



**A HALL**  
**7 OCTOBER (SUNDAY)**  
**10.00-13.00**

**ROUND TABLE**  
**“RESIDENCY AND POSTGRADUATE STUDIES IN PSYCHIATRY IN  
MODERN RUSSIA: PRESENT STATE AND PROSPECTS”**

*(no translation is provided)*



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## Introduction

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The Federal Law 273 of December 29, 2017 "On Education in the Russian Federation" notes that "Higher education is aimed at ensuring the training of highly qualified personnel in all major areas of socially useful activities in accordance with the needs of the society and state, at satisfying the needs of the individual in intellectual, cultural and moral development, in the deepening and expansion of education, scientific and pedagogical qualification" (Article 69, Part 1). According to this law, graduate and postgraduate studies are considered as integral final stages of the unified educational process in the structure of higher professional education in medicine and psychiatry, starting from the university stage.

Today active discussions on improving the quality of medical education and services are underway in the medical community and Russian society as a whole. The requirements for psychiatry in this regard are very high even on the general background. The issues of training highly qualified personnel, who are well-versed in such fields of knowledge as biological psychiatry and neurosciences, standardized operational diagnostics of psychiatric disorders, psychopharmacology and psychotherapy, psychosomatic medicine and psychosocial rehabilitation, are put at the forefront. Organizationally, there are multidirectional trends: the identification of certain areas of psychiatry as independent specialties (psychotherapy, forensic psychiatry), on the one hand, and their increasing unification around the basic discipline, i.e. psychiatry, on the other hand. The question of extending the terms of post-diploma professional education in the field of psychiatry arose long ago.

In addition to the natural need to address these objective problems, modern medical education in Russia sees a growing interest in the subjective factor, shown by those who

study and those who teach. The need to improve the level of training and motivation for activities is now quite relevant for both.

The above-mentioned problems explain the necessity of their detailed discussion by professionals of the highest level, such as faculty members, administration workers of specialized treatment and prevention institutions, representing different regions of Russia.

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## GOALS AND OBJECTIVES

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**Goal:** To discuss the maximum range of issues related to the training of highly qualified personnel in psychiatry at the stages of residency and postgraduate studies, with account of modern requirements for the quality of specialized care for people with mental disorders.

### DISCUSSION QUESTIONS:

- Preliminary selection of candidates for enrollment in residency and postgraduate studies.
- Extension of the time for preparation and modification of residency and postgraduate programs, with account of modern achievements of science and practice.
- Psychiatry, general medicine and related specialties in the structure of training under residency and postgraduate programs.
- The problem of deinstitutionalization in psychiatry, community-based psychiatry and the importance of psychosocial rehabilitation in mental health.
- Ethical, legal and organizational aspects of training under residency and postgraduate programs.
- Development of new standards for assessing the level of training under residency and postgraduate programs throughout the entire educational process.
- Subjective factor – from the position of a resident/postgraduate student and a professor – and its role in the modern educational process.

### Co-Chaired by:

**Natalia V. Treushnikova**, President of the Union for Mental Health of Russia

**Prof. Vladimir I. Borodin**, MD, Vice-President of the Union for Mental Health of Russia, Professor of the Methodological Department, Member of the Problem Council for Clinical and Social Psychiatry of the Serbsky Federal State National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, psychiatrist of the highest category

### Program:

10.00 Opening Ceremony

### Keynote Reports:

**Reforms in the Organization of Psychiatric Care and in the Education for Psychiatrists in Russia**

**Dr. Svetlana V. Danilova**, PhD (Medicine), Head of the Educational Department at the the Serbsky Federal State National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation

### **The System of Professional Training of Psychiatrists in Russia**

**Prof. Vladimir I. Borodin, MD**, Vice-President of the Union for Mental Health of Russia, Professor of the Methodological Department, Member of the Problem Council for Clinical and Social Psychiatry of the Serbsky Federal State National Medical Research Center of Psychiatry and Narcology under the Ministry of Health of the Russian Federation, psychiatrist of the highest category

### **Postgraduate Training of Psychiatrists in Russia: Problems and Prospects**

**Dr. Alexey V. Pavlichenko, PhD (Medicine)**, Associate Professor of the Department of Psychiatry and Medical Psychology at the Russian National Research Medical University, Chairman of the Council of Young Scientists under the Russian Psychiatric Society

**Dr. Ivan A. Martynikhin, PhD (Medicine)**, Associate Professor of the Department of Psychiatry and Narcology at the Pavlov First St.Petersburg State Medical University under the Ministry of Health of the Russian Federation, Chief Editor of the web-site of the Russian Society of Psychiatrists

### **Analysis of Dissertations in the Specialty of Psychiatry**

**Prof. Dmitry F. Khritinin, MD**, Corresponding Member of the Russian Academy of Sciences, Professor of the Department of Psychiatry and Narcology at the Sechenov First State Medical University under the Ministry of Health of the Russian Federation, Chief Editor of five professional journals, Laureate of the State Awards of the Government of the Russian Federation and the Russian Academy of Medical Sciences

#### **11.30 Discussion with the participants of:**

- Heads of departments of psychiatry, narcology, psychotherapy of specialized higher educational institutions of the Russian Federation
- Faculty members
- VAK (Higher Attestation Commission) members
- Representatives of university administrations

#### **13.00 Wrap-up Discussion of the Declaration “Mental Health and Education”**