



**MEETING ROOM 2
7 OCTOBER (SUNDAY)
10.00-13.00**

**MASTER-CLASS
“CONSTRUCTIVE EMOTIONAL INTELLIGENCE.
PEDAGOGICAL TECHNOLOGY AND SPIRITUAL ASPECT”
(Meeting Room 2)**



Trainer/Moderator: Prof. Alexander A. Tabidze, Ph.D. Professor, clinical psychologist, Corresponding Member of the Russian Academy of Natural Sciences, Director of the Scientific Centre "Psychotherapeutic Pedagogy" of the Ministry of Education and Science of the Russian Federation, PPL Full member, Moscow (Russia)

Trainer/Moderator: Olessia V. Gorkovenko, Candidate of Science (Educational Psychology), University of South Africa, South Africa, Pretoria, PPL Full member (Russia)

Introduction

In this post-materialistic era, the basic needs of many people are constantly changing. This is in the workplace, together with family, social, organizational and global needs. Labor activity becomes more significant and progressive, where employees have high creative potential and the opportunity to improve themselves. To improve this direction, leadership in the workplace should be based on a higher level of Cognitive Intelligence (IQ), Emotional Intelligence (EQ), Spiritual Intelligence (SQ), and even Artificial Intelligence (AI). Cognitive and Emotional Intelligence has become more common, while Spiritual Intelligence and Artificial Intelligence are in the early stages of development.

In the world and in psychology there is a growing interest in Emotional Intelligence (EI) and Spiritual Intelligence (SQ).

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It is for us - specialists in mental health it is necessary to solve this issue because only we stand next to the sea of the abundance of the different psychological and psychotherapeutic techniques attaining high psycho-emotional and spiritual qualities. What kind of psychological qualities can we talk about?

As our experience has shown, these are the following four psychological emotional qualities - inner calmness, - internal relaxation, - benevolence, - emotional stability. It is these qualities

that give strength to the main tool of the specialist - his good mood, which, as is known, is contagious, especially in the children's environment.

When we talk about the spiritual, it is in the context of a bio-psycho-socio-spiritual paradigm.

About the Program

In the process of the master class: - two concepts of Emotional Intelligence (EI) - the Western (Mayer, Salovey, Caruso) and Russian constructive model (Tabidze) will be used. New psychodiagnostic techniques will be given, allowing to measure all these qualities and establish a new psychological indicator of SQ - high or low, EQ - the degree of emotional maturity of a person - that it is the formation of the positive degree of emotional maturity of EQ that is the key to achieving high Emotional Intelligence - a new theory of personality will be presented showing how much Emotional Intelligence depends on the psychophysiology of a person and his unconscious processes - a new model of the psyche overcoming the limitations of the models of Freud, Myasischev, Wayne, Gurdjieff will be presented - it will be shown how this new model and emotional maturity are related to the moral, spiritual qualities of a person. - and, finally, it will be shown that it is the high emotional intelligence that is the basis of bodily health, the condition of family happiness and creative longevity.

In the definition of Spiritual Intelligence (SQ), the Zohar Danas model (1997) will be presented that describes Spiritual Intelligence (SQ) - as an innate human need to understand oneself, "about oneself" and understand others more deeply. She proposed 12 principles to describe Spiritual Intelligence and Self-Consciousness.

The model of the King (2009) will also be mentioned. He defined Spiritual Intelligence as a set of adaptive mental abilities based on intangible and superior aspects of reality. Specifically, they "contribute to understanding, integration, and adaptive application of the intangible and superior aspects of their existence. They lead to a profound existential reflection, increase in significance, recognition of the transcendental self, and mastery of spiritual levels. King's (2009) a 24-item questionnaire to be used in this Master Class (training).