Introduction

Today, increasingly more attention is paid to the professional education of people with disabilities. Adapted educational programs are being developed and regional resource training and methodological centers are being established. Teachers undergo advanced training courses. Distance learning technologies are being created and are actively developing. Undoubtedly, the effectiveness of developing and introducing new technologies and approaches depends on the impact of new information technologies on the mental development of students. Today, many problems and difficulties are caused by Internet addiction. In this regard, the development of vitality and self-activation of persons with disabilities, the training of specialists in online psychological counseling for children and youth with disabilities and health limitations are of particular significance.

GOALS AND OBJECTIVES

**Goal:** To discuss the impact of new IT-technologies on the mental health of children and youth with disabilities and health limitations

**Co-Chaired by:**
*Prof. Bronyus B. Aismontas, PhD (Pedagogics)*, Professor, Head of the Department of Psychology and Pedagogy at the Faculty of Distance Learning of the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)
*Prof. Lev S. Kuravskiy*, Doctor in Technical Sciences, Dean of the Faculty of Information Technologies at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)
Speakers:
Distance Learning Impact on Personal and Motivational Development in Students with Disabilities and Health Limitations
Prof. Bronius B. Aismontas, PhD (Pedagogics), Professor, Head of the Department of Psychology and Pedagogy at the Faculty of Distance Learning of the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

Development of Resilience and Self-Activation in Students with Disabilities Studying on the Basis of Distance Learning Technologies
Prof. Mariya A. Odintsova, PhD (Psychology), Professor of the Department of Psychology and Pedagogy at the Faculty of Distance Learning of the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

From Protection to Change: an Individual in Difficult Living Conditions
Prof. Dmitriy A. Leontiev, Psy.D, Head of the International Laboratory for Positive Psychology of Personality and Motivation of the Higher School of Economics, Professor of the Higher School of Economics and the Department of Psychology at the Lomonosov Moscow State University, Head of the Laboratory for the Development of the Personality of Persons with Disabilities at the Moscow City Psychological and Pedagogical University (Russia)

Personal Resources and Satisfaction with Life of Students with Health Limitations
Dr. Lada A. Aleksandrova, PhD (Psychology), Associate Professor of the Department of Foreign and Russian Philology at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation, Methodist of the Kuzbass Regional Institute for Advanced Training and Retraining of Educators (Russia)

Self-Regulation as the Basis of Mental Health in Children with ADHS
A. Vasilyeva, education psychologist of the State Budgetary Institution Moscow City Psychological and Pedagogical Center under the Moscow Department of Education,
Prof. Oksana V. Barinova, PhD (Psychology), Professor of the Department of Psychology and Pedagogy at the Faculty of Distance Learning at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

Psychological and Pedagogical Assistance to Older Adolescents with Internet Addiction
Prof. Oksana V. Barinova, PhD (Psychology), Professor of the Department of Psychology and Pedagogy at the Faculty of Distance Learning at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)
E. Milyuzina, education psychologist of the Municipal Budgetary Pre-school Educational Institution No. 6 "Skazka" (Russia)

Overcoming Co-Dependent Relationships in the Family as a Condition for Healthy Development of Children and Adolescents
Prof. Viktoria V. Bartsalkina, PhD (Psychology), Professor of the Department of Psychology and Pedagogy at the Faculty of Distance Learning at the Moscow State University of Psychology and Education under the Ministry of Education of the Russian Federation (Russia)

Personal Sphere of Internet-Dependent Adolescents
Tatiana V. Koval, PhD (Psychology), psychologist of the State City Psychological and Pedagogical Center under the Moscow Department of Education (Russia)

13.00 Wrap-up Discussion of the Declaration "Mental Health and Education"