Introduction

In the world culture, the art of outsiders and art therapy practices have manifested themselves in various forms since the emergence of civilization. The specifically applied purpose of art therapy and the official definition of creative work of self-taught artists appeared only in the middle of the twentieth century thanks to A. Hill and G. Dubuffet. According to Prof. A. Migunov, it was not until the end of the century that these concepts were successfully separated in Russia: by then, creative work of artists with psychiatric experience had become recognized outside the walls of medical institutions, and art therapy had received an official position in the treatment and rehabilitation work with patients.

Goals and Objectives

Goal: To discuss the model of continuous support for people with psychiatric experience by means of art therapy, from inpatient rehabilitation to inclusive sociocultural projects outside medical institutions

Program
10.00 Opening Ceremony

10.15 Plenary session: Art Therapy in Treatment and Rehabilitation Practice
Chaired by: Prof. Aleksandr I. Kopytin, MD, Head of the Program of Supplementary Professional Education "Art Therapy in Education, Medicine and Business", Professor of the Department of Psychology at the St. Petersburg Academy of Postdiploma Teacher Education, Associate Professor of the Department of Psychotherapy at the Mechnikov North-West State Medical University, Chairman of the Russian Art-Therapy Association, St. Petersburg (Russia)

Speakers:

Artistic Basis of Art Therapy for Development of the Creative Personal Identity
Prof. Aleksandr I. Kopytin, MD, Head of the Program of Supplementary Professional Education "Art Therapy in Education, Medicine and Business", Professor of the Department of Psychology at the St. Petersburg Academy of Postgraduate Education for Teachers, Associate Professor of the Department of Psychotherapy at the Mechnikov North-West State Medical University, Chairman of the Russian Art-Therapeutic Association, St. Petersburg (Russia)

Interactive Exhibitions of Art Works by People with Mental Disabilities as a Means for Destigmatization
Nikolai M. Kuznetsov, psychiatrist of the State Novgorod Clinical Specialized Center for Psychiatry, curator of the art project "Drugoe Izmerenie" ("Another Dimension"), Velikiy Novgorod (Russia)

Art Therapy in Work with Addictions
Natalya V. Romashkina, addiction psychiatrist, psychotherapist and psychologist of the Center for Personalized Medicine, Moscow (Russia)

Impact of Art-Psychotherapy on the Quality of Life of Patients with Borderline Mental Disorders
Aleksei A. Lebedev, psychiatrist, psychotherapist of the Psychotherapeutic Department of the War Veterans Hospital, Volgograd (Russia)

Awareness of the Illness: Gaining Strength for Recovery in the Dialogue with Visual Images
Lidiya N. Bereguilna, neuropathologist, psychotherapist and art therapist of the St. Nicholas the Wonderworker Psychiatric Hospital, St. Petersburg (Russia)

11.30 Plenary session: Outsider Art

Speakers:

The Amplitude of Art Games: Autotherapy - Art
Vladimir V. Gavrilov, psychiatrist, psychotherapist, assistant of the Department of Psychiatry at the Yaroslavl State Medical University, Vice-Chairman of the International Society for Psychopathology of Expression and Art Therapy (SIPE-AT), curator and founder of the collection "INYE" ("THE DIFFERENT"), Head of the "Izoterra" Socio-Rehabilitation Studio, Yaroslavl (Russia)

Outsider Art: Balancing Between Savantism and Pathology
Aleksandra V. Tikhanyuk-Migunova, Research associate of the Kaliningrad Museum of Fine Arts, Director of the Kaliningrad Regional NGO “The Center for the Outsider Art”, Kaliningrad (Russia)

Trauma as a Creativity Impulse
**Andrei A. Bobrikhin**, PhD (Philosophy), Associate Professor of the Department of Philosophy, Cultural and Art Studies at the Russian State Professional and Pedagogical University, Head of the Department of the Naive Art at the Municipal Ekaterinburg Museum of Fine Arts, Ekaterinburg (Russia)

**Discourse of Outsider Art in the Historical Perspective**  
**Anna A. Suvorova**, PhD in Art, Associate Professor of the Department of History of Philosophy at the Perm State University, the State Perm Museum of Contemporary Art, Perm (Russia)

**Plastic and Semantic Aspects of Interpreting Marginal Creativity**  
**Andrei S. Epishin**, PhD in Art, Associate Professor, Head of the Department of Art Studies at the Kosygin Institute of Arts under the Kosygin Russian State University, Moscow (Russia)

**Inclusion and Outsider Art in the Museum: the Experience of the State Hermitage Museum**  
**Ilya D. Ermolaev**, Head of the Department of Inter-Museum Communications, Leading research associate of the State Hermitage Museum Directorate, St. Petersburg (Russia)

13.00 **Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”**