



**MEETING ROOM 7  
7 OCTOBER (SUNDAY)  
10.00-13.00**

**MASTER-CLASS  
« THE SCIENCE OF LIVING SYSTEMS.  
NEW NATURAL THERAPIES AS PRESERVATION OF MENTAL  
HEALTH AND SPIRITUAL WELLBEING”  
(Meeting room 7)**



**Trainer: Prof. Hilarion Gottfried Pettsold**, dative of N, Professor, Co-founder of the Institute of Integrative Therapy of Fritz Perls, gestalt therapy and creativity, Founder of the European Academy of Psychosocial Health in Hyukesvagen, Düsseldorf (Germany)

**Trainer: Prof. Natalya B. Mikhaylova**, PhD, Head of the Center of the International Psychological Education, Düsseldorf (Germany)

**Trainer: Prof. Lyubov D. Bitekhtina**, PhD (Psychology), Doctor of Philosophy, Professor, Academician of the Russian People's Academy of Sciences, Head of the Direction of "Religiously Oriented Psychotherapy" of PPL and the National self-regulatory organization of the Union of Psychotherapists and Psychologists Moscow (Russia)

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## Introduction

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The creature received three gifts from above for its existence. All nature was given gift of being, the animated nature also received the gift of life, and the human being got the gift of God-likeness (Archbishop Luke). The sciences from the listed gifts – philosophy, anthropology, theology – converge in the recognition that the ecological problem today is among the most acute and urgent ones. Environmental risks and crises bear a planetary danger. Concern is manifested in two major phenomena of our days, as ecological consciousness and as ecological movement. They discover a change in the consciousness of society in the new concept of "ecological turn", "new natural therapies". The idea is that ecology should act as a new organizing and unifying principle for the whole area of knowledge in humanities, but the mechanism of interrelation between ecology and anthropology, the interface in the form of natural therapies, complex attention, deep

meanings is born here and now. The master class will feature green therapies in environmental education, in psychological education, in spiritual approach and in education in the context of mental health.