



**IRTYSH HALL
7 OCTOBER (SUNDAY)
10.00-13.00**

**SYMPOSIUM
“ADAPTIVE SPORTS AS A FACTOR OF IMPROVING THE QUALITY OF
LIFE OF PERSONS WITH MENTAL DISABILITIES”
(Irtysh Hall)**



Introduction

Adaptive sports have a huge rehabilitative and socializing potential, they produce a beneficial effect on all human organs and systems, on the formation and improvement of a person's intelligence, mental and personal qualities.

It is not without a reason that not only specialists in physical education and sports, but also those in education, social protection and healthcare of the population pay more and more attention to adaptive sports.

The legislator who adopted the Federal Law No. 419 of December 1, 2014 "On Amending Certain Legislative Acts of the Russian Federation on Social Protection of Persons with Disabilities in Connection with the Ratification of the Convention on the Rights of Persons with Disabilities", which supplemented the Federal Law No. 181 of November 24, 1995 "On the Social Protection of Disabled Persons in the Russian Federation" and who included a special section, "Physical Education and Health Activities, Sports" in the main areas of rehabilitation and habilitation of disabled persons as of January 1, 2016 did not stay aside, either. This is how adaptive physical education and adaptive sports received the official status of the area of rehabilitation and habilitation for disabled adults and children. As of January 1, 2016, the services of medical and social examination, include recommendations on adaptive physical training and adaptive sports in the individual rehabilitation (habilitation) program for disabled adults and disabled children.

However, as shown by the research conducted in 2017 at the Lesgaft National State University of Physical Education, Sports and Health in St. Petersburg, in 65 regions of the Russian Federation, it is necessary to significantly increase the information and promotional work on the possibilities of means and methods of adaptive physical education and adaptive sports in the rehabilitation of people with disabilities and in improving the quality of their lives, especially in the fields of education, social protection, and healthcare. It is very

important to overcome a stable psychological stereotype in views on adaptive sports as a means of improving exclusively physical conditions of a person with a disability or with health deviations.

GOALS AND OBJECTIVES

Goal: To promote adaptive sports for improvement of the quality of life of people with mental disabilities

Objectives:

- To discuss the current state and prospects of the development of adaptive sports for people with mental disabilities
- To prepare recommendations on improving the quality of services in the field of adaptive sports for people with mental disabilities
- To prepare recommendations on improving training for specialists in adaptive sports.

Co-Chaired by:

Dr. Tatyana G. Fomichenko, Doctor in Pedagogy, Director of the Department of Science and Education at the Ministry of Sport of the Russian Federation

Prof. Sergei P. Evseev, Doctor in Pedagogy, Head of the Department of Theory and Methods of Adaptive Physical Education at the Lesgaft National State University under the Ministry of Health of the Russian Federation, St. Petersburg, Corresponding member of the Russian Academy of Education, President of the All-Russia NGO “The All-Russia Federation of Sports for Persons with Intellectual Disabilities”

Speakers:

Current State and Prospects for the Development of Adaptive Sports for People with Intellectual and Special Psychological Needs

Prof. Sergei P. Evseev, Doctor in Pedagogy, Head of the Department of Theory and Methods of Adaptive Physical Education at the Lesgaft National State University under the Ministry of Health of the Russian Federation, St. Petersburg, Corresponding member of the Russian Academy of Education, President of the All-Russia NGO “The All-Russia Federation of Sports for Persons with Intellectual Disabilities”

Development of Methods of Control and Psychological Support for Paralympic Athletes

Dr. Sergey A. Vorobiev, PhD (Pedagogy), Associate Professor of the Federal State St.Petersburg Research Institute of Physical Culture

Prof. Konstantin G. Korotkov, Doctor in Technical Sciences, Professor of the Federal State St.Petersburg Research Institute of Physical Culture

Dr. Anna K. Korotkova, PhD (Psychology), the Federal State St.Petersburg Research Institute of Physical Culture

Analysis of Psychophysical Capabilities of People with ASD for Participation in Paralympic Sports

Dr. Sergey A. Vorobiev, PhD (Pedagogy), Associate Professor of the Federal State St.Petersburg Research Institute of Physical Culture

Prof. Evgenia S. Naboichenko, Psy.D, Professor and Dean of the Faculty of Social and Psychological Work and Higher Nursing Education at the Ural State Medical University under the Ministry of Health of the Russian Federation

Psychological Training for Trainers Working in Sports with Persons with Intellectual Disabilities

Dr. Angrey G. Gretsov, Doctor in Pedagogy, PhD (Psychology), Associate Professor of the St. Petersburg Research Institute of Physical Education at the Federal State St.Petersburg Research Institute of Physical Culture

Psychological and Pedagogical Aspects for Maintaining Mental Health in Sports

I.Ivanova, Research Associate of the Federal State St.Petersburg Research Institute of Physical Culture

The Game of Boccia in the System of Habilitation

Tatiana V. Vetvitskaya, Head of the Psychological Department of the St. Petersburg Boccia Federation

13.00 Wrap-up Discussion of the Declaration “Mental Health and Education”