physical Education at the Lesgaft National State University under the Ministry of Health of the Russian Federation, St. Petersburg, Corresponding member of the Russian Academy of Education, President of the All-Russia NGO “The All-Russia Federation of Sports for Persons with Intellectual Disabilities”

Speakers:

Current State and Prospects for the Development of Adaptive Sports for People with Intellectual and Special Psychological Needs
Prof. Sergei P. Evseev, Doctor in Pedagogy, Head of the Department of Theory and Methods of Adaptive Physical Education at the Lesgaft National State University under the Ministry of Health of the Russian Federation, St. Petersburg, Corresponding member of the Russian Academy of Education, President of the All-Russia NGO “The All-Russia Federation of Sports for Persons with Intellectual Disabilities”

Development of Methods of Control and Psychological Support for Paralympic Athletes
Dr. Sergey A. Voroblev, PhD (Pedagogy), Associate Professor of the Federal State St.Petersburg Research Institute of Physical Culture
Prof. Konstantin G. Korotkov, Doctor in Technical Sciences, Professor of the Federal State St.Petersburg Research Institute of Physical Culture
Dr. Anna K. Korotkova, PhD (Psychology), the Federal State St.Petersburg Research Institute of Physical Culture

Analysis of Psychophysical Capabilities of People with ASD for Participation in Paralympic Sports
Dr. Sergey A. Voroblev, PhD (Pedagogy), Associate Professor of the Federal State St.Petersburg Research Institute of Physical Culture
Prof. Evgenia S. Naboichenko, Psy.D, Professor and Dean of the Faculty of Social and Psychological Work and Higher Nursing Education at the Ural State Medical University under the Ministry of Health of the Russian Federation

Psychological Training for Trainers Working in Sports with Persons with Intellectual Disabilities
Dr. Angrey G. Gretsov, Doctor in Pedagogy, PhD (Psychology), Associate Professor of the St. Petersburg Research Institute of Physical Education at the Federal State St.Petersburg Research Institute of Physical Culture

Psychological and Pedagogical Aspects for Maintaining Mental Health in Sports
I.Ivanova, Research Associate of the Federal State St.Petersburg Research Institute of Physical Culture

The Game of Boccia in the System of Habilitation
Tatiana V. Vevtivskaya, Head of the Psychological Department of the St. Petersburg Boccia Federation

13.00 Wrap-up Discussion of the Declaration “Mental Health and Education”
The Symposium will present the International Project "Chess for Overall Development" based on the principles of cultural and historical psychology and the reflexive and activity approach. As part of this project, an original approach to chess lessons aimed at the overall development was created, and a computer program for individualizing the learning process was developed. Participants will also discuss the possibility of correcting developmental disorders via chess.

Co-Chaired by:
Prof. Victor K. Zaretsky, PhD (Psychology), Professor of the Department of Individual and Group Psychotherapy at the Faculty of Psychological Counseling, Head of the Laboratory of Psychological and Pedagogical Problems of Continuous Education of Children and Young Adults with Special Needs and Disabilities at the Institute of Inclusive Education in the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)
Prof. Alexandre J. Buysse, PhD (Psychology), Professor of the Department of Study on Teaching and Learning at the Faculty of Educational Science of Laval University in Quebec City, member of the International Society for Cultural Activity Research (ISCAR) (Canada)

Speakers:
Prof. Aikaterini Plakitsi, Full Professor of Science Education, Head of the Early Childhood Department of the School of Education at the University of Ioannina, Anatoli, Ioannina (Greece)

Chess for Overall Development: Reflexive-Activity Approach
Prof. Victor K. Zaretsky, PhD (Psychology), Professor of the Department of Individual and Group Psychotherapy at the Faculty of Psychological Counseling, Head of the Laboratory of Psychological and Pedagogical Problems of Continuous Education of Children and Young Adults with Special Needs and Disabilities at the Institute of Inclusive Education in the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

Longitudinal Study of the Impact of Chess Lessons on the Cognitive Development in Students under the Project "Chess for Overall Development"
Oksana V. Glukhova, Psychologists of the Chess Club “Vertikal”, Chelyabinsk Oblast, Satka (Russia)

The Original Computer Training Program "Chess for Overall Development"
Alexey A. Chernysh, psychologist, co-author of the computer program "Chess for Overall Development" (Russia)

Cognitive and Personal Development of Students in the Process of Getting Help in Overcoming Educational Difficulties
Irina A. Nikolaevskaya, Associate Professor of the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)
Subject Position of the Child in Relation to Educational Activities and its Role in Development
Dr. Yury V. Zaretsky, PhD (Psychology), Associate Professor of the Department of Counseling Psychology and Psychotherapy at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

About Results of the All-Russian Competition "Chess Universal Education in Russia 2018"
Alexander N. Kostiev, PhD (Pedagogy), Secretary of the Commission “Chess and Education” at the European Chess Union (Russia)
Sergey B. Klimov, Head of the Chess Club “Severny”, Moscow (Russia)

Chess Lessons in Schools in Kazakhstan
Bayan Esengabylova, Chess Federation of Kazakhstan, Astana (Kazakhstan)

Supporting the Translation of Experience of Teaching Chess in School for Overall Development
Matthias Dräger, Director General of the Publishing House “Otto Reichel”, Lübeck (Germany)

Symbolic Representation of the “Other” in the Conscious of a Child as Condition of Healthy Mental Development
Dr. Alexey M. Polyakov, Ph.D (Psychology), Associate Professor of the Department of Psychology of the Faculty of Philosophy and Social Sciences at the Belorussia State University, Minsk (Republic of Belarus)

Factors of Cognitive Well-Being in Old Age
Prof. Marina V. Ermolaeva, Psy.D, Professor of the Department of School Psychology at the Faculty of Psychology of Education in the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)
Dmitry V. Lubovsky, Associate Professor, Head of the Department of School Psychology at the Faculty of Psychology of Education in the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

Experience of the Center of Habilitation Pedagogy in Work with Children with Multiple Disabilities
Alexey I. Borozdin, Head of the Borozdin Center for Habilitation Pedagogics, Novosibirsk (Russia)

Experience of the “Visiting “Neznaika”, Center in Work with Orphans with Disabilities and Severe Somatic Disorders”
Lina Z. Saltykova, Daria Zelenova, Olga Lizunova, Charity Foundation “Children.moscow.ru” (Russia)

13.00 Wrap-up Discussion of the Declaration “Mental Health and Education”
Introduction

Today, increasingly more attention is paid to the professional education of people with disabilities. Adapted educational programs are being developed and regional resource training and methodological centers are being established. Teachers undergo advanced training courses. Distance learning technologies are being created and are actively developing. Undoubtedly, the effectiveness of developing and introducing new technologies and approaches depends on the impact of new information technologies on the mental development of students. Today, many problems and difficulties are caused by Internet addiction. In this regard, the development of vitality and self-activation of persons with disabilities, the training of specialists in online psychological counseling for children and youth with disabilities and health limitations are of particular significance.

GOALS AND OBJECTIVES

Goal: To discuss the impact of new IT-technologies on the mental health of children and youth with disabilities and health limitations

Co-Chaired by:
Prof. Bronyus B. Aismontas, PhD (Pedagogics), Professor, Head of the Department of Psychology and Pedagogy at the Faculty of Distance Learning of the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)
Prof. Lev S. Kuravskiy, Doctor in Technical Sciences, Dean of the Faculty of Information Technologies at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

Speakers:
Distance Learning Impact on Personal and Motivational Development in Students with Disabilities and Health Limitations
Prof. Bronyus B. Aismontas, PhD (Pedagogics), Professor, Head of the Department of Psychology and Pedagogy at the Faculty of Distance Learning of the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

Development of Resilience and Self-Activation in Students with Disabilities Studying on the Basis of Distance Learning Technologies
Prof. Marlya A. Odintsova, PhD (Psychology), Professor of the Department of Psychology and Pedagogy at the Faculty of Distance Learning of the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)
From Protection to Change: an Individual in Difficult Living Conditions
Prof. Dmitriy A. Leontiev, Psy.D, Head of the International Laboratory for Positive Psychology of Personality and Motivation of the Higher School of Economics, Professor of the Higher School of Economics and the Department of Psychology at the Lomonosov Moscow State University, Head of the Laboratory for the Development of the Personality of Persons with Disabilities at the Moscow City Psychological and Pedagogical University (Russia)

Personal Resources and Satisfaction with Life of Students with Health Limitations
Dr. Lada A. Aleksandrova, PhD (Psychology), Associate Professor of the Department of Foreign and Russian Philology at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation, Methodist of the Kuzbass Regional Institute for Advanced Training and Retraining of Educators (Russia)

Self-Regulation as the Basis of Mental Health in Children with ADHS
A. Vasilyeva, education psychologist of the State Budgetary Institution Moscow City Psychological and Pedagogical Center under the Moscow Department of Education,
Prof. Oksana V. Barinova, PhD (Psychology), Professor of the Department of Psychology and Pedagogy at the Faculty of Distance Learning at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

Psychological and Pedagogical Assistance to Older Adolescents with Internet Addiction
Prof. Oksana V. Barinova, PhD (Psychology), Professor of the Department of Psychology and Pedagogy at the Faculty of Distance Learning at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)
E. Milyuzina, education psychologist of the Municipal Budgetary Pre-school Educational Institution No. 6 "Skazka" (Russia)

Overcoming Co-Dependent Relationships in the Family as a Condition for Healthy Development of Children and Adolescents
Prof. Viktoria V. Bartsalkina, PhD (Psychology), Professor of the Department of Psychology and Pedagogy at the Faculty of Distance Learning at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

Personal Sphere of Internet-Dependent Adolescents
Tatiana V. Koval, PhD (Psychology), psychologist of the State City Psychological and Pedagogical Center under the Moscow Department of Education (Russia)

13.00 Wrap-up Discussion of the Declaration "Mental Health and Education"

WORKSHOP
“INTRODUCTORY COURSE ON PERSONAL THERAPY FOR MENTAL HEALTH SPECIALISTS”
(Balkal Hall)

Trainer:
Ekaterina Makarova, psychoanalyst, Head of the Central Council Committee for Personal Therapy of the All-Russia Professional Psychotherapeutic League (PPL), certified personal therapist - advisor of PPL, accredited supervisor of PPL, lecturer of international level of PPL,
Chairman of the International Section of PPL, Chairman of the WCP Youth Section, Ph.D. candidate at the Sigmund Freud University (Vienna, Austria), MSc., Moscow, Russia.

Introduction

Personal therapy (also known as training therapy, learning therapy, self-cognition for psychotherapists, personal therapy) is a kind of complex psychotherapeutic process aimed at the knowledge and elaboration of the personality of the helping profession representative. Personal therapy is an integral part of psychotherapeutic education, it contributes to the increase of professional effectiveness and the prevention of the emotional burnout syndrome in representatives of helping professions. The course is recommended to experienced professionals and beginners in the field of psychiatry, psychology and psychotherapy for improving the quality of work with patients and clients, developing skills of effectiveness in clinical and advisory work and understanding the boundaries and resources of one's personality.

MASTER-CLASS

“CONSTRUCTIVE EMOTIONAL INTELLIGENCE. PEDAGOGICAL TECHNOLOGY AND SPIRITUAL ASPECT”

(Meeting Room 2)

Trainer/Moderator: Prof. Alexander A. Tabidze, Ph.D. Professor, clinical psychologist, Corresponding Member of the Russian Academy of Natural Sciences, Director of the Scientific Centre "Psychotherapeutic Pedagogy" of the Ministry of Education and Science of the Russian Federation, PPL Full member, Moscow (Russia)

Trainer/Moderator: Olessia V. Gorkovenko, Candidate of Science (Educational Psychology), University of South Africa, South Africa, Pretoria, PPL Full member (Russia)

Introduction

In this post-materialistic era, the basic needs of many people are constantly changing. This is in the workplace, together with family, social, organizational and global needs. Labor activity becomes more significant and progressive, where employees have high creative potential and the opportunity to improve themselves. To improve this direction, leadership in the workplace should be based on a higher level of Cognitive Intelligence (IQ), Emotional Intelligence (EQ), Spiritual Intelligence (SQ), and even Artificial Intelligence (AI). Cognitive and Emotional Intelligence has become more common, while Spiritual Intelligence and Artificial Intelligence are in the early stages of development.

In the world and in psychology there is a growing interest in Emotional Intelligence (EI) and Spiritual Intelligence (SQ).

Labor activity becomes more significant and progressive, where employees have high creative potential and the opportunity to improve themselves.

It is for us - specialists in mental health it is necessary to solve this issue because only we stand next to the sea of the abundance of the different psychological and psychotherapeutic
techniques attaining high psycho-emotional and spiritual qualities. What kind of psychological qualities can we talk about?
As our experience has shown, these are the following four psychological emotional qualities - inner calmness, - internal relaxation, - benevolence, - emotional stability. It is these qualities that give strength to the main tool of the specialist - his good mood, which, as is known, is contagious, especially in the children's environment.
When we talk about the spiritual, it is in the context of a bio-psycho-socio-spiritual paradigm.

About the Program

In the process of the master class: - two concepts of Emotional Intelligence (EI) - the Western (Mayer, Salovey, Caruso) and Russian constructive model (Tabidze) will be used. New psychodiagnostic techniques will be given, allowing to measure all these qualities and establish a new psychological indicator of SQ - high or low, EQ - the degree of emotional maturity of a person - that it is the formation of the positive degree of emotional maturity of EQ that is the key to achieving high Emotional Intelligence - a new theory of personality will be presented showing how much Emotional Intelligence depends on the psychophysiology of a person and his unconscious processes - a new model of the psyche overcoming the limitations of the models of Freud, Myasischev, Wayne, Gurdjieff will be presented - it will be shown how this new model and emotional maturity are related to the moral, spiritual qualities of a person. - and, finally, it will be shown that it is the high emotional intelligence that is the basis of bodily health, the condition of family happiness and creative longevity.
In the definition of Spiritual Intelligence (SQ), the Zohar Danas model (1997) will be presented that describes Spiritual Intelligence (SQ) - as an innate human need to understand oneself, "about oneself" and understand others more deeply. She proposed 12 principles to describe Spiritual Intelligence and Self-Consciousness.
The model of the King (2009) will also be mentioned. He defined Spiritual Intelligence as a set of adaptive mental abilities based on intangible and superior aspects of reality. Specifically, they "contribute to understanding, integration, and adaptive application of the intangible and superior aspects of their existence. They lead to a profound existential reflection, increase in significance, recognition of the transcendental self, and mastery of spiritual levels. King's (2009) a 24-item questionnaire to be used in this Master Class (training).

MASTER-CLASS
“OVERCOMING DISTORTED FORMS OF THE INDIVIDUAL’S SELF-REALIZATION: FROM FEAR TO STRIVING”

(Meeting room 3)

Trainer: Dr. Igor A. Kocharyan, PhD (Psychology), Deputy Director of the All-Ukrainian Institute of Client-Centered and Experiential Psychotherapy; an international class teacher and an accredited PPL supervisor; psychotherapist of the unified register of professional psychotherapists in Europe (EAP), Kharkov (Ukraine)
**Introduction**

A person faces an ever-growing stream of temptations, which are distracting and misleading on the path to self-realization and self-development (alcohol, drugs, classical and neosexual practices, real and virtual relationships, entertainment, information technologies of lies and manipulation, etc.). As a result, the system of the individual's self-regulation loses its essential focus and generates its distorted forms (addictive behavior, victimization, achievement of false goals, etc.). The master-class will present diagnostics and strategies for correcting various links in the system of psychic self-regulation, author's strategies for correcting self-regulation based on the adjustment of the mental tone in various areas of a person's self-realization.

**WORKSHOP**

*“SIGNIFICANCE AND METHODS OF PSYCHOLOGICAL WORK WITH ALEXITHYMIA AS PREVENTIVE MEASURES FOR MENTAL HEALTH”*

(Meeting Room 4)

The Workshop considers the notion of alexithymia, which is important for mental health, as a difficulty in verbalizing one's own emotions and a risk factor of psychosomatic diseases, as well as the ways of working with it. There are different points of view on the therapy of alexithymic patients in psychology. It is stated that therapeutic interventions should be limited, and therapy that promotes anxiety activation is not appropriate for such patients. Besides, it is believed that one of the types of assistance to alexithymic patients is the development of creative imagination, dancing, playing musical instruments, art therapy, and that all these skills contribute to the development of the imagination. The Workshop will present an exercise for working with a alexithymic patients, which is based on the Stunning psychotherapy by V. A. Ananiev.

**Trainer: Inga V. Rumyantseva**, Psychologist, Vice-President of All-Russia Professional Psychotherapeutic League, Head of Regional Unit of PPL in Saint – Petersburg, official representative of the Supervision Committee of PPL in Saint-Petersburg, the Member of the Supervisory Board of the National Self-Regulatory Organization “Union of the Psychotherapists and Psychologists”, Saint -Petersburg (Russia)
WORKSHOP
“SPECIFICS OF WORK WITH CLIENTS LIVING THROUGH A CRISIS”
(Meeting room 5)

Trainer: Dr. Marina V. Kolyaeva, Ph.D (Psychology), Rector of the Eurasian Institute of Practical Psychology and Psychotherapy, PPL Full Member and personal therapist of the international level, supervisor and accredited trainer of the international level of the Eurasian Institute of Practical Psychology and Psychotherapy, accredited supervisor of the Institute of Supervisors and Consultants, psychotherapist of crisis states, art therapist, psychodramatist, Gestalt therapist, Astana (Kazakhstan)

Introduction

This Workshop is devoted to studying the typology of crises, developing a strategy for escaping from a crisis state, with account of the client's personal characteristics (neurotic defense mechanisms, types of overcoming behavior, etc.). The workshop is based on the specialized program "Psychotherapy of Crises", which has been conducted under the Eurasian Institute of Practical Psychology and Psychotherapy since 2003. At the heart of the program is an integrative approach in dealing with crises and a multimodal approach to working with clients.

After the development of strategies, tactical techniques of supporting the client in his or her overcoming of the crisis will be considered. The application of specific modalities at different stages of the crisis state will be presented and a demonstration session will be held.

MASTER-CLASS
“ARCHETYPAL ASTRODRAMA THEATRE OF LIDIA SURINA”
(Meeting room 6)

Trainer: Dr. Lidiya A. Surina, PhD in Chemistry, analytical psychologist, psychotherapist, PPL Full Member, Co-Chair of the Jungian Analysis Modality at PPL, certified personal therapist and supervisor of the international level, Head of the Psychological Center "Creativity of Life", Moscow (Russia)

Introduction

C.G. Jung suggested that "astrology as the collective unconscious, accessed by psychology, consists of symbolic configurations: "planets" are gods, symbols of the power of the unconscious." Astrodrama makes it possible to play the person's natal card in order to help him or her to deeply and emotionally feel what's going on in his or her unconscious: how the archetypes of planets interact, argue and conflict, form coalitions or rage, creating certain life situations. You will see and feel how the energies of the planetary archetypes manifest
themselves, how they interact with each other, how they open the psychic depths, in which the treasures of your soul, inaccessible to the superficial glance, are stored, and how truly cosmic dramas are acted out in your inner psychological space. Astrodrama procedure is both diagnostic – i.e. it reflects the current situation (both internal and external), and transformational – i.e. correcting and healing. The living of these processes and perception of the special features of the horoscope helps a person to reveal his or her new facets and unique talents, to correct the current situation, to remove internal stress and activate his or her hidden resources.

The method of Archetypal Astrodrama Theatre of Lidiiia Surina has been presented at numerous international congresses and conferences, including the 18th World Congress of the World Association of Dynamic Psychiatry (WADP) (Florence, Italy, April 2017), the 8th World Congress for Psychotherapy WCP 2017 (Paris, France, July 2017) and the International Conference of the Orassy Academy (London, August 2017).

**MASTER-CLASS**

**« THE SCIENCE OF LIVING SYSTEMS. NEW NATURAL THERAPIES AS PRESERVATION OF MENTAL HEALTH AND SPIRITUAL WELLBEING"**

*(Meeting room 7)*

**Trainer: Prof. Hilarion Gottfried Pettsold**, dative of N, Professor, Co-founder of the Institute of Integrative Therapy of Fritz Perls, gestalt therapy and creativity, Founder of the European Academy of Psychosocial Health in Hyukesvagen, Düsseldorf (Germany)

**Trainer: Prof. Natalya B. Mikhaylova**, PhD, Head of the Center of the International Psychological Education, Düsseldorf (Germany)

**Trainer: Prof. Lyubov D. Bitektina**, PhD (Psychology), Doctor of Philosophy, Professor, Academician of the Russian People's Academy of Sciences, Head of the Direction of "Religiously Oriented Psychotherapy" of PPL and the National self-regulatory organization of the Union of Psychotherapists and Psychologists Moscow (Russia)

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**Introduction**

The creature received three gifts from above for its existence. All nature was given gift of being, the animated nature also received the gift of life, and the human being got the gift of God-likeness (Archbishop Luke). The sciences from the listed gifts – philosophy, anthropology, theology – converge in the recognition that the ecological problem today is among the most acute and urgent ones. Environmental risks and crises bear a planetary danger. Concern is manifested in two major phenomena of our days, as ecological consciousness and as ecological movement. They discover a change in the consciousness of society in the new concept of "ecological turn", "new natural therapies". The idea is that ecology should act as a new organizing and unifying principle for the whole area of knowledge in humanities, but the mechanism of interrelation between ecology and anthropology, the interface in the form of natural therapies, complex attention, deep meanings is born here and now. The master class will feature green therapies in
environmental education, in psychological education, in spiritual approach and in education in the context of mental health.

**Workshop**  
“SCENARIO OF PERSONAL FUTURE VIA PHOTOGRAPHIC GENOGRAM”  
(Meeting room 8)

Trainer: **Prof. Rodolfo de Bernart**, former President of the European Association for Psychotherapy, Rector of the Institute of Family Psychotherapy, Florence (Italy)

Trainer: **Dr. Galina V. Makarova, PhD (Psychology)**, co-author of the "Transactional Analysis-Eastern Version" method, PPL Full Member, holder of the EAP and the WCP psychotherapist's certificates (Russia)

**Introduction**

The "Photographic Genogram" technique was created by Rodolfo de Bernart and his colleagues and is widely used in family systemic psychotherapy and mediation. The "personal future scenario" is the author's method of psychotherapeutic work in the method of transactional analysis of the eastern version. The joint use of the "photographic genogram" and the "personal future scenario" was effective in psychotherapeutic work with various client requests concerning the individual, his or her family, origin and relationships within these systems.

Work with family scenarios makes it possible to solve several problems affecting all areas of the individual's life in a short time period. Using family photos of three or more generations, we stimulate the emotional and figurative thinking and implicit memory of the client, which allows us to obtain information about early scenario solutions, parental instructions, family prohibitions and permissions. Collecting individual "family quilts", such as family myths and legends, narratives about heroic and tragic events, heroes and antiheroes, the client gets an idea of his or her inheritance and of the personal myth about himself or herself in individual or group work.

The "personal future scenario" method includes a set of tools for writing a new script, changing roles and functions, creating positive family traditions, preserving the overall outline of the family system.

The method is used in clinical work, in the process of counseling and personal therapy for specialists.
SUZDAL COURSES FOR YOUNG PSYCHIATRISTS
(Ural Hall)

Organized by: Co-sponsored by:

Chaired by: Prof. Peter V. Morozov, MD, Member of the WPA Standing Committee on Planning, Vice-President of the Russian Society of Psychiatrists (RSP), Professor of the Chair of Psychiatry of the Department for Advanced Medical Studies at the Pirogov Russian National Medical Research University, Moscow (Russia)

Introduction

The "Suzdal Courses for Young Psychiatrists" is a three-day event held within the framework of the RSP educational programs at the II Congress on Mental Health: Meeting the Needs of the XXI Century. The Suzdal Courses for young psychiatrists form a logical continuation for the famous Suzdal Schools which are being held regularly since 1979 and have become the significant event for the Russian professional society.

Goals and Objectives

To contribute to professional development of young psychiatrists in the field of mental health under the system of continuous medical education

PROGRAM

5 OCTOBER (FRIDAY)

16.30-18.30

Panel Discussion: Problems of Mental Pathologies

Co-Chaired by:
Prof. Helen Herman, MD, President of the World Psychiatric Association (WPA), Professor of Psychiatry at Orygen, National Centre of Excellence in Youth Mental Health, and the Centre for Youth Mental Health at the University of Melbourne; Director of the WHO Collaborating Centre in Mental Health, Melbourne; and a member of the Lancet Commission on Global Mental Health 2015-2018 (Australia)
Prof. Peter V. Morozov, MD, Member of the WPA Standing Committee on Planning, Vice-President of the Russian Society of Psychiatrists (RSP), Professor of the Chair of Psychiatry of the Department for Advanced Medical Studies at the Pirogov Russian National Medical Research University, Moscow (Russia)

Lectures by Mental Health Professionals:
The Problem of Suicide in the Modern Society
Prof. Danuta Wasserman, MD, Professor of Psychiatry and Suicidology, Head of the National Centre for Suicide Research and Prevention of Mental Ill-Health at Karolinska Institute and Stockholm County Council's Expert in Suicide Research and Prevention of Mental Ill-Health (NASP) (Sweden)

The Prognosis of Schizophrenia: Problematic Areas
Prof. Hans-Jürgen Möller, Dr. Dr. hc mult., Professor of the Department of Psychiatry at the Ludwig-Maximillians-University, München (Germany)

17.30 Discussion Session

6 OCTOBER (SATURDAY)

15.00-17.30

Panel Discussion: Schizophrenia and Stigmatization

Co-Chaired by:
Dr. Afzal Javed, President-Elect of the World Psychiatric Association (WPA), MBBS, MCPS, D.PSYCH, BOARD CERT.PSYCH, F.R.C.Psych., M.PHIL, FRCP, Consultant Psychiatrist at Coventry & Warwickshire NHS Trust at Nuneaton, UK, Honorary Clinical Associate Teacher at Warwick Medical School, University of Warwick, UK, Chairman of Pakistan Psychiatric Research Centre, Fountain House, Lahore, Pakistan (UK and Pakistan)

Prof. Peter V. Morozov, MD, Member of the WPA Standing Committee on Planning, Vice-President of the Russian Society of Psychiatrists (RSP), Professor of the Chair of Psychiatry of the Department for Advanced Medical Studies at the Pirogov Russian National Medical Research University, Moscow (Russia)

Lectures by Mental Health Professionals:

Prof. Norman Sartorius, MD, MA, DPM, PhD, FRCPsych, Honorable Chairman of the International Organizing Committee, President of the Association for the Improvement of Mental Health Programmes (Germany and Switzerland)

Prof. Dr. Wolfgang Gaebel, Director of the WHO Collaborating Centre on Quality Assurance and Empowerment in Mental Health, President of the European Scientific Association on Schizophrenia and other Psychoses (ESAS) (Germany)

17.00 Discussion Session

7 OCTOBER (SUNDAY)

10.00-13.00

Panel Discussion: Age Pathology

Co-Chaired by:
Prof. Roy Abraham Kallivayalil, MD, President of the World Association of Social Psychiatry (WASP), Secretary General of the World Psychiatric Association, Vice-Principal, Professor & Head, Department of Psychiatry, Pushpagiri Institute of Medical Sciences, Tiruvalla, Kerala (India)
Prof. Peter V. Morozov, MD, Member of the WPA Standing Committee on Planning, Vice-President of the Russian Society of Psychiatrists (RSP), Professor of the Chair of Psychiatry of the Department for Advanced Medical Studies at the Pirogov Russian National Medical Research University, Moscow (Russia)

Lectures by Mental Health Professionals:

Bipolar Disorders in Adolescence
Dr. Gordana Milavić, MD., F.R.C.Psych., Consultant Child and Adolescent Psychiatrist of the Maudsley Hospital, London, member of the Psychiatry Council of the Royal Society of Medicine in the UK (Serbia & UK)

Modern Therapy for Alzheimer's Disease
Prof. Svetlana I. Gavrilova, MD, Head of the Geriatric Psychiatry Department at the Federal State Research Center for Mental Health under the Russian Academy of Medical Sciences (Russia)

Alzheimer's Disease and Diabetes
Prof. Mario Barbagallo, MD, PhD, Chairman of the Clinical Section of the International Association of Gerontology and Geriatrics-European Region (IAGG-ER), Professor of Geriatrics and Director of the Geriatric Unit at the University Hospital of Palermo, Director of the Post-graduate program in Geriatrics at the University of Palermo (Italy)

Feedback from sessions and wrap-up discussion.

SCHOOL FOR YOUNG PSYCHOLOGISTS
"PSYCHOLOGICAL RESPONSE TO THE GREAT CHALLENGES OF THE XXI CENTURY"
(Biryusa Hall)

Organized by:

Chaired by:

Prof. Yuri P. Zinchenko, Psy.D., President of the Russian Psychological Society, Dean of the Department of Psychology at the Lomonosov Moscow State University, Vice-President of the Russian Academy of Education, Chief Specialist in Medical Psychology at the Ministry of Health of the Russian Federation (Russia)

Introduction

The School for Young Psychologists is an educational event held as part of the II Congress on Mental Health "Meeting the Needs of the XXI Century". The School has the format of a dynamic educational project, which includes lectures and workshops by leading mental health experts.
Goals and Objectives

Involvement of young psychologists in the research and discussion associated with modern mental health demands

PROGRAM

5 OCTOBER (FRIDAY)

16:30 Welcome Address by:

Prof. Yuri P. Zinchenko, Psy.D., President of the Russian Psychological Society, Dean of the Department of Psychology at the Lomonosov Moscow State University, Vice-President of the Russian Academy of Education, Chief Specialist in Medical Psychology at the Ministry of Health of the Russian Federation (Russia)

16:40 Workshop "Risks of the Information Society and Mental Health"

17.30 Discussion Session

6 OCTOBER (SATURDAY)

15:00 Lecture "Classifications of Consistent Individual Differences: From Temperament to Mental Disorders"

Dr. Irina Trofimova, Ph.D. (Psychology), Clinical Psychologist, Senior Researcher and an Adjunct Professor within the Collective Intelligence Lab of the Department of Psychiatry and Behavioral Neurosciences, McMaster University (Canada)

16:30 Workshop "Psychological Rehabilitation"

7 OCTOBER (SUNDAY)

10:00 Project Session

12:30 Feedback from sessions and wrap-up discussion

INTERNATIONAL SCHOOL FOR YOUNG PSYCHOTHERAPISTS
“FUTURE LAB”
(Baikal Hall)

Organized by: The WCP Youth Section, the PPL Youth Section under the auspices of the National Self-Regulating Organization of the Union of Psychotherapists and Psychologists.

Chaired by: Ekaterina Makarova, MSc., Ph.D. candidate at the Sigmund Freud University (Vienna, Austria), psychoanalyst, Head of the PPL Central Council Committee for Personal Therapy, PPL certified personal therapist - advisor, PPL accredited supervisor, PPL lecturer
Introduction

The Future Lab will present research projects, socially focused start-ups, and psychotherapeutic techniques carried out by young specialists in psychotherapy (no more than 5 years of professional experience) to receive feedback from highly achieved world mental health professionals.

Thematic Areas:

➢ Psychotherapy and Education
➢ Digitalization Challenges for Psychotherapy
➢ Four-part System of Education for Psychotherapists

Discussion: The Future of Psychotherapy: Can Artificial Intelligence to Perform Functions of Psychotherapist?

12:30 Feedback from sessions and wrap-up discussion