



**Amphitheatre Hall  
6 October (Saturday)  
10.00-17.30**

**International Conference  
“MODERN SOCIETY: DEMENTIA CHALLENGES”  
(Amphitheatre)**

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## **Introduction**

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According to WHO, although age is the only most important risk factor for developing dementia, it is not a natural or inevitable consequence of aging. The research conducted in a number of countries shows a significant gap between the need for the prevention and treatment of dementia, patient care and the satisfaction of these needs. Thus, the prevention of dementia, as well as its detection at an early stage, when a set of preventive measures can prolong the period of active lifestyle and independent life, are not used effectively enough in countries with a high prevalence of the disease. This is due, inter alia, to the lack of programs aimed at informing the public about the problem; to the insufficient use of methods for the early diagnosis of dementia, available to primary healthcare specialists, social workers and volunteers. Low awareness of dementia and understanding of its characteristics leads to stigmatization and impedes the provision of appropriate aid, while there is evidence that protective factors regarding the development of dementia can reduce the risk of cognitive impairment.

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## **Goals and Objectives**

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**Goal:** To improve the quality of the information and educational environment in the fields of dementia prevention and treatment, and of rehabilitation and care for people with dementia based on the best international experience

**Objectives:**

- To discuss modern approaches to the prevention of dementia in regional practices
  - To prepare recommendations for improving the quality of therapeutic, rehabilitation services for people with dementia
  - To prepare recommendations for development of a system of interdisciplinary and intersectoral links between the healthcare and the social protection systems, as well as non-profit organizations, volunteers, family members and society as a whole in order to ensure the quality of life and health of the elderly.
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**Organized by:**



Russian Association of  
Gerontologists and  
Geriatricians



САНКТ-ПЕТЕРБУРГСКИЙ  
ИНСТИТУТ БИОРЕГУЛЯЦИИ  
И ГЕРОНТОЛОГИИ СЗО РАМН



Research Medical  
Center "Gerontology"

**Co-Sponsored by:**



Clinical Section

## PROGRAM

### 10.00 Opening Ceremony

**Plenary Session: Dementia and Education: Medical, Social, Economic and Legal Approaches**

**Co-Chaired by:**

**Prof. Olga N. Tkacheva, MD**, Director of the Russian Gerontologic Research and Clinical Center at the Pirogov Russian Federal State Medical University under the Ministry of Health of the Russian Federation, Chief Geriatrician of the Ministry of Health of the Russian Federation, President of the All-Russian Association of Gerontologists and Geriatricians (Russia)

**Prof. Mario Barbagallo, MD, PhD**, Chairman of the Clinical Section of the International Association of Gerontology and Geriatrics-European Region (IAGG-ER), Professor of Geriatrics and Director of the Geriatric Unit at the University Hospital of Palermo, Director of the Post-graduate program in Geriatrics at the University of Palermo (Italy)

**Format:** *Presentation (15 min.) followed by discussion*

**Keynote speeches:**

**Geriatric System Development: Preliminary Results and Prospects**

**Prof. Olga N. Tkacheva, MD**, Director of the Russian Gerontologic Research and Clinical Center at the Pirogov Russian Federal State Medical University under the Ministry of Health of the Russian Federation, Chief Geriatrician of the Ministry of Health of the Russian Federation, President of the All-Russian Association of Gerontologists and Geriatricians (Russia)

**Society, Education and Dementia**

**Prof. Kirill I. Protshaev, MD**, Director of the Autonomous Nonprofit Organization "Scientific Research Medical Center "Gerontology", Professor of the Department of Therapy, Geriatrics and Anti-Aging Medicine at the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency (Russia)

**Dementia in the Modern Society: New Challenges and Potential Solutions**

**Prof. Svetlana I. Gavrilova, MD**, Head of the Geriatric Psychiatry Department at the Federal State Research Center for Mental Health under the Russian Academy of Medical Sciences (Russia)

**Planning and Implementing Dementia Care Policies: Malta's Experience**

**Dr. Marvin Formosa, PhD**, Senior Lecturer and Head of the Department of Gerontology at the Faculty for Social Wellbeing of the University of Malta, Chairperson of the

National Commission for Active Ageing, Director of the University of the Third Age, Director of the International Institute on Ageing, United Nations - Malta (INIA) (Malta)

**Towards a National Strategy in Psychogeriatric in Romania**

**Dr. Gabriel - Ioan Prada, MD, PhD, Chair of Geriatrics and Gerontology "Ana Aslan" of the National Institute of Gerontology and Geriatrics Faculty of Medicine "Carol Davila" at the University of Medicine and Pharmacy, Bucharest (Romania)**

**General Practitioner and His Office as a Headquarter of Dementia Timely Diagnostics: the Pilot Study in Southern Moravia Region**

**Prof. Hana Matejovska Kubesova, MD, PhD, Head of the Department of Internal Medicine, Geriatrics and General Practice at the Teaching Hospital Brno, Professor of Internal Medicine-Geriatrics at the Masaryk University, Medical Faculty, Brno (Czech Republic)**

**Dr. Marie Hermanova, PhD, General Manager at the Curatio Education (Czech Republic)**

**Jiri Herman, Financial Director at the Curatio Education (Czech Republic)**

**Training Students on Dementia in Geriatrics**

**Dr. Svetlana V. Bulgakova, MD, Chair of the Department of Geriatrics and Ageing Endocrinology at the Samara State Medical University (Russia)**

**The Cognitive Basis for Social Adaptation and Development in Elderly and Senior Age**

**Prof. Elena A. Sergienko, Psy.D, Chief Researcher of the Federal State Institute of Psychology under the Russian Academy of Sciences (Russia)**

**12.00 Coffee Break & Networking**

**The Moscow Mental Health EXPO 2018 showcase**

**The IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs showcase**

**12.30 Plenary Session: Prevention of Dementia and Detection at an Early Stage: Modern Strategies**

*Format: Presentation (15 min.) followed by discussion*

**Co-Chaired by:**

- **Prof. Andrey Ilnitsky, MD, Chairman of the Belarus Republican Gerontological Public Association, Head of the Department of Therapy, Geriatrics and Anti-Aging Medicine at the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency, Moscow (Russia), IAGG Council member (Republic of Belarus)**

**Dr. Marvin Formosa, PhD, Senior Lecturer and Head of the Department of Gerontology at the Faculty for Social Wellbeing at the University of Malta, Chairperson of the National Commission for Active Ageing, Director of the University of the Third Age, Director of the International Institute on Ageing, United Nations - Malta (INIA) (Malta)**

**Keynote speeches:**

**Organization of the Medical Care for People with Cognitive Disorders in Russia**

**Dr. Elen A. Mkhitarian, PhD (Medicine), Head of the Laboratory on Neurogeriatrics and Cognitive Impairment at the Russian Gerontologic Research and Clinical Center**

at the Pirogov Russian Federal State Medical University under the Ministry of Health of the Russian Federation (Russia)

**Dietary Approaches and Supplements in the Prevention of Cognitive Decline and Alzheimer's Disease**

**Prof. Mario Barbagallo, MD, PhD, Chairman of the Clinical Section of the International Association of Gerontology and Geriatrics-European Region (IAGG-ER), Professor of Geriatrics and Director of the Geriatric Unit at the University Hospital of Palermo, Director Post-graduate program in Geriatrics at the University of Palermo (Italy)**

**Life Activity: How to Increase Resources**

**Prof. Vladimir Kh. Khavinson, MD, Director of the Saint-Petersburg Institute of Bioregulation and Gerontology, Vice-President of the Gerontological Society under the Russian Academy of Sciences, Corresponding Member of the Russian Academy of Sciences (Russia)**

**Brain Ageing: Nutrition for Keeping Cognitive Functions**

**Prof. Ulduz Hashimova, MD., Ph.D (Anthropology), Doctor of Science (Genetics), Professor of Physiology, Director of the Institute of Physiology of the Azerbaijan National Academy of Sciences, Co-founder and Head of the Azerbaijan Society of Gerontologists, Head of the Azerbaijan Society of Physiologists, Vice-President of the Euroasian Association of Gerontology, Geriatrics and Anti-Ageing Medicine, Honorary member of the Georgian Ivane Beritashvili Society of Physiologists, member of the Azerbaijan National "Bioethics, Science, and Technological Ethics" Committee under UNESCO, Holder of Diploma and Medal of Azerbaijan "BILIK" (Knowledge) Society, Fellow of the European-Mediterranean Academy of Arts and Sciences, Member of the Special Science Communication (SHARE) Committee of the Association of Academies and Societies of Sciences in Asia (AASSA) (Azerbaijan)**

**Persistence of Memory and Cognitive Functions: Research in Central Russia**

**Prof. Elena D. Golovanova, MD, Head of the Department of General Medical Practice with the Course of Polyclinic Therapy at the Smolensk State Medical University under the Ministry of Science and Higher Education of the Russian Federation (Russia)**

**Geriatric Offices and Their Effectiveness in Early Detection of Dementia**

**Dr. Olga V. Tatarinova, MD, Chief Specialist-Geriatrician of the Ministry of Health of the Republic of Sakha (Yakutia), Head of the Yakutia Regional Branch of the Gerontological Society at the Russian Academy of Sciences, Deputy Head Doctor of the Republican Hospital № 2 – the Center of Emergency Medical Care at the Yakutsk Research Center of Complex Medical Problems under the Russian Academy of Medical Sciences (Russia)**

**14.00 Lunch & Networking**

**The Moscow Mental Health EXPO 2018 showcase**

**The IV All-Russian Festival of Rehabilitation Programs for People with Special Mental Health Needs showcase**

**15.00 Plenary Session: Geriatric Services for People with Ageing Disorders and Dementia**

*Format: Presentation (15 min.) followed by discussion*

**Co-Chaired by:**

**Prof. Hana Matejovska Kubesova, MD, PhD, Head of Department of Internal Medicine, Geriatrics and General Practice, Teaching Hospital Brno, Professor of Internal**

Medicine–Geriatrics at the Masaryk University, Medical Faculty, Brno (Czech Republic)

**Prof. Kirill I. Protshaev, MD**, Director of the Autonomous Nonprofit Organization "Scientific Research Medical Center "Gerontology", Professor of the Department of Therapy, Geriatrics and Anti-Aging Medicine at the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency (Russia)

**Keynote speeches:**

**Social and Medical Rehabilitation for People with Dementia in Care Homes for Elderly**

**Prof. Andrey Ilnitsky, MD**, Chairman of the Belarus Republican Gerontological Public Association, Head of the Department of Therapy, Geriatrics and Anti-Aging Medicine of the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency, Moscow (Russia), IAGG Council member (Republic of Belarus)

**Music Therapy as an Integrated Method of Psycho-Emotional and Cognitive Support in Multidisciplinary ALS Care**

**Alisa Apreleva-Kolomeitseva, MT-BC, NMT, PHD** Researcher at Anglia Ruskin University, Cambridge, UK, President of Association of Music Therapy (Russia and US)

**Inclusive Classes with Elements of Adaptive Sports for the Elderly**

**Dr. Elena B. Ladygina, PhD** (Pedagogical Sciences), Associate Professor, Head of the Faculty on Special Training at the Institute of Adaptive Sports in the Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg

**Prof. Olga E. Evseeva, PhD** (Pedagogical Sciences), Director of the Institute of Adaptive Sports at the Lesgaft National State University of Physical Education, Sport and Health, Saint Petersburg

**Boris A. Ladygin**, Head of the Center for Scientific and Recreational Technologies "100 PLUS" (Russia)

**Training for Social Workers in Basis Gerontology: What They Need to Know**

**Prof. Svetlana G. Gorelik, MD**, Professor of the General Surgery Chair with the Course of Topographic Anatomy and Operative Surgery at the Belgorod State National Research University (Russia)

**Training and Support for People with Dementia and their Families**

**Maria V. Gantman, PhD** (Medicine), President of the Nonprofit organization "Help for Patients with Alzheimer's Disease and Their Families", Researcher at the Department for the Study of Alzheimer's Disease and Associated Disorders at the Federal State Research Center for Mental Health under the Russian Academy of Medical Sciences (Russia)

**Education Strategy for Integration of Social and Medical Services in the Care System for People with Dementia**

**Prof. Evdokia I. Kholostova**, Doctor of History and Philosophy, Academician, Director of the Institute on Postgraduate Professional Education at the Department of Labor and Social Protection under the city of Moscow, Vice-President of the Interregional Nonprofit Organization "Association of Social Workers" (Russia)

**Prevention of Dementia in Mass Media**

**Prof. Margarita V. Koroleva, MD**, Professor of the Department of Therapy, Geriatrics and Anti-Aging Medicine at the Federal State Institute for Advanced Training under the Federal Medical and Biological Agency (Russia)

**Family School for the Prevention of Cognitive Impairment**

Elena V. Olinovskaya, Head of the Rehabilitation Department at the Komi Republican Psychiatric Hospital, Republic of Komi, Syktyvkar (Russia)

**17.30**

**Feedback from sessions and wrap-up discussion of the Declaration “Mental Health and Education”**